HOPE TO SOLVE PROBLEM Effort Will Be Made et Find Out How
Best to Deal With the Men.Best to Deal With the M
tally Afficted.
The handling of the Insane, epllieptle
or defective population may be divtled into three parts. The first is adequate prevention or diagnosis in the early stages. The second is provision of
physscal equipnent, such as buildings, physical equipnet, such as buidings,
tiants and ordinary hospitals. The
third is making as useful and hapy as
possible the uves of permanent in possible the IIves of permanent in.
mates. Indlina has done much along
the lines of institutional equipment and the demand now is for a rounding
out of the work by more attention to
the other two needs. It is suggested the other two neees. It is suggested
that taws providing for the voluntary
admission of patients be enacted. and
that nsychiatric wards or buildings be that psychinitr ric wnrds or buildings be
established. Again, patients, Instead ef being kept in dismal ldineness, stound
oe employed. Their labor could con-
tribute materially to their support as well as make them more cheerful. To
this end it is suggested that the Indusagainst the congested, clrcumscribed institution.
The problem of the mental defee
tive is regarded by many as most confusing. Probably thls is because ot
luck of complete information. There lack of complete information. There-
fore, it thas been recommended that the
next legislature provide for a commission, with liberal support, to go into
the whole subject so that rellef on an adequate scale may be promoted. Se-
aregation, education, treatment and devebopment are proposed as aids in in
eliminating the mental defective from society. The helief is that there should
be nental as well as physical examination of all scliool children, so that
unfortunates may be detected. The entire subject calls for action in so
many quarters that it is difficult to
moin at its forthcoming session, may accom-
pists. But it is appurent that the ex. tension of the industrial farm colony
system is possible. not only for eptlep-
tics, but also for those adjudged inRELIEVES PAIN OF ANGINA Mechanical Exercise, Such as "Stretch
ing," Said to Be Valuable in the

The terrible pain of angina pectorls
can be reliered by simple mechanical exercises, without medicine, accord
ing to Dr. Sanuuel Constable of Lon-
Iton. The New York Medical Journal describes how he applied his method to a suffering fellow practitioner:
"at once he got his friend to grasp
the top bar of the bed with both hands. let ling most of his weight fall on the
now stronsly stretched arrus for about
on io seconds. Arter a short rest he re-
peated the process some five or six
times. Result: Immediate cessation he chest.
"Ductor Constable now got him on of the bed writh both hards behind his
his
and about 60 legrees, the chest thrown for-
ward and the had back thus sub-
fecting the ed some hang dozen times, each repeat-
absout 40 or 50 seconds. Result: Imabout to or 50 seconds. Result: Im-
mediate cessntion of all palns in the
chest, the sense of constriction comThIs was repeated about every two
hours for several weeks and "on no
occnsion," says Doctor Constable, "did trelicf." Neth York Medical Journal sug.
The New
gests that dietetic and hay fever gests that dietetic and hay fever
anthmatics try these or similar stretch lng exer
oxysms.

## Double Meaning. Well,", sald the far West mayor to

 the English tourist, "I dunno how youmannge these afmirs over there, but
out here, when some of our boys got out here, when some of our boys got
tied up In that thar bankrupt telephone
company I was tellin' yer about they "Oh!" they didn't like the way the
"Yus;
recelver was handllin' the business no"Indeed!" commented the earnest
Istener; "then, may I ask, what they
did?" "Sartinly;
yer. They ju
-Exhage

$$
\begin{aligned}
& \text { Oil From Various Sources. } \\
& \text { During the last year, in Germs }
\end{aligned}
$$

$$
\begin{aligned}
& \text { During the last year, in Germany, } \\
& \text { about } 62,250 \text { pounds of oll were ob- } \\
& \text { tained from sunflower seeds }
\end{aligned}
$$

$$
\begin{aligned}
& \text { tained from sunflower seeds, and this } \\
& \text { year promise a rech crop of poppy } \\
& \text { seed. Attention has also been drawn }
\end{aligned}
$$

$$
\begin{aligned}
& \text { Which are usually thrown away. AC- } \\
& \text { cording to the statistes of } 1900 \text { there } \\
& \text { were } 22,000,000 \text { cherry and } 70,000,000
\end{aligned}
$$

$$
\begin{aligned}
& \text { were } 22,000,000 \text { cherry and } 70,000,000 \\
& \text { plum trees In Germany. Large quan- } \\
& \text { tites oo fruit stones were collected by } \\
& \text { schoso }
\end{aligned}
$$

$$
\begin{aligned}
& \text { school children last year, but great } \\
& \text { quantities were thrown away or de- } \\
& \text { stroyed owlig to the difficulty of ex- }
\end{aligned}
$$

tracting the oll from them.
Machine Sorts Coffee Beans.
A curious German Invention is a ma chine for sorting coffee beans by color.
Each bean passes Into a strong beam
of Each bean passes into a strong beam
of light, which it renlects to two sele-
num cells, and these, by electric con-
trol of a hopper, deposit the bean ti
one of severn , one of several receptacles. The ac
tion depends on the inferent reflective
powers of the differently colored beans,
by whith varying reesitaces to the
electric current are succeessively proelectric current are su.
duced to the selenium.

