

BE PROTECTED AGAINST COLDS

by keeping the system strong and healthy and the blood rich and pure

To that end—TRY HOSTETTER'S Stomach Bitters

It helps Nature bring back the appetite, aids digestion and promotes strength and vigor

Luminous Insects.
Luminosity is normal in the well-known luminous beetles, including the various fireflies and glow worms, and results naturally from the oxidation of some organic secretion. Other insects are luminous in rare instances. Rev. J. Holroyde, vicar of Patcham, England, lately noted luminous moth larvae, similar to those observed once or twice previously; and the chironomous—a kind of goat—and the "lantern beetles" of South America are among the creatures sometimes lighted up. The occasional luminosity has been attributed to disease, or decomposition from bacterial infection.

Important to Mothers.
Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Fitch* in Use for Over 30 Years. Children Cry for Fletcher's Castoria

Nun Becomes "Knight."
A heroic French religious, Soeur Gabrielle, a Daughter of St. Vincent de Paul, has just been made a "knight" of the Legion of Honor. The text of the "citation" praises her courage, presence of mind and care of the wounded at Clermont-en-Argonne in 1914. The little town was burned down, but Soeur Gabrielle, under whose care were not only wounded soldiers, but also many infirm men and women, saved her hospital, where she nursed the Germans as carefully as the French. Often the Germans had recourse to the sister's counsel and assistance when any severe case presented itself among their own wounded; her skill as a sick nurse inspired them with absolute confidence, and they knew that in her large-hearted generosity she could be relied on to do her best for the men.

WOMAN'S CROWNING GLORY.
is her hair. If yours is streaked with gray, graying, gray hairs, use "La Creole" Hair Dressing and change it in the natural way. Price \$1.00.—Adv.

Diplomatic.
"My wife asked me what I was most anxious for as a Christmas present."
"Did you tell her?"
"Certainly. I told her I was positively crazy for a pair of lace parlor curtains."

CAPUDINE For Headaches

Try it and be convinced. Good for aches in back and limbs also—Assists Nature to get right and stay so. It's Liquid—easy to take.—Adv.

Its Kind.
"I had the unique experience of seeing a drawn battle the other day."
"A pugilistic encounter?"
"No; a tea fight."

Sore Eyes, Blood-Shot Eyes, Watery Eyes.
Sticky Eyes, all healed promptly with night applications of Roman Eye Balm. Adv.

Doubts Heredity.
"Do you believe in heredity?"
"No."
"Why not?"
"Look at the cheap skates that had great ancestors."

DEATH LURKS IN A WEAK HEART.
so on first symptoms use "Renovine" and be cured. Delay and pay the awful penalty. "Renovine" is the heart's remedy. Price \$1.00 and 50c.—Adv.

An Instance.
"Birds of a feather flock together."
"Exactly; swallows generally are found associated with larks."

To Drive Out Malaria.
And Build Up The System Take The Old Standard GROVE'S TASTELESS CHILL TONIC. You know what you are taking, as the formula is printed on every label, showing it is Quinine and Iron in a tasteless form. The Quinine drives out malaria, the Iron builds up the system. 50 cents.

Cause and Effect.
"Blifins is a true son of the soil."
"Is that why he always looks so seedy?"

STOP THAT HACKING COUGH.
Mansfield (formerly Hungarian) Cough Balm heals the inflamed and irritated membranes and quiets the tickling nerves that lie underneath the infected portions. Invaluable for babies. Price 25c and 50c.—Adv.

A Japanese florist has been successful in growing chrysanthemums under cheese cloth.

Did you ever see a pretty girl who did not know it?

Dr. Perry's "Dead Shot" not only expels worms or tapeworm but cleans out the mucus in which they breed and tones up the digestion. One dose sufficient. Adv.

Cigars are often alluded to as "weeds," and the reason is obvious.

A first love is not the last, and the last always knows it's that way.

DADDY'S EVENING FAIRY TALE

by MARY GRAHAM BONNER.

SANTA CLAUS' CALL.

"Little Natalie," said Daddy, "had been very ill. She had been in a Hospital for many weeks, but a little while before Christmas she was well enough to be taken home. She still had to lie in bed, however, and she spent her time writing Notes to Santa Claus which her Daddy put by the fireplace for her."

So She Wrote Another Note.

"I wonder," she said, "if Santa Claus will forget about me. I have been in the Hospital so long, he may think I am still there."

"So she wrote another Note, telling Santa Claus that she was home again, and please not to forget her."

"It was the Night before Christmas and Natalie had hung her Stocking on the end of her bed. It hung there looking so thin and queer. 'How different it looks now from the way it will look tomorrow!' thought Natalie."

"And then the thought came to her that Santa Claus might have forgotten she had been brought home, and she called her Daddy."

"May I write one more Note to Santa Claus?" she asked.

"Dear me," said her Daddy, "Santa has started off long ago. But I am sure he got your Letters. They were gone every morning. And he won't forget you."

"But he may have arranged everything for the Hospital," said Natalie, "and have nothing left for here!"

"Well," said her Daddy, "shut your little Peepers and in the Morning we shall see! Santa Claus is a pretty Wise old Fellow and I don't think he will forget!"

"So Natalie was comforted and she fell asleep, watching the Stocking hanging from the bed."

"Soon the Stocking grew larger and larger, and she could see from behind that two hands were putting things in the Stocking."

"Oh, can't I see?" she asked.

"And a Jolly Voice said, 'Here I am.' There stood Santa Claus, and he looked just the way Natalie had always thought he looked."

"Your Pictures are very good of you, Santa Claus," she said. "I would have known you anywhere."

"That's good," said Santa Claus smiling. "I think myself I take a pretty good Picture. And even though they're copied and copied, they always look like me."

"My Stocking is quite full," said Natalie suddenly.

"Well, well, well, and did you think Santa Claus would leave you an empty Stocking?"

"Dear me, no," said Natalie. "But you know I was afraid that you would think I was still in the Hospital."

"I got all your fine Notes," said Santa Claus. "They had my Stamp on them, too."

"What is your stamp, Santa Claus?"

"When I carry my Mail up the Chimney at Night I am very apt to get soot on the Letters—it's my Stamp place. Do you see?"

"And you liked my Letters," said Natalie, feeling so happy.

"I certainly did," said Santa Claus, "but now I must get on with my work."

"The Stocking was filled and was of the queerest shape in the world. In one place it looked as if it held an Orange, in another a Doll, and in another something quite too queer to even try to guess what it might be."

"Now for the Tree," said Santa Claus. And out he whisked a great, tall Tree. First he covered it with Candles, and Popcorn Bags and Candies, then he strung red Cranberries and white Popcorn over it. And bright-colored Toys and silver Ornaments he put on last."

"I mustn't forget the big Toys," he said. And out from his Bag came more wonderful things.

"I must be off," he said at last. "Merry Christmas, and I hope you'll soon be well, for there are some Toys here for you when you're up and about again."

"Merry Christmas," said another Voice in Natalie's ear, and looking up she saw her Daddy, followed by her Mother.

"Oh, Santa Claus has been here," said Natalie.

"Indeed, it looks as if he had!" said Natalie's Mother and Daddy, looking about at the Toys. But Natalie knew of the talk she had had, and never did she forget her Visit from Santa Claus."

Wise Restraint.
Teddy, aged four, was looking out of the window. A storm of sleet and snow was raging. "I bet I could go outdoors if I wanted to," he said. Then, with a glance at his mother's face, added: "But I bet I don't want to."

Clothes Sprinkler.
Take an ordinary catsup bottle with a screw top and punch holes in the cover. When filled with water this makes a handy clothes sprinkler.

Custard Pie Hint.
In making custard pie do not beat the eggs more than just enough to have them mix with the milk; then be careful not to bake it too long.

Optimistic Thought.
If misfortune comes she brings along the bravest virtues.

IS MARRIAGE A BUSINESS CONTRACT?

By LAURA JEAN LIBBEY.

To heroism and holiness
How hard it is for man to soar;
But how much harder to be less
Than what his sweetheart loves him for.

Given a peaceful, loving husband who does not raise a hue and cry at paying honest, needful household expenses, most any woman ought to be able to make a happy home for the man who has chosen her. When discontent arises, who's to blame? Why, both, assuredly, for not having a heart-to-heart talk before marriage concerning the home that is to be set up. Of all times in his life this is the occasion for a man to be frank. It is dangerous for him to blindfold the woman he is to wed by concealing his exact income and outside expenditures. If he evades that subject, he is pretty apt to play hide-and-seek in dodging the money problem all the rest of his life. He has no right to keep her in the dark as to where his money is at the present going.

If a man enters partnership with another man in business he would have to show clearly every detail connected with it. Marriage is a contract equally binding and more serious. Every wife has a right to know just how her husband stands in regard to his income.

Husbands are few and far between who are thoughtful enough to hand money to their wives, calling it pin money or spending money—whatever fancy name they like. Yet every man owes it to his wife. It is a bona fide debt, she head housekeeper for her rich husband or kitchenette worker for a laboring man. The question of money causes more friction and unhappiness in households than the dwindling of fervent love into friendship ever could. It is the main cause of unhappy wives, petting their despair. No doubt the husband is a well-meaning man, intending to do what is right, but he overlooks the principal problem in wedlock.

(Copyright, 1916.)

There should be an understanding before marriage as to just how much he is able and willing to expend for the upkeep of a home. The home includes the wife's personal expenses, her clothes and other feminine adjuncts. Cash to meet these expenses of the wife should be handed out to her as regularly as to the bookkeeper in the office. What would any working man think of the employer who gave him his wages in dribs? How long would he work for him if he had to beg and plead for it? That is the pitiful condition in which some men place their wives. A husband should realize that a wife puts as much into the business of home-making as he does. She dowers him with her youth, her love, her hopes and the womanly qualities which make earth an Eden for a man. Not one wife in a thousand would think of asking her husband for the hard dollars her service is worth to him.

Rearing and Feeding Chicks.

By D. E. WARNER
Of Connecticut Agricultural College.

Rearing chicks has its serious problems, but the first six weeks of their lives are the most dangerous. Following are several essentials which, followed, will help in keeping the mortality low:

1. Select strong, vigorous, well-matured breeding stock that is free from disease and has been properly housed and fed. This gives the chicks a good start, providing the eggs have been properly incubated.

2. Make sure that the mother hens are free from lice and mites before the chicks are hatched.

3. If artificial brooding is used, be sure that the brooder has a capacity large enough to allow the chicks a chance to get away from the heat when they want to, and that it is economical in its cost and in the fuel used.

4. Remove all dead chicks from the brooder and bury or burn.

5. Mark all the weak or sick chicks so that they will never be used as breeders.

6. Keep brooders clean and well disinfected.

7. Do not feed chicks until they are 48 to 60 hours old and then only limited amounts of easily digested food for the first week. Use only clean and wholesome food. Provide a variety of feeds containing enough protein and ash. Give skimmed or sour milk to drink from the first day.

It is an established fact that the chick does not use the entire yolk of the egg while developing in the shell. The remaining part of the egg is taken into the abdomen of the chick just before it hatches, and this material is sufficient to maintain the life of the chick for a number of days.

Dr. F. P. Shaw, who has made an extensive investigation of this subject, says that "the digestive functions of the stomach (of the chicks) are developed by the second day after hatching, whereas the pancreatic ferments are improperly developed before the seventh."

The finding of Doctor Shaw explains the common practice of not feeding chicks until two days old and then giving them only limited amounts of easily digested foods for the first week.

Around the World
Turkey has put bakeries under government rule.

China will teach papermaking in a government school.

The United States coastguard last year saved 1,507 lives.

Australia boasts of the tallest trees grown on British soil.

In Cuba tobacco is planted, grown and gathered in 60 days.

A Lafrance of Ottawa, Ont., has six sons in the British army.

English colonies total 13,002,321 square miles in area, with a population of 389,065,035.

Not Much Choice.
When William A. Garrett was general manager of the Pere Marquette railroad, he had an aversion against employees smoking. He therefore issued an order that any employee smoking while on duty would be discharged. Garrett was walking through one of the company's freight yards one day, not long after the issuing of his anti-smoke order, and saw a freight brakeman quietly, contentedly puffing at a cigar.

"I see you're smoking," remarked Garrett.

"Yes, you're exactly right," replied the brakeman, in deferential tones; "I'm smoking." And he kept right on smoking.

"You probably don't know who I am," observed Garrett.

"Oh yes I do," said the brakeman. "I've seen you around here before. You're the general manager."

"Then evidently you haven't heard about our new order against smoking," went on Garrett.

"Sure, I heard about it—a week ago," replied the brakeman, courteously, "but without ceasing to puff at his cigar."

Garrett then began to get mad. "See here my good man," says he, "which looks the best to you—that cigar or your job?"

For some moments the brakeman stared off into space, puffing at his cigar, and apparently thinking the proposition over. Then he declared:

"I hardly know what to say, Mr. Garrett—they're both so rotten."

Marathoning at Home.
Running a marathon at home is not as difficult as it sounds. A machine has been devised which makes it easy for the runner, including the fat man who wishes to reduce by adopting this form of exercise, to run at home any number of miles he desires, notes the Popular Science Monthly.

The machine consists of a wooden tread tightly drawn over rollers. The whole apparatus is supported on steel legs, and when not in use can be folded up. Handicapped, enable the runner to exert an additional force while he is running and prevent him from falling.

SOME SMILES

A Feminine Genius.
"Say," said the man who had patronized boarding houses for years, "I've struck an ideal place at last!"

"What's the answer?" queried the man who married in haste and was repenting at the free lunch counters.

"The landlady has it down fine," replied the other. "She keeps all the left-over stuff separate and properly labeled, so that each boarder gets back his own scraps in hash and pudding."

He Had Hopes.
"Anyway," remarked the amateur poultry raiser, "if I don't make anything at the game, I have hopes that my hens will soon be self-supporting."

"How do you figure that out?" queried the gentleman from Missouri.

"They have taken to eating their own eggs," explained the a. p. r.

Sage Advice.
"What am I to do," asked the very young man, who was about to butt into society, "when the conversation gets too deep for comprehension?"

"Go to the owl, young man; consider her ways and act accordingly," answered the Shelbyville Sage. "Look wise and let out a hoot occasionally."

Charitable Sex.
Hazel—So you are really going to marry young Supleigh, are you?
Almee—I sure am.

Hazel—Well, it will save you the trouble of hunting one when you get ready to begin housekeeping.
Almee—Hunting what?
Hazel—Why, a flat.

Pugilistic Blowing.
Mrs. Naggs (during the spat)—Oh, would I were a man!
Naggs—I would you were, too.

Mrs. Naggs—And what if I were?
Naggs—You would go down for the count in the first round.

Sure Identification.
"I am not sure I know this young man you say is coming. I think, though, I've seen him. Is his complexion very fresh?"
"No, but he is."

Good Definition.
Little Willie—Say, paw, what is gossip?
Paw—Gossip, son, is some kind of mouth disease, if I understand it right.

A clip has been invented for holding a spoon on the edge of a cooking utensil or medicine glass.

New York state consumes 370,550,000 feet of lumber annually in making packing boxes and crates.

A bed that folds into a wall and is hidden by a pair of doors is the idea of a Colorado inventor.

One Paris motion picture plant produces an average of 3,000,000 feet of films weekly.

The temperature of a new electric flatiron can be regulated to four different degrees.

The first electric lamps ever made in Argentina were recently turned out at a new plant.

The white pine blight which is damaging the forests has been traced to the current and gooseberry bushes. Consequently the state of New York has ordered the destruction of the berry bushes as one of the steps toward the eradication of the plague.

Italy is enforcing a series of regulations governing the width of wheel rims allowed on highways.

Colds and How to Avoid Them.

By MISS LOULA E. KENNEDY.

Of Kansas State Agricultural College.

A cold is a germ disease and its development is favored by undue exposure to cold, by fatigue, by improper sleep, and by overeating. One should keep away from the germs by avoiding direct contact with persons who are suffering with this disease and those who are careless about coughing and sneezing without using their handkerchiefs.

One must live hygienically in order to keep the body in good condition. Hygienic living means proper food, clothing, exercise, rest, plenty of fresh air, and good habits generally. When one is fatigued or worried, or when prolonged chilling or indigestion disturbs the system the vitality is lowered and the way is made easy for the development of the germ. Clothing should be neither too warm nor too cool. Too much clothing induces excessive perspiration, which eventually will cause chilling of the body.

It is advisable to harden oneself to cold, but care must be observed not to overdo the matter. Because a little hardening will do good it does not necessarily follow that more will do better. The temperature of the living room should never be kept so low as to chill the occupants. Special attention should be given to keep the air in this room moist, as the drying of the mucous linings of the air passages causes them to crack and allow germs to enter.

A cold may be contracted in spite of these preventive measures. Then the body must be given a chance to cure itself. This necessitates even more careful living. Drugs can only remove conditions standing in the way of nature's cure. They are all right if prescribed by a physician, but no drug is known to be an absolute cure for a cold.

Colds should never be neglected. "Only a cold" too often expresses the attitude. Colds pave the way for pneumonia and other serious diseases.

Queen Nathalie of Serbia, Missing Since War Began, Found Working in Hospital

The mystery of the whereabouts of ex-Queen Nathalie of Serbia, who disappeared at the outbreak of the war, was cleared up when she was discovered working as a common serving woman in a big hospital in Bordeaux.

While investigating the medical service of Bordeaux, Jean de Bonnefon, a well-known Catholic journalist, who used to attend the court ceremonies in Belgrade during the reign of the last Obrenovitch, found the queen sweeping the hospital floors.

When the war began the queen, whose history is the most tragic court story known to Europe, placed her palace at Biarritz in the hands of a friend, princess Ghika, and ordered it converted into a military hospital.

"As for me," she added, "I am going to efface myself. The times are so tragic that those who were once rulers of men must aid them in all humility."

On the same evening Queen Nathalie, unattended, entrained for an unknown destination, and her suite had not heard a word of her since. In the hospital where De Bonnefon found her she volunteered her services under the name of Nathalie Kechoko, her maiden name, and for the last two years has performed the meanest and most exhausting duties.

"When I last saw her at the Belgrade court," writes De Bonnefon, "King Milan's widow wore a blazing diadem and looked a haughty and genuinely beauty. She was attired in a purple velvet cloak lined with ermine. Now she wore brown Holland overalls instead of the purple cloak."

The wounded soldiers are totally ignorant of her identity. They speak gratefully of her "saintly goodness" and her untiring efforts to aid them.

At the queen's urgent request the exact location of the hospital is kept secret, as she intends working incognito until the end of the war.

A Little Bit of Everything.
Fifty thousand combinations are possible with a new combination padlock. An entirely new and apparently rich oil field has been discovered in Burma.

By an electrical refining process a plant in Norway is producing 6,000 tons of zinc annually.

Switzerland, in proportion to its population, spends more on poor relief than does any other country.

The Chilean government has postponed conversion of its paper currency to gold until January, 1919.

According to a German scientist, a particle of water evaporated from the ocean is condensed and returns in ten days, but it remains there 3,400 years before being evaporated again.

There are no distilleries, breweries or public houses in Persia, and the only intoxicating beverage used is home-made wine.

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CALOMEL MAKES YOU SICK, UGH! IT'S MERCURY AND SALIVATES

Straighten Up! Don't Lose a Day's Work! Clean Your Sluggish Liver and Bowels With "Dodson's Liver Tone."

Ugh! Calomel makes you sick. Take a dose of the vile, dangerous drug to night and tomorrow you may lose a day's work.

Calomel is mercury or quicksilver which causes necrosis of the bones. Calomel, when it comes into contact with sour bile crashes into it, breaking it up. This is when you feel that awful nausea and cramping. If you feel sluggish and "all knocked out," if your liver is torpid and bowels constipated or you have headache, dizziness, coated tongue, if breath is bad or stomach sour, just try a spoonful of harmless Dodson's Liver Tone.

Here's my guarantee—Go to any drug store or dealer and get a 50-cent bottle of Dodson's Liver Tone. Take a spoonful tonight and if it doesn't

straighten you right up and make you feel fine and vigorous by morning I want you to go back to the store and get your money. Dodson's Liver Tone is destroying the sale of calomel because it is real liver medicine; entirely vegetable, therefore it cannot salivate or make you sick.

I guarantee that one spoonful of Dodson's Liver Tone will put your sluggish liver to work and clean your bowels of that sour bile and constipated waste which is clogging your system and making you feel miserable. I guarantee that a bottle of Dodson's Liver Tone will keep your entire family feeling fine for months. Give it to your children. It is harmless; doesn't gripe and they like its pleasant taste—Adv.

ARE YOUR KIDNEYS WEAK?

Thousands of Men and Women Have Kidney Trouble and Never Suspect It.

Nature warns you when the track of health is not clear. Kidney and bladder troubles cause many annoying symptoms and great inconvenience both day and night.

Unhealthy kidneys may cause lumbago, rheumatism, catarrh of the bladder, pain or dull ache in the back, joints or muscles, at times have headache or indigestion, as time passes you may have a sallow complexion, puffiness or dark circles under the eyes, sometimes feel as though you had heart trouble, may have plenty of ambition but no strength, get weak and lose flesh.

If such conditions are permitted to continue, serious results may be expected; Kidney Trouble in its very worst form may steal upon you.

Prevalency of Kidney Disease.
Most people do not realize the alarming increase and remarkable prevalence of kidney disease. While kidney disorders are among the most common diseases that prevail, they are almost the last recognized by patients, who usually content themselves with doctoring the effects, while the original disease may constantly undermine the system.

If you feel that your kidneys are the cause of your sickness or run down condition, try taking Dr. Kilmer's Swamp-Root, the famous kidney, liver and bladder remedy, because as soon as your kidneys improve, they will help the other organs to health.