

ss Alice M. Smith, of Minpolis, Minn., tells how wobe permanently relieved by Lydia E Pinkham's Vegetable Compound

*DEAR MES. PINEHAM:-I have any medicine, but Lydia E. nkham's Vegetable Compound added so much to my life and poinces that I feel like making an s added so much to my me and suppliess that I feel like making an applies in this case. For two years ery month I would have two days of were pain, and could find no relief, but the day when visiting a friend I ran ross Lydia E. Pinkham's Vegeble Compound,—she had used with the best results and advised a to try it. I found that it worked unders with me; I now experience pain, and only had to use a few these to bring about this wonderful same. I use it occasionally now hen I am exceptionally tired or worn the — Muse Aluce M. Sharra, 80t Third ex. South Minneapolis, Minn. Chairs and Club. —\$500 for felt if original of above to precise geology genuiseness cannot be precised.

Lydia E. Pinkham's Vegetable

ydia E. Pinkham's Vegetable apound carries women safely bugh the various matural les and is the safe-guard of man's health. be truth about this great licine is told in the letters in women being published in paper constantly.

No Extra Trouble.

was in the dead of night, and a night at that. Mr. Smith was, and Peterson Emith, aged 6, getting the measles.

other, may I have a drink of real water?" he asked, waking Mrs. h from a refreshing slumber. um right over and go to sleep!" sanded Mrs. Smith. "You are a hty boy to wake mother up when put a pitcher of water on your the very last thing before you to bed."

minutes later the small voice of up again: "Mother, I want a if of water."

on," said Mrs. Smith, stern-or say that again I shall get pank you!" ras five minutes' silence, and

erson spoke:
"he said, cheerfully,
get up to spank me, may
drink of water?"—Youths

Exre's indelence.

sever pays to rustle much," said
firs Fox, a sittin' round the
on an empty cracker box. I
believe it stirtin' ap a lot o
at all, fer ofter too much energy
ng about a fall. Now, there's
no bard for worms is first to
no bard for worms is first to
or breath. The pig that fights
notes the term the corn throwed
of sty, is first to fatten,
to sell an' first of all to
the horse thet tries to do it allnorms hisself to bones. The dog
one the barkin' is the one thet
of stones. No, sir, this workin'
in't right. I don't ker what
ay. An hour er two of work's
in say, every other day." And
te tilted 'gainst the wall his

Why do you boys call that t boy "Mickey, the Tough?" -Why, he's the nicest and opular feller in our gang.— whis Ladger.

BAD DREAMS

Improper Diet, Usually Due to Coffee.

to of the common symptoms of cofpoissoning is the had dreams that
If what should be resitul sleep. A
who found the reason says:
Tomariy I was a slave to coffee. I
like a morphine flend, could not
see alght, would roll and toes in
the and when I did get to cleep
statement by dreams and hobgobwould wake up with headaches
bed het all day, so nervous I could
satural to business. My writing
ted flue bird tracks. I had sour
chast from the stomach, indigenhearthurs and palpitation of the
st. consilpation, irregularity of the

hold on me and I refused to het the cause.

It turned out that no advice or given at a more needed time, healty consented to try Postum, and the going of coffee and the self Spetum all my troubles have and health has returned. I cat see well now, nerves steadied and it bette a fair head less you self, one attend to butteress again self it bette a fair head less you self, one attend to butteress again self it bette. Masse given by a Co. Bettle Overt, hitch, any trial of Postum in place of the less again self. The or the fair head is the less again to the less again. The less again to the less again t

AN EXPERT ON THE ZEBRAL

Apparent Viciou of the Anim Is Attributed More to Timidity and Fear.

No one in this country knows mora about zebras than Walter Rothschild. member of parliament, for that distinguished naturalist has had so much practical experience with them that he has even driven a team of four in the streets of London, says the London Daily News. Speaking about the experiments which are now being made in taming the two zebras at the zoological gardens, Mr. Rothschild said he had no doubt whatever that Jess and her mate could be rendered docile enough to carry chil-dren about the grounds. "Three or four years ago." he said, "I tamed four. But mine were the wild, little South African animals, and they are much more in-tractable than the Grevy or Abyssinian ones like those at the zoo. I had always heard that the zebra was savage, danger ous and untamable. They certainly will kick and bite most furiously. But I found that it all arises from fear. All animals of the horse kind are naturally nervous, and the zebra, I believe, is the most timid of them. You have first to convince them that there is nothing to be afraid of, then they will let you ap-proach and handle them. In fact, I think they like it, once they know there is no danger. But they never get over their natural nervousness.
"That was very noticeable with the

team I drove. At first I drove them with a pony, and then got the four to work together. It was thought that they would be unmanageable in town, so I brought them from Tring to London. I at once found they went better in the crowded streets of London than in the country roads. The reason was simple enough. In the country, if a bird flew out of a hedge, or some slight thing happened, or a noise arose that was new to them—well, there was trouble. In Lon-don they evidently put all the noises down to what they could see passing about them, and they were delightful to

"As to vice, I do not think they pos-sess any if they are caught wild, as mine were. Of course, they would seem vicious, for if they were standing and a stranger passed they would certainly zick or bite at him, especially if he touched them; but that would be fear. Those reared in captivity, however, are sometimes vicious because their natural tempers have been ruined by inclosure and the tormenting done by visitors.
"I had one which had been born at the

soo and afterward brought up as a pet. It was so tame that it would follow you like a cog. But nothing could be done with it. The moment you tried to harness it it lay down. Yes, they are cuter

"Certainly none that I ever had could have been trusted with children, but those at the zoo. I fancy, ought to give no trouble in that way, so long as there are proper arrangements for mounting and dismounting; and, of course, a groom would always be at the animal's bead."

HERBS ARE PASSING AWAY. Measures Required to Prevent Exter

dicinal Plants. The approaching extermination of our chief medicinal plants, unless measures are taken for protecting and cultivating them, is predicted in the Journal of Pharmacy by Dr. Kraemer. Says the British Medical Journal in a notice of

been improved by chitivation, and it may reasonably be supposed that all cane 60 sheep will be the limit after allowing for the feed racks.

Fig. 3 shows the floor plain with feed rack, which may be filled from the lock have been ascertained. Dr. Kraemer urges a study of these plants in the natural surroundings in order that they may be successfully cultivated and conversed. Many of the medical plants now in use are being cultivated in the limited State. converged. Many of the medical plants now in use are being cultivated in the United States. It is stated that 40,000, 100 pounds of peppermint are produced annually near Kalamazoo, Mich. Cas-tor beans, from which cartor oil is obennually near Kalamazoo, Mich. Castor beans, from which cartor oil is obtained, are grown in the western and middle states. Valerian is produced in Vermont. Digitalis purpures, atropa belladonna, sanguinaria canadensis, cimicifuga racemosa and many equally valuable plants have been raised experimentally in America, and, in Dr. Kraemer's opinion, could be grown successfully with the proper cultivation. He urges the further culdvation of certain plants—such as seens, colocynth, gentian, poppy, etc.—which have been introduced into the United States and grown there to some extent. He believes that three-fourths of all medicinal plants are grown either wild or in cultivation in the United States and that fully one-half of the remaining fourth could be successfully raised there. He points out that Americans must realize the necessity of protecting their forcets and plants and must consider their care and preservation a duty both to themselves and to future generations."

Punerals for the Health.
At a funeral in Glasgow a stranger who had taken his seat in one of the mourning coaches excited the curiosity of the other three occupants) one of whom at last saked him;
"Ye'li be brither o' the corp?"
"No, I'm no a brither o' the corp?"
"Weel, then, ye'll be his comin!"
"No, I'm no that!"
"Then ye'll be at least a frien' o' the corp?"



PLAN OF BIG SHEEP BARN.

Structure Like the One Here Described Will Suit the Needs of Most Farmers.

"I would like to get some good plan for a sheep barn 32 feet long by 23 wide with corn-crib along one side 32x5 feet wide and 8 feet high, and one shed on the other side, 32x9 feet ride. Will some sheep breeder please give feet wide and 8 feet high, and one height for said building, what pitch,

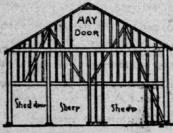
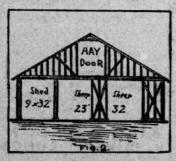


Fig.1.

what kind of roofing to put on, with nine-foot driveway alongside of corn crib. I want sheep below and hay above asks an Ohio farmer reader.

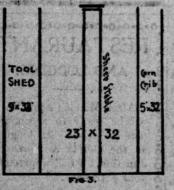
The correspondent asks for a plan, but describes the plan very fully himself. Probably he seeks the method of construction more than a plan.

Fig. 1 shows a structure 16 feet high with well braced frame made of 2x6 and 2x4 scantling. This will give quite



to the sheep stall, corn crib and tool

much storage for hay, he can use struc-ture shown in Fig. 2, which will of course take some less timber and siding, but will require the same amount of roof and flooring. This loft will hold enough hay to feed the sheep that can be properly sheltered in this size stable,



unless they are given a small paddock in which to run for exercise. With a

Some say the draft horse business is going to be overdone again. I want to say there never has been a time in the history of the draft horse when a good one was not wanted at a price considerably above his reasonable cost, even when the market was at its worst, not to mention the more profitable period. In Europe, where the improved breeds have been kept continuously for centuries, the draft horse is considered the most profitable animal on the farm, and this with land worth 20 times as much as ours, and feed much more expensive. In studying the draft horse, we must not overlook his twofold relation to agriculture. First, his great usefulness in actual labor performed in the pursuit of agriculture; second, as being himself a profitable product of agriculture.—Prairie Farmes.

The Lion and the Lamb.

The Lion and the Lamb.

The Philadelphia Ledger tells this interesting story "A Callaway county former, Bas Kimbrell, made the odd discovery the other day that he was harboring lambs and fores under the same roof without either attempting injury to the other. Mr. Kimbrell had noticed a for about his place a good deal lately, but as he had no gun and had not missed any of his lambs, he made no effort to kill it. One day he moticed Reynard creep into the straw shed, where he kept his lambs, and he ran to see what the animal was about. In a next in the straw of which the north wait was built he found the old for and three little ones comfortably ensconced. The lambs had been playing all about the old the for, but she never molasted them."

mooth wire fence of any kind is Neatness about the farm h

HORSE'S FEET ARE TENDER.

How to Treat Little Injuries That Quite Often Lead to Lameness and Disablement.

The horses' feet require looking after frequently, as they are liable to unexpectedly get in a condition to annoy the animal and to seriously militate against an otherwise thriving condition, remarks a writer in Farm Stock Journal. The horse is liable to pick up nails, strips of metal, splinters and pieces of If he steps on a nail, for instance, even though the head be up, he may catch it in a tender part of the foot, and forcing it out of the rotten board in which it was held and carry it along. Succeeding steps drive the nail further in and the horse becomes lame.

The part of the foot that is most sub-

ject to such mishaps is the frog and cleft just behind the frog. Even splinters of wood are liable to find their way into this vulnerable region and thus become the source of great irritation, mounting sometimes, but not always, to visible lameness.

Quite often the injury is not sufficient to produce lameness, yet it is sufficiently great to cause pain which may last for some time. Frequently the injury is nanifested by a disinclination to rest the weight on the foot when standing. When in motion the pain is not sufficient to prevent the horse putting his foot down as usual. Such injuries often are observed when the horse is started off quickly after standing for some time.

When the nail, or other article that produced the wound, has been removed, follow the puncture through the sole or frog to the soft tissues, then fill the cavity with a solution made of equal parts of gum camphor and carbolic acid and pack with cotton. The treatment should be repeated daily until recovery is complete. Where this treatment is promptly and properly carried out, the wounds produced in the foot of the horse by nails, glass, scraps of iron and other like things, rarely result in abscesses and suppuration. In cases which culminate in the formation of abscesses the treatment necessary is to remove all loose horn and dress with cotton saturated with the gum camphor and carbolic acid solution. The cotton may be held is place by a bandage around the foot.

PACKING HOUSE SECRET.

Steam Is Now Used in Keeping Meats Sweet and Perfectly Pure in Refrigerators.

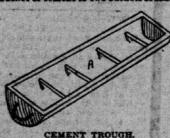
A superintendent of a meat-packing stablishment tells the St. Louis Globe Democrat that steam is used to assist refrigerators. Cool air alone keeps them fresh, but not entirely untainted The Australians solved the problem first. They tried experiment after exent without avail, until some thought of using steam to volatilize the gases which cause these annoying conditions and draw them off. A steam pipe was placed in a wooden duct at the bottom of a refrigerator chamber stored with meat; the gases of this kind are low lying, and the duct led directly to the brine tanks.

The experiment occurred at Sydney, and for 89 days the refrigerator compartment was kept closed, at the end of which time it was opened, the meat drawn forth, and every piece thoroughly tested. It was as fresh and pure, without the slightest suggestion of bone odor or mold, as on the day it was packed. The gases had been vola-tilized by the steam, carried off by the wooden duct, and the entire noxious "Some well-known plants as spigelis, serpentaria and stnega, which in the time of Linnaeus were found in abundance in Maryland and other Atlantic states, are already becoming scarce. It feet is better for the sheep, and in that temperature never fails below freezhing scarce constants. the meat will not become frozen, it may now be kept for years, and be perfectly fresh when taken out for

CEMENT TROUGHS FOR HOGS

They Are Not Only Much More Co. nient But Also Much Chesper Than Wooden Ones.

When made of wood, troughs for hogs are more or less unsatisfactory. The best and most durable trough can be made with good cement and coarse, clean sand in the proportion of one bucket of cement to two buckets of sand



of your trough, then pour in the grote material, and with a trowel fashlon the inside as you wish. Leave the bottom concaved on inside like a bowl or kettle. The top edges should be two and one-half to three inches thick. A piece of chain put in the end of the trough in making, near the bottom, makes it convenient and handy to move.

If cleats are desired, rods of round from can be imbedded in the grout before it sets. These prevent hom from lying down in the trough and wasting the contents. After having fashloned out your trough, and put in from bein for cleats, fill full of water. The material will ast better and your trough will wear for all time. Troughs of this kind six feet long are most convenient and much cheaper than wooden ones.—J. E. Sammon, in Farm and Home.

SOCIETY WRECKED HER LIFE.



A woman in society is obliged to keep late hours. She must attend receptions and balls. She seldom allows herself a quiet evening at home. Her whole time is taken up in keeping engagements or entertaining in her own home.

Her system becomes completely run down as a consequence. She soon finds herself in a condition known as systemic catarrha. This has also been called catarrhal nervousness.

Tired, Nervous, Aching, Trembling, Sleepless, Bloodless.

Pe-ru-na Renovates, Regulates, Restores.

A Pretty New York Woman's Recovery the Talk of Her Numerous Friends.

Mrs. J. E. Finn, 83 East High street, Buffalo, N. Y., writes: Peruna Medicine Co., Columbus, Ohio.

Gentlemen:—"A few years ago, I had to give up social life entirely, as my health was completely broken down. The doctor advised a complete rest for a year. As this was out of the question for a time, I began to look for some other means

of restoring my health.
"I had often heard of Peruna as an excellent tonic, so I bought a bottle to see what it would do for me, and it certainly took hold of my system and rejuvenated me, and in less than two months I was in perfect health, and now when I feel. worn out or tired a dose or two of Peruna is all that I need."-Mrs. I E Finn.

Mrs. J. W. Reynolds, Elkton, Ohio,

"I owe my health and life to Peruna. We rarely call in a physician, in fact it has been years since I have taken any other medicine than yours. I am afraid of drugs, and although I have been sick many times I have taken only your medicines. They are wonderful indeed. We have a very large house and entertain a great deal, and I do all my own work, thanks to Peruna."—Mrs. J. W.

Free Treatment for Women

Her system becomes completely run down as a consequence. She soon finds herself in a condition known as aystemic catarrh. This has also been called catarrhal nervousness.

If every society woman could know the value of Peruna at such a time, if they could realize the invigorating, strengthening effect that Peruna would have, how much misery could be avoided.

Letters from society women all over the United States testify to the fact that Peruna is the topic for a run down, depleted nervous system.

No lying about

it of CASCARETS. Millions use them and tell their how good they are. We want to give back the purchase anyone who fails to get satisfaction from the use of



we that sounds like a liberal offer, but these single 10c sales alone at count for success. It's your cure and your good word for success that will make them famous in the future as in the st. Start with a box today. 10c, 25c, 50c, all druggists. Free mple and booklet. Address Sterling Remedy Co., Chgo. or N.Y.

Best for the Bowels



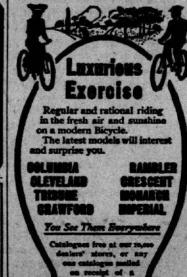
CITY STORE FRONTS



THE PISO COMPANY



PARTY STATEMENT TO ADVENTED PARTY OF ACTOR



Build World AL CLE (ALL).

Bust Cough Syrup. Traine Good. Dee
in time. Sold by drugglets.