

Kindergarten Helps for Parents

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WORK AND PLAY TOGETHER

By MRS. PRESTON F. GASS.

Very little children of two and three years require the companionship of other children in work and play as much as those of recognized kindergarten age.

When daddy saws a large board with a large saw, the two-year-old is interested; but when the four-year-old saws a small board with a small saw, possibly making some toy that will be used by the little one, he is more than interested.

Many mothers realize this need of their children to have group activity, but know of no way in which to bring

the group until they are ready for the kindergarten. It can be accomplished in almost any home, however, if another is willing to devote a few hours a day to working with the children in the neighborhood under school age, or at home for the long summer months.

Whenever the weather will permit, activities are best carried on out of doors and very little equipment is necessary; a sand pile, if possible, an unused kitchen table, or wide board laid on any available foundation, with boxes for seats or the little chairs which each child may bring from home.

Fortunately, when we built our six-room bungalow we provided a nursery for our little ones, a large practical room with fireplace and built-in shelves, so that our group found space for all indoor activities there.

As a center for outdoor work and play, we had a sandpile under the trees. This had been left by the builders, and to close it in the children dug trenches on four sides, into which we inserted planks.

Baby Center of Attraction. For pets we had goldfish, a mother bunny with little ones, and our own tiny baby of three months.

Horticultural Points

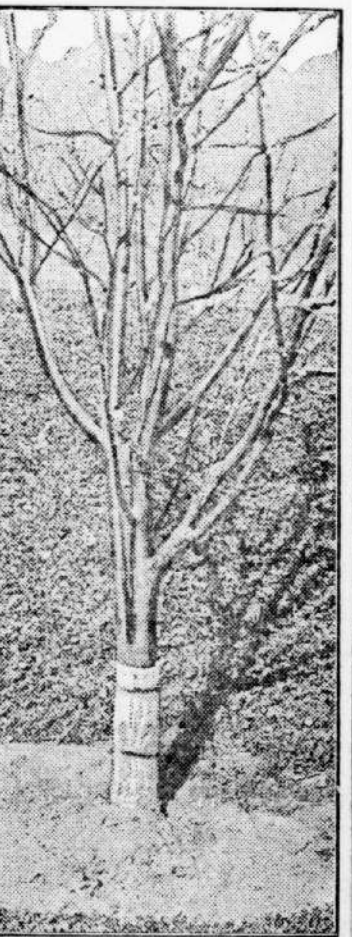
TREES MUST BE PROTECTED

Girdling by Rabbits Is Usually Done in Winter, but May Occur at Other Seasons.

One of the dangers to be guarded against in the case of young tree plantations is girdling by rabbits. While this is most apt to occur in winter, damage may be done at other seasons if these animals are plentiful and other food is scarce.

The cheapest and easiest method of checking the trouble, says Prof. B. O. Longyear of the Colorado Agricultural college, "is by means of some material offensive or poisonous to rabbits which can be painted on the trunks of trees. Lead or other oil paint, tar, creosote or similar substances are unsafe to use on small trees, such as rabbits usually injure.

The following preparation is useful and safe for this purpose: Boil together one pound of quicklime and one pound of sulphur in a gallon of water



Apple Tree Wrapped for Winter With Paper to Guard Against Rabbits.

for one hour. Dilute this with hot water, then, to make three gallons. To this add one quart of strong soap or a pint of soft soap and allow the mixture to cool. The mixture may be made more effective by the addition of two or three ounces of carbolic acid. It should be used while fresh and stirred during its application.

PRUNE TREES DURING WINTER

Surplus Time May Be Utilized in Cutting Out Dead Wood and Removing Crowded Branches.

Any surplus time may be profitably utilized in pruning the trees about the place. The dead wood and crowded branches of course must be removed. Smooth, clean wounds should be made and then smeared over with lead paint. Spongy tissue from old cavities should then be washed with creosote and filled with cement.

HOW TO CONTROL APPLE RUST

Most Effective Plan Is to Get Rid of Red Cedars in Neighborhood—Disease Is Peculiar.

The most effective way of controlling apple rust is to get rid of the red cedars in the neighborhood. This host plant is necessary for the propagation of the rust, as the disease has a peculiarity of living during one stage on the cedar as host plant and during the second stage either on the cedar or the apple as host plant.

Benefit of Cover Crops.

Cover crops hold the orchard soil from washing, prevent burning out humus, furnish profitable pasture for hogs, calves, poultry and small stock, and furnish an excellent mulch and soil cover for the trees.

Pruning in Apple Orchards.

The fact that the main part of the pruning in apple orchards should be done in winter does not remove the necessity for additional pruning in summer.

Best Soil for Berries.

Such as blackberries, strawberries, dewberries and raspberries need a deep, mellow, finely pulverized soil.

Prune Out Dead Limbs.

All dead limbs should be pruned out of the trees whenever they occur.

CATARRH, COUGHS, AND CROUP

Are quickly relieved by Vacher-Balm. Every family should keep it in the house this time of year.

Looking for a Spoon. Elsie—Say, isn't Margaret's complexion a peach? Gladys—Sure, that's the reason she puts cream on it.

Important to Mothers. Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of Dr. J. C. Fitcher.

Which They Did. "There's that naughty Mrs. Phyllis, I hate that woman!" "Me, too, girlie. Well, there's nothing we can do about it except kiss her viciously."

The use of soft coal will make laundry work heavier this winter. Red Cross Ball Blue will help to remove that grimy look. At all grocers, 5c.

How True, Ah, How True! The children at school were telling their ambitions and reasons for them. Finally Frances, who came from a home in which peace is supposed to exist, became spokesman.

Grove's Tactless chill Tonic restores vitality and energy by purifying and enriching the blood. You can soon feel its strengthening, invigorating effect. Price 5c.

Patrol Dog. Sheff, a handsome white and tan Llewellyn bird dog, and formerly mascot of the Forty-first infantry, has been entrusted for safe-keeping to the Omaha Red Cross canteen.

Watch Cuticura Improve Your Skin. On rising and retiring gently smear the face with Cuticura Ointment. Wash off Ointment in five minutes with Cuticura Soap and hot water. It is wonderful sometimes what Cuticura will do for poor complexions, dandruff, itching and red rough hands.—Adv.

Authority. "Santa Claus is only a myth." "Yes, replied the man with an armful of bundles. "And isn't it wonderful how people who pay no attention to a human boss will hustle for a mere myth?"

OLD PRESCRIPTION FOR WEAK KIDNEYS

Have you ever stopped to reason why it is that so many products that are extensively advertised, all at once drop out of sight and are soon forgotten? The reason is plain—the article did not fulfill the promises of the manufacturer.

According to sworn statements and verified testimony of thousands who have used the preparation, the success of Dr. Kilmer's Swamp-Root is due to the fact that so many people claim, it fulfills almost every wish in overcoming kidney, liver and bladder ailments, corrects urinary troubles and neutralizes the uric acid which causes rheumatism.

You may receive a sample bottle of Swamp-Root by Parcel Post. Address Dr. Kilmer & Co., Poughkeepsie, N. Y., and enclose ten cents; also mention this paper. Large and medium size bottles for sale at all drug stores.—Adv.

You need not pack up any worries. You can get them anywhere as you go along.

Dr. Pierce's Pleasant Pellets put an end to sick and bilious headaches, constipation, dizziness and indigestion. "Clears bowels." Adv.

A woman proceeds to monopolize the conversation, then wonders why a man has nothing to say.

SAFE, GENTLE REMEDY CLEANSSES YOUR KID.

For centuries GOLD MEDAL Haarlem Oil has been a standard household remedy for kidney, liver, bladder and stomach trouble, and all diseases connected with the urinary organs. The kidneys and bladder are the most important organs of the body. They are the filters, the purifiers of your blood.

Weariness, sleeplessness, nervousness, dizziness, headache, stomach trouble, headache, pain in loins and lower abdomen, gall stones, gravel, difficulty when urinating, cloudy and bloody urine, rheumatism, sciatica and lumbago, all warn you to look after your kidneys and bladder. All these indicate some weakness of the kidneys or other organs or that the enemy microbes which are always present in your system have attacked your weak spots.

SPHNS' FALL RUN OF DISTEMPER. MAY BE WHOLLY AVOIDED BY USING 'SPHNS'. A small outlay of money brings very great results. It is a sure cure and a preventive.

WINTERSMITH'S CHILL TONIC

SOLD FOR 50 YEARS. ALSO A FINE GENERAL STRENGTHENING TONIC. Sold by All Drug Stores.

Tersely Characterized. "The new parson is very amiable." "Godness gracious."—Boston Transcript.

RHEUMATISM PAINS. Are quickly relieved by applying Vacher-Balm. Try a 25c jar or tube. If you cannot get it locally write to E. W. Vacher, Inc., New Orleans, La., Adv.

Leprosy lies in going on when others stop short. It is the great men who go a step further.

How's This? We offer hints for any case of catarrh that cannot be cured by HALL'S CATARRH MEDICINE. HALL'S CATARRH MEDICINE is taken internally and acts through the blood on the mucous surfaces of the system.

It is not always common sense that counts—sometimes it's the uncommon kind.

Stifel's Indigo Cloth. Standard for over 75 years. These OVERALLS will stand the roughest kind of wear and won't fade in washing. They're made of Stifel's Indigo Cloth, for men, and Miss Stifel Indigo Cloth, for women.

HAYES' SPECIAL HOG FEED

Fine for Growing, Fattening Hogs. An ideal feed, composed of hominy feed, coconut meal, wheat shorts, wheat bran, rice shorts, barley feed, rice bran and not exceeding 8% screenings.

Look for the Label. The HAYES label means a positive saving on GOOD feeds. If your dealer cannot supply you, write direct to us.

Flour and meal can be bought from us in mixed cars with feed and we give you the benefit of straight car lot rates on the flour and meal.

Hayes Grain & Commission Co. Manufacturers of High Grade Mixed Feeds. LITTLE ROCK, ARK.

ATTENTION! Sick Women

To do your duty during these trying times your health should be your first consideration. These two women tell how they found health.

Hellam, Pa.—"I took Lydia E. Pinkham's Vegetable Compound for female troubles and a displacement. It felt all run down and was very weak. I had been treated by a physician without results, so decided to give Lydia E. Pinkham's Vegetable Compound a trial, and felt better right away."

Lowell, Mich.—"I suffered from cramps and dragging down pains, was irregular and had female weakness and displacement. I began to take Lydia E. Pinkham's Vegetable Compound which gave me relief at once and restored my health. I should like to recommend Lydia E. Pinkham's remedies to all suffering women who are troubled in a similar way."

Why Not Try LYDIA E. PINKHAM'S VEGETABLE COMPOUND

LYDIA E. PINKHAM'S VEGETABLE COMPOUND. LYDIA E. PINKHAM MEDICINE CO. LYNN, MASS.



CHILD'S EVERYDAY EDUCATION

By KATHERINE BEEBE. (Author of "Kindergarten Activities.")

In one of her interesting and illuminating articles published by the Outlook Elizabeth Childs quotes at length from a book by Gayley called "Idols of Education," in which the trials of the college with uneducated high school students, of the high school with uneducated grammar pupils, and of the grammar school with uneducated children from the homes are convincingly set forth.

Kindergartners know this to be true. When the new group comes in in September its members can at once be roughly classified into two divisions, the trained and the untrained. The former are the teacher's delight, the latter her problem.

The Mother's Viewpoint. Now what has happened at home to two such little creatures equally endowed at birth? What is the reason for this unhappy difference? The answer is in the fact that the mother of the one child from the first intimation of its existence has consciously or subconsciously reasoned with herself in some such way as this: "This little new life will come to me possessed of a growing body, and expanding mind, a developing soul.

During all his waking hours he will be learning, observing, absorbing. Everything he sees, everything he hears, everything he does will count. If I want him to be strong, alert, wise and good I must begin at the beginning and "carry on"; I must learn from the best authorities how to care for his precious body; I must take counsel with experts in child training for the sake of his opening mind; I must talk to him, walk with him, play with him, read to him; I must provide for him place in which to play as well as to eat and sleep; I must see that he has playmates; I must teach him to play alone, to entertain himself; he must learn to love to work, first by helping me and later by having set tasks; I must know where he is and what he is doing all the time and we two must be loving, sympathetic, intimate friends."

And that other mother—what does

Sea Wool. Material for cloth making is now being obtained from the sea bottom along the south coast of Australia. It is fiber derived from a plant that grows in shallow water.

One would naturally infer that the plant was a seaweed of some kind. But it isn't. It is a flowering plant, a perennial, that produces seed every year. When the plants die the soft tissue is "retted out" of them and the leaf fibers sink to the bottom, where they are covered by shell detritus, the mixture forming a bed in which the seeds of a fresh crop sprout.

This has been going on for many centuries and, as a result, there exist vast deposits of fiber that in some localities are more than seven feet thick.

When Bath Was a Novelty. Bathing is something of an innovation on a battlefield, but it is a fact that a hundred years ago it was a decided innovation in civilian life.

Don't Exaggerate. The girl who stretches every statement she makes out of all resemblance to the actual facts of the case may imagine she is strengthening what she is trying to say. But that is a mistake. People who listen to an exaggerated statement invariably discount it, and usually more than it deserves, and in addition they feel a distrust of anything which has to be so overemphasized. Every exaggerated statement is weakened in proportion as it is exaggerated.—Grit.

Nothing Doing.

"There's a creditor without, sir." "Well, he'll have to go without."—Boston Evening Transcript.

FOR TOOTHACHE. Nothing gives quicker relief than Vacher-Balm. It is harmless. 25c in jars or tubes. Made by E. W. Vacher, Inc., New Orleans, La. Adv.

Women are queer creatures. One can laugh at you if you are rich and cry at you if you are poor.

Influenza and kindred diseases start with a cold. Don't trifle with it. At the first shiver or sneeze, take

HILLS QUININE. A safe and reliable remedy for 30 years—in tablet form, sure, no opiate—breaks up a cold in 24 hours—relieves grip in 3 days. Money refunded. The genuine has a Red Cross on the wrapper. At All Drug Stores.

Itching Rashes Soothed With Cuticura

For itchy rashes, eczema, and other skin troubles, Cuticura is the best remedy. It is safe, effective, and easy to use.

Men and Women to Learn Barber Trade

Little Rock Barber College, 110 No. 3rd Street, Little Rock, Arkansas. Offers instruction in barbering and cosmetology.

Liberty Bonds Bought

Western Bond Company, 629 East Ave., St. Louis. Offers Liberty Bonds at a discount.

Cabbage Plants

Sumner & Co., Inc., Sumner, S. C. Offers various varieties of cabbage plants for sale.

Liberty Bonds Bought

Little Rock, No. 1-1919. Offers Liberty Bonds at a discount.

Coughing

Relieve throat irritation and get rid of coughs, colds, and bronchitis at once by taking

PARSON'S

Parson's Eye Remedy. A safe and effective remedy for various eye ailments.

Your Eyes Need Care

Parson's Eye Remedy. A safe and effective remedy for various eye ailments.