

of us who are past middle age e to eat too much meat and in ce deposit lime-salts in the veins and joints. We often m twinges of rheumatism or feet. There is no longer the net need of this, however, as the prescription, "Anuric," is bound a immediate results as it is many more potent than lithia, in ridding of the kidneys. It can be obat almost any drug store, by vasking for "Anuric" for kidneys

as rheumatism, dropsical on, cold extremities, scalding and urine and sleeplessness due to arising from bed at night. Dr. Pierce's Invalids' Hotel, N.Y., for a 10c. trial package.

CAL-"I recommend Doctor Pierce's Cat.—"I recommend Doctor Pierce's the say highly. I have suffered for the last year with eatarth of the blad ler, having confrency I heard of but without relief.

I sunt advertised in the paper, and like a man grabbing at a straw I thought I will be a man grabbing at a straw I thought I will be a man amount of the paper, and like a man amount of the paper, and like a man and the sunt and the paper of had all of the trial package, and having great the sunt to all suffering from any disease of titleges or ure acid troubles, try this remedy man no longer. I have great faith in Dr. of smalles.—S. P. Herselley.

Nothing Doing. There's a creditor without, sir,"
Well; he'll have to go without,"m Evening Transcript.

FOR TOOTKACHE

thing gives quicker relief than ther Baim, it is havinless. 25c in grot tubes. Made by E. W. Vacher, New Orleans, La. Adv.

wenen are queer creatures. One ar laugh at you if you are rich and alson you if you are on you if you are poor.

Influenza and kindred diseases start with a cold.

Don't trifle with it. At the first shiver or



af cold remedy for 20 years—in tablet—as, sure, no opiates—breaks up a cold hars—telleves grip in 3 days. Money fit hils. The genuine box has a Red top is, Rill's picture. At Ali Drug Stores.

ching Rashes ith Cuticura Proch free of "Entirent 25 & 50, Taleum 25.

and Women to m Barber Trade the expenses while learning and

BARBER COLLEGE, 110 No. Street, Little Rock, Arkansas,

erty Bonds Bought ST CASH PRICE PAID asy for you to sell us your Louis — and absolutely safe.)
for Prices and Instructions.

bage Plants

httreshipment. By express—500, 1800, \$2,00; 5000, \$8.75. Parcel Post , 35c; 500, \$1.50; 1000, \$2.50. se Co. Inc., Sumter, S. C. **Bonds Bought**

the war is over I will buy Liberty Will pay within 1% New York offer me Arkansas and Arizona. 712-714 So. Trest Bidg., Little Rock, Ark.

FROST PROOF bage Plants and Charleston Wakefield, Suc-lat Dutch. By express, 500, \$1.25; 1400 at \$1.75; 10.006 and up at \$1.50, By Parcel Post, prepaid, 100, 35c; 100, 250. Wholesale and retail

ISON, SUMMERVILLE, S. C. SY TREATMENT. Gives quick relief. Boon removes swelling and short Ever heard of its equal for dropsy. Trial treatment sent FREE, by mail.

THE DR. THOMAS E. CREEN Bonds Bought Will pay you market price, and I. M. TOWNES, Little Bock, Ark.

LU, LITTLE ROCK, NO. 1-1919.

Coughing

A Parad wrong fills a with glee." "How can you

the nose a bi e a bridge?" in pass from eye to

our Eves Need Care urine Eye Remedy

Kindergarten **Helps for Parents**

Articles Issued by the Department of the Interior Bureau of Education and the National Kindergarten Association

WORK AND PLAY TOGETHER

By MRS. PRESTON F. GASS. Very little children of two and three

ties of the adults about him, while they nies for the purchase of paper, paste, can be imitated and in some measure crayons, and so forth. shared by him cannot have the same opment.

used by the little one, he is more than be used equally well. nterested-he saws wood as soon as blocks. Invariably the blocks are piled ers, and to close it in the children dug high for steps, towers, arches and so trenches on four sides, into which we forth, and the little child finds great inserted planks. delight in sending the blocks tumbling with a crash to the floor. He takes no particular pleasure in the building bunny with little ones, and our own for building. Now the group of older doings; many times our songs were same blocks do not pile them one up- for him, our table constructed for him. on another, but lay them side by side. The children watched him grow to form the walls of a house for the doll or a barn for the woolly dog. And real mainspring of our group fife. immediately the little one is interested, not in tumbling the blocks down, each other, one after another.

In Any Home.

but know of no way in which to bring ones.

the group until they are ready for the 1 indergarten. It can be accor in almost any home. however. mother is willing to devote a dours a day to working with the children in the and play Immedi; eighborhood under school age, or at home for the long sum-

mer vy hon.
We have the weather will permit. activities are best carried on out of doors and very little equipment is necessary; a sand pite, if possible, an unused kitchen table, or wide board fald on any available foundation, with boxes for seats or the little chairs which each child may bring from home. The years require the companionship of materials already on hand for use by times from gout, swollen other children in work and play as the children in the home, such as balls. much as those of recognized kinder- bean bags, blocks, Mother Goose and garten age. The child of two is in- other story books, will serve the whole tensely interested in the activities of group. The other mothers of the neighchildren four, five and six years old, borhood are sure to be willing to conand is able to imitate, enlarge his tribute, for the use of all, materials knowledge and experience, and even which their own children possess, and share in their activities. The activities each child can bring some of his pen-

Fortunately, when we built our sixvalue in his mental or physical devel- room bungalow we provided a nursery for our little ones, a large practical When daddy saws a large board with room with fireplace and a large saw, the two-year-old is inter- shelves, so that our group found space ested; but when the four-year-old saws for all indoor activities there. Any a small board with a small saw, pos-sibly making some toy that will be the time of the school session might

As a center for outdoor work and

Baby Center of Attraction. For pets we had goldfish, a mother of one block upon another, and we tiny baby of three months. The baby think he has not yet reached the age served as a center for many of our children making structures with these sung to him, our houses of blocks made

Since the group was made up of children of varying ages, each younger however, but in laying them beside child depended on an older for leadership, assistance and consideration. The five-and-six-year-olds learned to Many mothers realize this need of lend a hand to the four-year-olds and their children to have group activity, to be patient and kind with the littlest

through the months and he was the

CHILD'S EVERYDAY EDUCATION

BY KATHERINE BEEBE. (Author of "Kindergarten Activities.")

roughly classified into two divisions, and reading to them is a bore. fermer are the teacher's delight, the tion or loss of time. The latter st be worked over, wept over, eximented with, disciplined and led as out all right in the end." tur along the road as their unfortunate variety of handicaps will permit.

The Mother's Viewpoint. consciously reasoned with herself in unpo some such way as this: "This little his! a growing body, and expanding mind, and in view of this fact how does any a developing soul. During the first mother dare to take chances? For so vigorous that what he learns will well-called, spoiled children come the ture. He will get in proportion more babies; the shy, self-conscious and uneducation in the first five years than controlled kindergarten children: the

and 'carry on'; I must learn from the to him, walk with him, play with him, read to him; I must provide for him place in which to play as well as to eat and sleep; I must see that he has alone, to entertain himself; he must learn to love to work, first by helping

loving, sympathetic, intimate

grows in shallow water.

of a fresh crop sprout.

me and later by having set tasks; I

must know where he is and what he is

doing all the time and we two must

Sea Wool.

Material for cloth making is now

being obtained from the sea bottom

along the south coast of Australia. It

is fiber derived from a plant that

One would naturally infer that the

perennial, that produces seed every

When the plants die the soft tissue

are covered by shelly detritus, the mix-

This has been going on for many

centuries and, as a result, there exist

vast deposits of fiber that in some

localities are more than seven feet

When Bath Was a Novelty.

Bathing is something of an innova-

tion on a battlefield, but it is a fact that

anovation in civilian life. The bath-

ture forming a bed in which the seeds

It is a flowering plant, a

In one of her interesting and illumi- | she say to herself consciously or subnating articles published by the Out-look Elizabeth Childs quotes at length face the facts, for judging by her refrom a book by Gayley called "Idols sults it is something like this: "It is of Education," in which the trials of lovely to have this darling baby and the college with uneducated high I am just going to enjoy him in my school students, of the high school own way; I don't believe these people with uneducated grammar pupils, and of the grammar school with uneducated children get on better than those of us cated children from the homes are con- who don't bother about all this modvincingly set forth; the conclusion be- ern highbrow stuff. A mother knows ing that many a child arrives in the best what to do for her own child. Of kindergarten "a badly damaged arti- course I will take good care of his body for I want him to be well, but for the first few years I am going to let When the new group comes in in September its members can at once be like to play with children anyway, the trained and the untrained. The sides, I am too busy. He can just play around as other children do and when latter her problem. The former can be the time comes, go to the kindergarten led onward and upward by means of and to school and be taught there. ormal and joyous activity without While he is at home and my baby I am going to do just as I want with him. Being my child, he will of course come

Danger in Neglect.

Now sometimes he does, but in spite of home influences rather than because Now what has happened at home to of them. Thanks to his teachers, his wo such little creatures equally en- companions and the sharp lessons of dowed at birth? What is the reason experience he often manages to grow for this unhappy difference? The an-swer is in the fact that the mother of he has missed! And alas for the powthe one child from the first intimation ers of mind and soul which never unof its existence has consciously or sub- folded, for the spiritual development unpossessed which might have been

new life will come to me possessed of | On the other hand, often he doesn't, a developing soul. During the first mother dare to take chances? For years his growth will be so rapid and from the ranks of the so-called, and set the tendencies for his whole fu- fretful, fractious, screaming, unhappy in the twenty which follow, and this irresponsible scatter-brains of the pubeducation will be an everylay educa- lic school whose school life is one long tion. During all his waking hours he series of adjustments between parents will be learning, observing, absorbing. and teachers; those high school stu-Everything he sees, everything he dents who arrive in college with no hears, everything he does will count. powers of work or concentration; the If I want him to be strong, alert, wise and good I must begin at the beginning goes wrong. From this class are recruited those children who, as every best authorities how to care for his teacher knows, have perverted precious body; I must take counsel ideas of the facts of life and bad with experts in child training for the physical habits, those youths and sake of his opening mind; I must talk maidens whose lives are blighted on the threshold; those cases of adoles cents which furnish newspaper articles sometimes with large headlines. In the light of the facts that these things playmates: I must teach him to play are all about us how does any mother dare to neglect that all-important thing, her child's everyday education?

Combination.

"Didn't the kaiser send you his photograph and the iron cross?" "Yes. They went together nicely;

And that other mother-what does a scrap of paper and a paper weight."

sell as late as 1828, and the novelty was taken up by a small band of those who like things new. Then an American, Adam Thomp-

son, took the idea over to the States and improved upon it. He built a bath of mahogany lined with sheet lead, put plant was a seaweed of some kind. But up a tank in the attic of his home, and installed a hot pipe which was coiled behind the kitchen chimnen December 20, 1842, he took two baths, and then Christmas day introduced his is "retted out" of them and the leaf bath as the attraction at a dinner fibers sink to the bottom, where they party, when four of his guests risked a

Don't Exaggerate.

The girl who stretches every state ment she makes out of all resemblance to the actual facts of the case may imagine she is strengthening what she is trying to say. But that is a mistake People who listen to an exaggerated statement invariably discount it, and usually more than it deserves, and in addition they feel a distrust of anya hundred years ago it was a decided thing which has to be so overemp sized. Every exaggerated statement is tub, an overgrown dish pan, was latro-duced into England by Lord John Rus-gerated.—Grit weakened in proportion as it is exag-



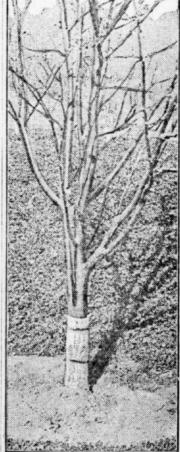
TREES MUST BE PROTECTED

Girdling by Rabbits Is Usually Done Winter, but May Occur at Other Seasons,

One of the dangers to be guarded against in the case of young tree plantations is girdling by rabbits. While this is most apt to occur in winter, damage may be done at other seasons if these animals are plentiful and other food is scarce.

"The cheapest and easiest method of checking the trouble," says Prof. B. Cross Ball Blue will help to remove O. Longyear of the Colorado Agriculthat grimy look. At all grocers, 5c. O. Longyear of the Colorado Agricultural college, "is by means of some ma terial offensive or poisonous to rabbits which can be painted on the trunks of trees. Lead or other oil paint, tar, he can. Watch an adult try to amuse play, we had a sandpile under the this two-year-old with a new box of trees. This had been left by the buildbits usually injure.

"The following preparation is useful and safe for this purpose: Boil together one pound of quicklime and one pound of sulphur in a gallon of water



Apple Tree Wrapped for Winter With Paper to Guard Against Rabbits.

for one hour. Dilute this with hot water, then, to make three gallons. To this add one quart of strong soapsuds or a pint of soft soap and allow the mixture to cool. The mixture may be made more effective by the addition of two or three ounces of carbolic acid. It should be used while fresh and stirred during its application. Where only a few trees are to be protected some form of wire screen of not over one-inch mesh wrapped around the tree trunk is the most effective protec-

PRUNE TREES DURING WINTER

Surplus Time May Be Utilized in Cutting Out Dead Wood and Removing Crowded Branches.

Any surplus time may be profitably utilized in pruning the trees about the place. The dead wood and crowded branches of course must be removed. Smooth, clean wounds should be made and then smeared over with lead paint. Spongy tissue from old cavities should then be washed with creosote and filled with cement. This latter operation had best be undertaken on one of the warm days at this time of the year .-Neb. College of Agriculture.

HOW TO CONTROL APPLE RUST

Most Effective Plan Is to Get Rid of Red Cedars in Neighborhood Disease Is Peculiar.

The most effective way of controlling apple rust is to get rid of the red cedars in the neighborhood. This host plant is necessary for the propagation of the rust, as the disease has a peculiarity of living during one stage on the cedar as host plant and during the second stage either on the cedar or the apple as host plant. The first stage will not develop on the apple tree, and if one eliminates the cedars he gets rid of apple rust.

Benefit of Cover Crops.

Cover crops hold the orchard soil from washing, prevent burning out humus, furnish profitable pasture for hogs, calves, poultry and small stock, and furnish an excellent mulch and soil cover for the trees.

The fact that the main part of the pruning in apple orchards should be done in winter does not remove the necessity for additional pruning in

Pruning in Apple Orchards.

Best Soil for Berries. Such as blackberries, strawberries, dewberries and raspberries need a

deep, mellow, finely pulverized soil.

Prune Out Dead Limbs. All dead limbs should be pruned out of the trees whenever they occur.

Gladys-Sure, that's the reason she puts cream on it.

Important to Mothers
Examine carefully every bottle of
CASTORIA, that famous old remedy for infants and children, and see that it

Bears the Cartfilthes In Use for Over 30 Years. Children Crv for Fletcher's Castoria

Which They Did. "There's that haughty Mrs. Flub-lub. I hate that woman."

"Me, too, girlie. Weil, there's nothing we can do about it except kiss her viciously."

The use of soft coal will make laundry work heavier this winter. Red

How True, Ah, How True!

The children at school were telling their ambitions and reasons for them. Finally Frances, who came from a home in which peace is supposed to exist, became spokesman, "I want to be married," she told them, "I wish a husband to scold all the time."-Indianapolis Star.

Grove's Tasteless chill Tonic stores vitality and energy by purifying and en-thing the blood. You can soon feel its Strength-ing, invigorating Effect. Price cite.

Patrotic Dog.

Sheff, a handsome white and tan Llevellya bird dog, and formerly mas cot of the Forty-first infantry, Las been intrusted for safe-keeping to the Omaha Red Cross canteen. his extraordinary accomplishments is his promptness to sit erect and salute the flag with a precise military salute whenever it passes.-New York Post.

Watch Cuticura Improve Your Skin. On rising and retiring gently smear the face with Cuticura Ointment. Wash off Ointment in five minutes with Cuticura Soap and hot water. It is wonderful sometimes what Cuticura will do for poor complexions, dandruff, itching and red rough hands .- Adv.

Authority.

"Santa Claus is only a myth."
"Yes, replied the man with an armful of bundles. "And isn't it wonderful how people who pay no attention to a human boss will hustle for a mere myth?"

OLD PRESCRIPTION

FOR WEAK KIDNEYS

Have you ever stopped to reason why it is that so many products that are extensively advertised, all at once drop out of sight and are soon forgotten? The reason is plain—the article did not fulfil the promises of the manufacturer. This applies more particularly to a medicine. A medicinal preparation that has real curative value almost sells itself, as like an endless chain system the remedy is recommended by those who have been benefited, to those who are in need of it. A prominent druggist says, "Take for example Dr. Kilmer's Swamp-Root, a preparation I have sold for many years and never hesitate to recommend, for in almost every case it shows excellent re-Have you ever stopped to reason why

preparation I have sold for many years and never hesitate to recommend, for in almost every case it shows excellent results, as many of my customers testify. No other kidney remedy that I know of has so large a sale."

According to sworn statements and verified testimony of thousands who have used the preparation, the success of Dr. Kilmers' Swamp-Root is due to the fact that so many people claim, it fulfills almost every wish in overcoming kidney, liver and bladder ailments, corrects urinary troubles and neutralizes the uric

inary troubles and neutralizes the discount of the causes rheumatism.

You may receive a sample bottle of Swamp-Root- by Parcel Post, Address Dr. Kilmer & Co., Binghamton, N. Y., and enclose ten cents; also mention this paper. Large and medium size bottles for at all drug stores.—Adv.

You need not pack up any worries. You can get them anywhere as you go along.

Dr. Pierce's Pleasant Pellets put an end to sick and billious headaches, constipation, dizzi-ness and indigestion. "Clean house." Adv. A woman proceeds to monopolize the

conversation, then wonders why a man has nothing to say,

CATABRH, COUGHS, AND CROUP Are quickly relieved by Vacher-Balm. SAFE, GENTLE REMEDY CLEANSES YOUR KID

For centuries GOLD MEDAL Hearlem Oil has been a standard household renedy for kidney, liver, bladder and stomach the urinary organs. The kidneys and bladder are the most important organs of the body. They are the filters, the purifiers of your blood. If the poisons which enter your system through the blood and stomach are not entirely thrown out by the kidneys and bladder, you are doomed.

Weariness, sleeplessness, nervousness, despondency, backache, stomach trouble, headache, pain in loins and lower abdomen, gall stones, gravel, difficulty when urinating, cloudy and bloody urine, rheumatism, sciatica and lumbago, all warn you to look after your kidneys and bladder. All these indicate some weakness of the kidneys or other organs or that the enemy microbes which are always present in your system have attacked your weak spots, GOLD MEDAL Haarlem Oil Capsules are what you need.

They are the pure, original implaction oil your great-grand obth on a perfectly harmless. The bud are perfectly harmless. The bud are perfectly harmless, The bud are

Fall Run of Distempe

MAY BE WHOLLY AVOIDED BY USING

Spohn Medical Co. Goshen, Ind., U.S.A.

FOR MALARIA, CHILLS and FEVER. ALSO A FINE GENERAL STRENGTHEN-

Tersely Characterized. "Goodness gracious,"—Boston Tran- the world,—Rusk,e.

RHEUMATISM PAINS

Ara quickly relieved by applying Vacaer-Balm. Try a 25c jar or tube.

If you cannot get it locally write to E. W. Vacher, Inc., New Orleans, La. Adu.

Leroism lies in going on when othwis go a step further.

Every noble lif. leaves the fibe: of "The new parson is very amiable." it interwoven for ver in the work of

How's This 1.

How's This \(\lambda\). We offer 160.00 for any \(\chi_{\text{of}}\) of catarrh that cannot be cured by HALL'S CATARRH MEDICINE. HALL'S CATARRH MEDICINE is taken internally and acts through the Blood on the Mucous Surfaces of the System. Sold by druggists for over forty years. Price 5c. Testimosals for the Mucous Surfaces of the System. Sold by Gruggists for over forty years. Fig. 7c. Testimosals for the System.

It is not always comm n sense that ers stop short. It is the great men counts-sometimes it's the uncommen



HAYES' SPECIAL HOG FEED

Fine for Growing, Fattening Hogs

An ideal feed, composed of hominy feed, cocoanut meal, wheat shorts, wheat bran, rice shorts, barley feed, rice bran and not exceeding 8% screenings. GUARANTEED ANALYSIS: Crude Protein, 18.00%; Crude Fat, 7.00%; Crude Fiber, 9.00%; Carbohydrates, 50.00%

Look for the Label The HAYES label means a positive saving on GOOD feeds. If your dealer cannot supply you,

write direct to us. Flour and meal can be bought from us in mixed cars with feed and we give you the benefit of straight car lot rates on the flour and meal.

Haves Grain & Commission Co. Manufacturers of High Grade Mixed Feeds LITTLE ROCK, ARK.



ATTENTION! Sick Women

To do your duty during these trying times your health should be your first consideration. These two women tell how they found health.

Hellam, Pa.—"I took Lydia E. Pinkham's Vegetable Compound for female troubles and a displacement. Ifelt all rundown and was very weak. I had been treated by a physician without results, so decided to give Lydia E. Pinkham's Vegetable Compound a trial, and felt better right away. I am keeping house since last April and doing all my housework, where before I was unable to do any work. Lydia E. Pinkham's Vegetable Compound is certainly the best medicine a woman can

take when in this condition. I give you permission to publish this letter."-Mrs. E. R. CRUMLING, R. No. 1, Hellam, Pa. Lowell, Mich .- "I suffered from cramps and dragging down pains, was irregular and had female weakness and displacement. I began to take Lydia E. Pinkham's Vegetable Compound which gave me rekef at once and restored my health. I should like to recommend Lydia E. Pinkham's edies to all suffering women who are troubled in a simi-

lar way."-Mrs. ELISE HEIM, R. No. 6, Box 83, Lowell, Mich. Why Not Try

