

WOMAN NOW IN PERFECT HEALTH

What Came From Reading a Pinkham Advertisement.

Paterson, N. J.—"I thank you for the Lydia E. Pinkham remedies as they have made me well and healthy. Some time ago I felt so run down, had pains in my back and side, was very irregular, tired, nervous, had such bad dreams, did not feel like eating and had short breath. I read your advertisement in the newspapers and decided to try a bottle of Lydia E. Pinkham's Vegetable Compound. It worked from the first bottle, so I took a second and a third, also a bottle of Lydia E. Pinkham's Blood Purifier, and now I am just as well as any other woman. I advise every woman, single or married, who is troubled with any of the above-mentioned ailments, to try your wonderful Vegetable Compound and Blood Purifier and I am sure they will help her to get rid of her troubles as they did me."

Feed the Fighters! Win the War!! Harvest the Crops—Save the Yields

On the battle fields of France and Flanders, the United States boys and the Canadian boys are fighting side by side to win for the world the freedom that Prussianism would destroy. While doing this they must be fed and every ounce of muscle that can be requisitioned must go into use to save this year's crop.

The Combined Fighters in France and Flanders and the Combined Harvesters in America WILL Bring the Allied Victory Nearer.

A reciprocal arrangement for the use of farm workers has been perfected between the Department of the Interior and the Department of Agriculture of the United States, under which it is proposed to permit the harvesters that are now engaged in the wheat fields of Oklahoma, Kansas, Iowa, North Dakota, South Dakota, Nebraska, Minnesota and Wisconsin to move over into Canada, with the privilege of later returning to the United States when the crop in that country has been harvested, and help to save the enormous crops in Canada which by that time will be ready for harvesting.

HELP YOUR CANADIAN NEIGHBOURS WHEN YOUR OWN CROP IS HARVESTED!!!

Canada Wants 40,000 Harvest Hands to Take Care of Its 13,000,000 ACRE WHEAT FIELD.

One cent a mile railway fare from the International boundary line to destination and the same rate returning to the International Boundary.

High Wages, Good Board, Comfortable Lodgings. An Identification Card issued at the boundary by a Canadian Immigration Officer will guarantee no trouble in returning to the United States.

AS SOON AS YOUR OWN HARVEST IS SAVED, move northward and assist your Canadian neighbour in harvesting his in this way do you win the war. For particulars as to routes, identification cards and place where employment may be had, apply to Superintendent of Immigration, Ottawa, Canada, or to

W. S. Nethery, Room 82, Interurban Sta. Bldg., Columbus, O.; J. H. MacLachlan, 215 Traction-Terminal Bldg., Indianapolis, Ind. Canadian Government Agents.

HOW INSANITY HAS GAINED Increase in United States Revealed by Census Taken by National Committee for Mental Hygiene.

Insanity in the United States is decidedly on the increase. This fact is revealed by reason of a census taken of the insane, feeble-minded, epileptics, imbeciles and drug addicts by the National Committee for Mental Hygiene. Analysis of this census is found in the Mental Hygiene. It was compiled by Horatio M. Pollack, statistician of the New York State Hospital commission, and Edith M. Furbush, statistician of the National Committee for Mental Hygiene.

The federal census bureau estimates that the increase of population from April 15, 1910, to January 1, 1917, was 11.80 per cent. The same government agency found in 1910 that the number of insane in institutions was 157,791. The census taken in the present year revealed 234,055 insane persons in institutions. Thus the increase in the insane in institutions during the corresponding period was 24.64 per cent, a growth more than double that of the general population.

Moreover, the rate of increase of the insane in institutions was relatively greater than that of the general population in every state except Arizona, Kansas, Mississippi, Nevada and South Carolina. Illinois is one of the states in which the disparity between growth of population and increase in insanity has been greatest. In this state the population increase was 18.4 per cent, as compared with a percentage of increase of insanity in institutions of 27.38. The neighboring state of Indiana shows an even greater disparity, with percentages of 4.64 and 27.44 respectively.

Such is Fame. Many years ago William D. Nesbit, the author of "Your Flag and My Flag," was known to the little village of Cedarville, O., his native home, as only one of the neighborhood. Recently he returned to Cedarville after a long absence. Of course, his coming was heralded by the local newspaper, so he was expected. When he was walking quietly through the town (he tells the tale himself), he overheard this conversation between two old villagers:

"I understand by the paper that Will Nesbit is back in town today."

"So they say. I wonder what he looks like now?"

"Oh, he didn't ever amount to much. He went off to college and that is about the last good he ever did."

"And to think what he is doing now!"

"Let that man down easy."

"Why should I?"

"Because he's so hard up."

"No bowl is too big when it holds Post Toasties"

—Bobby

LIMBS MADE OF CARDBOARD

Artificial Leg, Invented by Danish Doctor, Enables Wearer to Walk Soon After Amputation.

A Danish doctor at a hospital in Paris has invented a cardboard leg which enables the wearer to go about without crutches two days after his limb has been amputated.

The materials used are two sheets of cardboard about three-sixteenths of an inch thick, and bandages soaked in a starch solution. After careful measurements have been taken the cardboard is cut into what looks like two posts, which after being soaked in the bath fold round each other and are secured with bandages. The principle is that of an egg in a cup, and the patient can wear the leg long before the wound is completely healed. He can thus get air and exercise, which it is usually impossible to obtain at this phase of his convalescence; also he has to suffer none of the inconveniences of crutches, a stick supporting his needs. The leg, properly treated, lasts from six months to a year, by which time a permanent artificial limb is ready to be fitted.

Soja Beans. Never used much in this country until the packers of Alice Pork and Beans discovered how to put them up. Now everybody wants them.—Adv.

China's one mutual life insurance company last year paid \$800,000 in claims.

INTERESTING ITEMS FROM THE CITIES

Human Automaton Hypnotized Fellow Passenger

CHICAGO.—Home from the country by car—choo-choo: On a front seat, a couple of tobacco-quid farmers arguing potatoes. Behind them a dismal man in a duster exposing the shallow trickeries of a prize package of figs.

Sitting around in spots, job-lot humanity that included ribbon-bow youngsters and fat-jawed babies with mothers attached, and—off to herself—a woman in a mourning shawl and crepe veil—both rusty—who sat up with ramrod stiffness, wagging a fan between shabby kidded fingers and slowly shaking her head, right-left, right-left—just like that—right-left, right-left—Back of everybody a plain, deerserving soul who had skidded off at a week-end in the bright hope that a patch of piney woods with the bay in front and truly clabber-and-egg ponds would enable a certain person to keep on digging dime-value intelligence out of her way home, still sniffing briny breezes spiced with cones, when—she noticed the woman with a head.

Then she tried to read her magazine. Then she gazed out of the window. Then she looked again at the woman who was shaking her head; right-left, right-left; on and on, and on.

You have curious and entirely foolish and likewise impertinent wonderings at sight of a head like that? Had it been swaying with slow relentlessness all the years that her hair was changing from the brown of girlhood to the gray wisps of age? Did it roll restlessly on her pillow the night long? And would it stop when she was dead?

You can't say one word against Mr. Mesmer! The psychic something-or-other that he gave his name to so hypnotized the woman that when a comrade welcomed her at the station the first word she said was: "Hello, Ann! What are you shaking your head for?"

Pat Wasn't Exactly Poor, but Had His "Wants"

MACON, GA.—Word came to some charitably disposed persons that the high cost of living had hit Uncle Patsy Rutherford, a negro man, and his aged wife, Aunt Jane, so hard that the wolf was right at the door of their little cabin on the Chariton bottoms, near Macon, Ga. So they got a big car and went out as a relief party.

"Yes, 'm," Aunt Jane said as she came out from her shanty to receive her guests, "Patsy's been complainin' awful 'bout these ha'd times. Ole man 'most frets himself to death, he does." "Where is Uncle Pat, today?" asked a member of the party as he lifted a well-filled basket from the car.

"Down on the river fishin'; never send such a man to fish. He caught a ten-pound buffalo yist'day, an' 'ot 'ot small fries—more'n we needed an' we divided with the neighbors." She looked as though she felt generous.

"Fish are good eatin'," remarked a samaritan wistfully. "Yes," admitted Aunt Jane, "an' 'ot so's young rabbits and squirrels—there's a heap of 'em in the woods now, an' when the ole man ain't fishin' he's huntin'." I looks after the garden. We got onions an' lettuces an' 'aters an' cabbage 'nuff to sen' to the army. Would you folks like to take some home wid you?" and she started to show where her garden treasures were stacked out.

"Look here, Aunt Jane," said the puzzled emissary to the down-and-outers, "we heard you folks were hard up and we came to help you out, but—"

"It's Pat dat's hard up," the old woman explained. "Never seed a man complain so."

"Complain! And you giving food to the neighbors?" "Yes, sah, he's always complainin', Pat is; says since the legal auction 'lection he can't get no 'mo' beer an'—is you all gone? Well, I's bliged to yo' for callin'. I'll tell Pat yo' was heal. Good mawwin'."

His Occupation Was "Chatting With Mermaid"

INDIANAPOLIS.—He sat on a rock and talked to a mermaid. That was the jump job of Axel Thrain, alias Walter Marlow, according to his wife, who lives at 729 Rochester avenue. Thrain gave up this ideal summer vocation recently, however, largely because his wife objected and the story cropped out in juvenile court.

"What does your husband do?" Judge Lahr asked the wife when she had detailed a list of alleged wrongs. "He sits on a rock and talks to a merry maid."

"Talks to what?" the court demanded, while a broad grin overspread the face of the husband. "Talks to a merry maid or mere maid, or something like that," was the reply. "You see, judge, my husband is an actor and that was his part in the show." The court cocked its head owl fashion and voiced a deep "Amen!"

"Oh, I begin to understand," the court replied. Then the wife went on to explain she was not jealous of her husband nor did she begrudge him his tea-tetes with the sea-going creature, since that was his part in the show with which he traveled. She declared, however, he apparently was so engrossed in his conversation with the painted daughter of Neptune that he forgot to provide for his wife and child.

It was disclosed also that Thrain registered for conscription under his stage name of Marlow, but his attorney insisted there had been no intent to evade the call for military service.

When he was permitted to talk, the husband said he had broken off the chat with the mermaid and was working for a patent belt company. He was released on his promise to pay \$5 a week for the support of his child and provide a home for his wife, and the case was taken under advisement for 60 days.

Cool Bath Not Appreciated by New Yorkers

NEW YORK.—Two street cleaners with a fire hose were the unwitting cause of thrusting Broadway and Wall street into a particular brand of fame, and stenographers coming out of the surrounding office buildings added the touch of art and color as well. The street cleaners were in the act of flushing Broadway.

Suddenly the street cleaner holding the nozzle lost control of it and it dopped out of his hands. For three minutes Broadway and Wall street had the liveliest and funniest session that busy section has seen in many months.

The hose wriggled about on the pavement like a great serpent and the heavy brass nozzle, spouting a torrent of water, switched impartially from one side of Broadway to the other. The hundreds of pedestrians ran into office buildings, bank doorways and down into the subway. The nozzle, lashing the pavement in every direction, sent water over the monuments in Trinity churchyard, against the windows of banks, and wet the clothes of those who were slow in finding refuge.

The street cleaners became confused and forgot to turn off the water at the hydrant, but, with the crowd, sought safety. The excitement continued for three minutes, until someone dared the torrent and ran to the hydrant, shutting off the stream. The hose ceased to wriggle, and among the hundreds who returned to the sidewalks there were scores who had been wet through to the skin. Many of them were girls.

CONDENSATIONS

A competent method for keeping accounts and money, combined with a writing desk, has been invented that is contained in a case that is fireproof when closed.

The royal commission on sugar supplies has saved Britain's bees by allotting 60 tons of sugar, which they are to have in the form of pink candy, for their winter consumption. This candy is so inoculated as to be unfit for human consumption.

Telephone lines are to be extended to Tromsøe, Norway, 200 miles north of the Arctic circle. It has been found that the fermenting power of yeast is increased by brief exposure to ozone.

The top of an English inventor's crutch is made of a piece of heavy rubber tubing and the sides are made parallel and inserted into a rocker. For reinking typewriter ribbons an inventor has patented a tubular container for ink which is distributed by a roller as a ribbon is passed over it.

USE ALL APPLES YOU CAN SAVE FOOD FOR ALLIES

Americans Should Eat Fruit and Vegetables So Meat and Wheat May Be Sent Overseas.

Our allies in war against the Kaiser are very much in need of meat and wheat. If they are to pull through the fall and winter successfully, we must send them all of these staples we can. It will be necessary for Americans at home to eat more perishable food articles—like fruit and vegetables—that cannot well be sent abroad.

For this reason Uncle Sam's food administration is taking the keenest interest in this year's apple crop. The government wants us to eat more apples than ever before so that the wheat and meat supplies may go to help win the war. A campaign of education along this line is now on start.

This year's apple crop calls for intelligent handling. The latest government reports indicate a crop of about 150,000,000 bushels. That is a little below normal. Good prices are assured for all honestly packed, first quality apples, and also for honestly packed, selected second grades, which government experts say can be put into storage.

When the crop is big it does not pay to store second grades, but this year, despite the fact that we cannot ship our usual 2,000,000 barrels of apples abroad, because shipping space is precious, we should be able to get fair prices for all good apples at home.

Careless packing of poor quality fruit has always been one of the chief causes of market instability and unsatisfactory prices to the growers. This year the whole apple industry is co-operating to remove this market handicap. There has never been an apple year such as this one is going to be. Growers have never been able to get together and engage and finance a national educational campaign among consumers to increase apple consumption. This year the situation makes it necessary for the United States government, through the food administration, to conduct a consumer's campaign of publicity on behalf of the apple. This campaign will begin while the crop is being sent to market, and will probably continue until the last apple is eaten up late next spring.

So the grower has three great incentives for grading, packing and storing this crop with special care.

1. It is a good crop and calls for care.

2. The government will encourage apple eating and apple storage and will discourage speculation that raises the price abnormally.

3. We must eat up at home more than two million barrels of apples, which would ordinarily be exported.

To get the best of the crop to the market in prime condition it must be picked carefully at the time of maturity and promptly cooled in temporary storage, and then skillfully graded and packed. Second-grade fruit should not go into barrels or boxes if it cannot be marketed in bulk in nearby consuming centers, then it should be worked up into by-products along with the culls.

There has been a gratifying improvement in apple marketing the past two or three years. Western apples are boxed to strictly honest standards, by the great co-operative growers' organizations in Washington, Oregon, California, Idaho and Colorado. The eastern barrel apple has also been wonderfully improved in New York and other states. Because apples are honestly packed and give the best possible value for the money, there is an increase in the consumer demand. Retail merchants who were formerly almost afraid to buy apples in barrels, because they were not sure of getting marketable values for their money, are now buying freely and in confidence.

This good work makes it possible for the government to go further and encourage the use of apples as a war-time food measure.

Because the bulk of the crop will be picked by volunteer workers this year, and put into common storage until the grower can find time to grade and pack, there will be an opportunity to give closer personal attention to the grading and packing than might be the case if the crop were handled as in peace times. For the grower who desires instructions in apple packing, the department of agriculture at Washington has information in bulletin form. These bulletins can be secured free by writing to the department. Growers will do well to obtain a few copies for their pickers and packers.

The Familiar Face. "I suppose prohibition made a great difference in Crimsons' Grouch."

"Not as much as you'd think," replied Broncho Bob. "The man who used to be boss bartender has gotten a job as teller in the bank and is takin' in all the money, just the same."

Delays in Congress. "How will you explain to your constituents," he chidingly asked, "your action in delaying the business of this great nation by indulging in long-winded oratory while matters of tremendous importance wait?" "Of tremendous importance wait?" "Of tremendous importance wait?" "Of tremendous importance wait?"

Avoid the Hypocrite. "A had man is worse when he pretends to be a saint!"—Bacon.

Lessons in Manners. Little Girl (who has just lost a tooth, pointing to dentist's showense):—Oh, mummy, I would like that one! Mother—Hush, dear! How often have I told you it is very bad manners to pick your teeth in public?"—London Tit-Bits.

No Objection. "Jibbs says he is ready to shed the last drop of blood to defend his country."

"So he is, if it only happens to be somebody else's blood."

Horse Chestnuts as Food. An effort is being made to adapt the horse chestnuts to the human dietary. The nuts are more than half starch and sugar, with some protein and fat, and are nutritious. Their value chiefly depends on the elimination of the bitter elements and the irritating saponin-like glucosides.

Just So. "Mrs. Jones told me those new furs of hers came from the arctic regions."

"What a far-fetched story!" Japan has 1,300 knitting mills.

Some folks like 'em better cold and some folks like 'em better hot—but a matter of taste. But everybody likes Alice Pork and Beans one way or the other.—Adv.

Eight Misake. "I must say this khaki camping skirt is a loose fit."

"You're in wrong, attic. That is the boy's tent you have on."

When the cats play the mice get away. If a man attends solely to his own business he has a good steady job.

A Message to Mothers

YOU know the real human doctors right around in your neighborhood; the doctors made of flesh and blood just like you; the doctors with souls and hearts; those men who are responding to your call in the dead of night as readily as in the broad daylight; they are ready to tell you the good that Fletcher's Castoria has done, is doing and will do, from their experience and their love for children.

Fletcher's Castoria is nothing new. We are not asking you to try an experiment. We just want to impress upon you the importance of buying Fletcher's.

Your physician will tell you this, as he knows there are a number of imitations on the market, and he is particularly interested in the welfare of your baby.

Genuine Castoria always bears the signature of Dr. J. C. Fletcher

Canada's Liberal Offer of Wheat Land to Settlers

is open to you—to every farmer or farmer's son who is anxious to establish for himself a happy home and prosperity. Canada's hearty invitation this year is more attractive than ever. Wheat is much higher but her fertile farm land just as cheap, and in the provinces of Manitoba, Saskatchewan and Alberta

160 Acre Homesteads Are Actually Free to Settlers and Other Land Sold at from \$15 to \$20 per Acre. The great demand for Canadian Wheat will keep up the price. Where a farmer can get near \$2 for wheat and raise 20 to 40 bushels to the acre he is bound to make money—that's what you'll expect in Western Canada. Wonderful yields also of Oats, Barley and Flax. Mixed Farming in Western Canada is fully as profitable an industry as grain raising.

The excellent grasses, full of nutrition, are the only food required either for beef or dairy purposes. Good schools, churches, markets, convenient and excellent. There is an unusual demand for farm labor. The money paying the most, also being volunteered for the war. Write for literature and prospectus at once. The best railway rates to St. Paul, Minneapolis, Duluth, Wis., or to

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With HEXINE VEGETABLE COMPOUND, acknowledged wherever used to be the very best remedy for Indigestion, Constipation and all Stomach and Bowel troubles. Samples made customers—they are our most effective advertising. Pure, wholesome Roots and Bark; sent in dry powder form for convenience in mailing. Just mix in a half pint of water and take according to directions. A letter or post card brings you a half pint sample by return mail. Hundreds of testimonials. Write today. THE HEXINE CO., Box 4, Camden, Maine.

Alert for the Future. "You've got a lot of weeds in your garden."

"Pretty fine weeds, too, don't you think?" rejoined Mr. Crossings.

"Surely you are not nursing them along?"

"Yes, sir, I've been finding out that so many new things are edible that I'm holding out to see whether science won't discover some way of frying the jumpson or stewing the burdock."

PREPAREDNESS. Prepare for next washday by taking home Red Cross Ball Blue. Ask any good grocer. Red Cross Ball Blue imparts a clear whiteness; makes you smile when you see the basket of beautiful, snowy white clothes. Red Cross, the blue that's true blue.—Adv.

A Wise Provision. The witty journalist was conversing with a friend about raising carp in ponds for food. The friend remarked that such a food supply would not be much in demand here, but that the Germans liked carp.

"Germans will eat anything," remarked the witty journalist, but immediately qualified his remark. "That is, when they can get anything to eat."

CUTICURA IS SO SOOTHING To Itching, Burning Skin—It Not Only Soothes, but Heals—Trial Free.

Treatment: Bathe the affected surface with Cuticura Soap and hot water, dry gently and apply Cuticura Ointment. Repeat morning and night. This method affords immediate relief, and points to speedy healing. They are ideal for every-day toilet uses. Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

Not What He Said. A recently commissioned second lieutenant was drilling his command in an Indianapolis street.

Something went wrong and the soldiers found themselves trying to march over a six-foot fence.

The lieutenant halted the company and said: "Men, why don't you do what I want you to do instead of what I tell you to do?"—Indianapolis News.

CURE THAT STOMACH TROUBLE. No matter how much you suffer or how long you have suffered—PEPS-AID will relieve you. Get some today. Sold by druggists in 25 cent, 50 cent, and dollar boxes. PEPS-AID Company, Goshen, Ind., U. S. A. Adv.

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"Haven't you a brother-in-law that you can try it on?"—Kansas City Star.

MURINE Granulated Eyelids. Sore Eyes, Eyes Inflamed by Dust and Wind, quickly relieved by Murine. Try it in your Eyes and in Baby's Eyes. No Stinging, Just Eye-Clearing.

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W. N. U., FORT WAYNE, NO. 35-1912.