

PARA DALTON'S

ALL ABOUT THE DOINGS OF YOUR SEX

NEWS FOR

FASHIONS, FADS AND FANCIES

WOMEN READERS

OF INTEREST TO WIFE OR DAUGHTER

Oh, Well, If You WILL Wear the Hobble Skirt, Here's How to Behave With Your Ankles Tied



A low chair is poison. Look around for a high one and sit on the edge.

In descending the stairs, hop down, because—

If you walk this way you'll tear the skirt. Sheath gowns are not in style.

And in going upstairs, walk sideways, as above, but—

If you do it this way, something'll happen.

Here's a Nice Letter From One Happy Spokane Wife

Dear Miss Grey: I am writing in answer to your request and have \$3800 in property, a little nest egg in the bank, an insurance policy which would well provide for myself and two children if he were to die and we live well each day. I don't claim he is the best man in the world nor that there are not more just as good, but, of course, to me he is best of all. There are a lot more just as good and would turn out as good if they were treated right instead of being looked upon as the "money-maker-the-mare-go" proposition. Yes, I can thankfully say that my ideals, my dreams, have been realized, and I believe I am not the only one. A Happy Wife.

---kill the chill

these cool mornings by using one of our odorless Gas Heaters. It only costs a few cents an hour to operate one of these heaters, and the result is comfortable rooms morning and evening.

Spokane Falls Gas Light Co.

LETTERS TO MY SON

Delicate, Whimsical, Spiritual Idyls of Motherhood—The Self-Interpretations of a Woman's Soul, Addressed to Her Unborn Man-Child, by a Woman Whose Name Is Withheld.

(Extracts from the book entitled "Letters to My Son," published and copyrighted, 1910, by Houghton-Mifflin Co., Boston, Mass.)

ON FATHERS AND MOTHERS

I want you once and for all to get it out of your dear little head that Oliver and I are Grownups with a capital G. and therefore incapable of understanding the joys and pleasures and pains that belong to you as a child and a boy. Oh, beloved, we aren't REALLY old, although Oliver rides a horse without a groom at his bridle, and I haven't worn pinafores for QUITE a time. But our hearts ride their ponies and tear their pinafores just the same as ever, believe that.

allowed to grasp it; later on, when you are able to understand what is being said to you, you will be told that the flame will burn and hurt you; but, later still, if nothing has convinced you and you still weep for it, you shall be allowed to touch it and find out for yourself. I myself have cried for the candle flame, and when the time came I burnt my fingers. Remembering that, will you come to either Oliver or me if you want to know anything? Whatever it is, however evil or dark or wrong it may seem to your understanding, it won't matter. And remember, too, little man, that Oliver was at school and at college just as you will be, and he was confronted with just the same problems that are confronting you, and assailed with just the same temptations that assail you.

"What are you doing up there? Come down." "I can't," I said. "I'm writing." "Who to?" "To a young man in whom I take a great deal of interest. I'm sorry I can't tell you more." "All right. I'll come up and see if it ought to go." He was filling his pipe very carefully and watching it as he did it. "Indeed, you'll stay where you are, and I'll come down when I'm ready." I blew him a kiss and came back to you. Oh, beloved, I think you WILL like him most awfully. Now, if you're in a tangle over anything to do with dogmas and dogies, I'm afraid it won't be much use going to Oliver for explanation, because the darling doesn't know anything about them. But if you want to know what it is to live finely, cleanly, courageously, watch him, my son, and see him do it.

When you are in swaddling clothes and cry for the candle flame, your little hands will not be allowed to grasp it; later on, when you are able to understand what is being said to you, you will be told that the flame will burn and hurt you; but, later still, if nothing has convinced you and you still weep for it, you shall be allowed to touch it and find out for yourself. I myself have cried for the candle flame, and when the time came I burnt my fingers. Remembering that, will you come to either Oliver or me if you want to know anything? Whatever it is, however evil or dark or wrong it may seem to your understanding, it won't matter. And remember, too, little man, that Oliver was at school and at college just as you will be, and he was confronted with just the same problems that are confronting you, and assailed with just the same temptations that assail you.

Society

Social news is a daily feature of The Press. Any one wishing to insert such news should send it addressed to the society editor, or phone before 10 a. m.

SURPRISED ON HER BIRTHDAY

A few of the most intimate friends of Mrs. J. A. Prudhomme gave her a pleasant surprise Saturday afternoon at her home, 1321 Northwest boulevard, the occasion being the celebration of her birthday anniversary.

ROYAL NEIGHBORS HOLD MEETING

Royal Neighbors, Spokane camp 1782, will meet tomorrow afternoon at 2 p. m. in upper Pacific halls. Visiting members are invited.

KENSINGTON CLUB MEETS

The first meeting of the season of the Kensington club after the summer vacation will be held Wednesday afternoon with Mrs. R. E. Bigham at her home, 2102 Sharp avenue.

SPOKANE GUESTS

E. J. Reeves, a conductor on the S. P. S. railroad, running out of Portland, Ore., is visiting with his wife and daughter, Miss Habel Helen Rena Reeves, at the home of Mr. and Mrs. C. E. Horton, 61314 Cochran street. Mr. Reeves, who is a brother of Mr. Horton, is on his way with his family from their old home at Livingston, Mont., to their new home at Portland.

MILLINERY CLASSES AT Y. W. C. A.

Beginning this week millinery classes will be formed at the Y. W. C. A. for Monday and Thursday mornings and afternoons. Classes will also be held Saturday afternoons for students and teachers. New members are constantly joining.

SEWING CLASSES AT Y. W. C. A.

Sewing classes, under the supervision of Miss Ruth Faible, are being formed at the Y. W. C. A. for Monday morning, afternoon and evening.

DANCING PARTY

The Ladies' auxiliary of the Ancient Order of Hibernians will give a dancing party this evening at the Elks' temple.

SPOKANE SOROSIS STUDIES HAWTHORNE

The Spokane Sorosis was entertained at the second meeting of the season this afternoon by Mrs. John D. Ellis at her home, 81022 Cedar street. "Hawthorne" was the subject of discussion today.

MRS. SMITH ENTERTAINS WOMAN'S BOOK CLUB

The Woman's Book club will spend the afternoon Wednesday as guests of Mrs. J. M. Smith at the Smith residence, 1907 Boone avenue. The next meeting will be held

SWEET POTATO TIME

Cynthia Grey Tells of Dishes Old and New—All Good.

Croquets.—To two cups hot rice add three tablespoons butter, one-half teaspoonful salt, dash of pepper and a beaten egg. Shape in croquets, egg and crumb and fry in deep fat.

Roasted.—Wash and pare potatoes that are of uniform size. One hour before the pork roast is done put them in the pan with the meat and baste every 10 minutes with the drippings.

Stuffed.—Bake six large, well shaped potatoes. Cut in two, lengthwise. Then scoop out contents and to them add a generous quantity of butter, pepper and salt to taste, and a little cream or milk. When beaten light and smooth, refill shells, heaping up roughly, brush with butter and brown in a hot oven.

Candied.—Take medium sized potatoes and boil till nearly done. Peel and cut the long way into one-half inch slices. Fill a baking dish with layers of slices thickly covered with brown sugar and bits of butter.

October 5 at the home of Mrs. George C. Schwartz, 2620 College avenue.

PROMINENT SOCIETY GIRL WEDS

A wedding simple but charming in every detail was that of Miss Ida Spear and A. L. Ruff, which was solemnized at high noon Saturday at the home of the bride's parents, Mr. and Mrs. John H. Spear on Ninth avenue. Rev. S. W. McFadden read the service in the presence of only the immediate families.

After a short honeymoon trip, Mr. and Mrs. Ruff will make their home at Portland, Ore.

RECEPTION TONIGHT

The joint reception tonight at the St. Paul Methodist church promises to be a big affair. It will be given in honor of Rev. and Mrs. E. M.

Pour over one-half cupful boiling water and cook in hot oven from 20 to 30 minutes.

Fried.—Boil sweet potatoes till they can be pierced with a fork, but not till tender. Remove skins, dust with sugar, roll in melted butter and brown in the oven.

Souffle.—Soak two cups sweet potatoes cut in thin slices in salted ice water an hour. Drain and fry in hot deep fat. Delicious.

Glazed.—Boil sweet potatoes 10 minutes, drain, peel and cut in slices. Put in buttered pan, cover with a mixture of one-half cup sugar, four tablespoons water and two tablespoons butter. Bake one-half hour.

Au Gratin.—Cut cold boiled sweet potatoes in one-third inch slices. Put layer in buttered bake dish, sprinkle with salt, pepper and brown sugar. Dot with bits of butter. Repeat until dish is full, cover with dry crumbs and bits of butter and bake until crumbs are brown.

Hill, who leave this week for Seattle, and Dr. and Mrs. Gibson of North Yakima, who will make their home here.

SEATTLE MATRON HONOR GUEST

To meet Mrs. Cecil H. Unton of Seattle, Mrs. George Wetzel asked in a few friends Friday afternoon at her home, W1103 Fifteenth avenue. Twenty guests were bidden.

FLAMES KILL FISH

LEWISTON, Idaho, Sept. 26.—The fish are dying by thousands in the mountain streams traversing the region of the recent forest fires, according to returning hunters and fishermen, and the banks in many places are heaped with the decomposing bodies of the victims of the elements, polluting the air and water for miles.

Women!

I Will Help You to Health, Good Figure Rested Nerves

By assisting nature in a scientific manner. It is to my thorough knowledge of anatomy, physiology and health principles that I attribute my marvelous success. I have helped hundreds of women. I can help you. I can make every vital organ and nerve do efficient work, thus clearing the complexion and correcting such ailments as

- Constipation Stomach Trouble Weak Nerves Rheumatism Sleeplessness Heart Disease Liver and Kidney Trouble

Consult

Dr. J. Edward Lydon Mechano-Therapist 310-311 Auditorium Building.

THE CRESCENT SPOKANE'S GREATEST STORE

A Sale of Silk Petticoats at \$3.95—From the Same Makers as the Regular Stock

ONE of the Crescent's famous silk petticoat sales opens tomorrow with about two hundred skirts to select from. They are from the makers who produce our regular stock and are made in that thoroughly first class way which characterizes our regular garments.

A variety of styles in new autumn colorings, and plenty of black. All lengths. They are made with deep, full, fluffy ruffles; some have silk finish under ruffle; others have silk under ruffle. Special.....\$3.95

Women's Colored Silk 25c Lisle Stockings, Special

HALF a dozen shades in good quality silk lisle stockings, with double soles and garter tops, will be on sale Tuesday and Wednesday at this price. All sizes in each color; pinks, blues, reseda green, burgundy red and a neat shade of gray and pure white. An exceptionally fine assortment at a very low special price.....25¢

Sleeveless Vests a Third Cheaper

SLEEVELESS summer vests, prettily trimmed with Val. lace and hand crocheted details in various colors, kinds and qualities, ranging in value all the way from 65c to \$6.00; specially priced.....42¢ to \$4.00

For Picture Framing—Over Three Hundred Mouldings Are Shown

THE picture framing section shows more than three hundred different styles of moulding from which you may select frames for your sheet pictures. These include the new Roman and burnished gilt, bronze, hammered brass, rosewood, walnut veneer, ebony polished oak finish, carbon brown oak and fancy mouldings in white, silver gray, green and brown. All work is done in a thoroughly first class manner that is sure to please even the most critical. Prices are extremely reasonable for the class of materials and workmanship.

B. Altman & Co.

5TH AVENUE, 34TH AND 35TH STREETS, NEW YORK

HAVE NOW READY THEIR CATALOGUE No. 102 FOR THE FALL AND WINTER SEASONS, A COPY OF WHICH WILL BE MAILED UPON REQUEST.

NOTICE—PREPAYMENT OF SHIPMENTS

ATTENTION IS DIRECTED TO THE NEW SHIPPING SERVICE, FOR THE ACCOMMODATION OF PATRONS, DETAILS OF WHICH ARE CONTAINED IN THIS CATALOGUE.