

# BRANSFORD LUMBER CO.

WHOLESALE and  
RETAIL LUMBER  
CUSTOM DRESSING

Office, Yard and Planing Mill,  
First St., Union City, Tenn.

Special attention given to the retail trade.  
Let us figure on your house bills.

## K. KIMBERLIN, Fire, Accident and Health Insurance

Phone—Office, 303; Residence, 92.

### Demands Upon Candidates.

Frankfort, Ky., Sept. 13.—The Temperance Committee of the Kentucky Conference of the Methodist Episcopal Church, of which Col. George W. Bain, of Lexington, is the chairman, to-day drafted its report on the temperance question and selected delegates to the coming meeting of the Anti-Saloon League of America and its representatives on the Kentucky Committee of that League. The report which will be considered and adopted by the conference tomorrow demands of men seeking public office, "An unqualified opposition to the licensed saloon," expresses approval of the position taken by Gov. Beckham and the officials of several cities for the enforcement of Sabbath observance laws. The report goes further than any such documents heretofore drafted and recommends the use of "unfermented wine" in the sacrament of the Lord's Supper and requests both preachers and laymen to abstain from the use of tobacco.

### MRS. BECKHAM

#### Fired On for Fast Automobiling.

Owensboro, Ky., Sept. 13.—Dan Ruxter, a farmer, has been indicted on the charge of having discharged a pistol at an automobile containing Mrs. J. C. W. Beckham, wife of the Governor of the State, and a party of friends.

Mrs. Beckham, an Owensboro girl, was here visiting friends. The farmers of this vicinity have been complaining of the speed of the machines on the highways, and when the motor containing Mrs. Beckham reached a bridge on a much traveled thoroughfare a man on horseback demanded that the chauffeur stop.

The horseman flourished a pistol "for the driver of the automobile to wait several minutes" while he denounced automobilists in bitter terms.

When the machine started he fired several shots, and Mrs. Beckham and the other women dropped to the bottom of the car.

The pay-as-you-go place—Dahnke's.

## BON AIR COAL

A few more weeks to  
get our SUMMER  
PRICES on COAL.

## UNION CITY ICE AND COAL CO.

DISTRIBUTORS OF COMFORT.

Telephone No. 150.

Cooldest Place in Union City  
10--Cooled by Ten Big Electric Fans--10

## Dahnke's Cafe

Makers of the BEST ICE CREAM and SHERBETS in the city. Orders given to us will get our personal attention. The place that can fill your wants for banquets, socials, etc.

Telephone 109. Union City, Tenn.



### To Bank or Not to Bank?

A question that should be answered in the affirmative every day in the week. We all know that money in the pocket or on the premises always finds wings; that even if it remains unused it's earning nothing. Also that it rarely encourages a habit of adding more to the pile. With these positive proofs against it, isn't the question properly answered?

Don't hesitate. Bring your money to the **COMMERCIAL BANK, of UNION CITY**, and do it TO-DAY.

Jno. T. Walker, Pres. D. N. Walker, Cashier.  
H. Dietzel, Vice-Prest.

### BENEFITS OF WALKING.

Digestion is Improved, Appetite Sharpened, and Circulation Accelerated.

Walking calls forth an amount of energy far beyond what is generally supposed, and therefore it ranks as one of the best forms of physical exercise. As a spell in the open air, amid ever-changing scenery, walking contrasts favorably with the exercises common to a stuffy gymnasium. Moreover, walking demands an effort on the part of the very organs which contribute more than all the rest to the enjoyment of life.

Now, as the actual benefits that walking effects, and the peculiar advantage to which the exercise gives rise. In the first place, the temperature of the body is sufficiently raised to cause a rapid interchange in the contractile tissues. This means that by these quickened changes the muscles are more abundantly supplied with nutriment from the blood, and their waste products by various channels more quickly dispersed.

Then with regard to respiration, this, of course, is accelerated, and breathing becomes much deeper. Consequently, a larger volume of oxygen is absorbed by the blood, and oxygen it will be remembered, is of far more importance than our daily food.

Next we look to the skin: the millions of pores being widely opened, the increased respiration carries out of the body a larger quantity of effete matter than would otherwise escape. Digestion also is so markedly improved by walking that the appetite is sharpened for a subsequent meal, and the food is taken with a keener relish.

Then, as everybody knows, the circulation of the blood is accelerated, so that every nook and corner of the body receives an extra quantity of nutriment. Lastly the organs of excretion are stimulated by walking, so that a larger quantity of refuse is eliminated by the natural channels. The few facts thus briefly enumerated should of themselves suffice to encourage the practice of walking. But more has yet to be claimed in favor of this admirable exercise.

In addition to what has already been stated respecting respiration, still further benefits accrue from the more perfect breathing or walking exercise.

The chest is separate from the abdomen by means of the diaphragm, which occupies much of the position of a ceiling and floor between an upper and lower chamber. Above the diaphragm are the lungs, which partially rest upon the structure, while immediately below it are the stomach, liver, and spleen. The diaphragm, being an elastic membrane, is pressed downward as the lungs are fully inflated with air. This downward movement brings pressure to bear on the organs below, hence they are constantly submitted to a species of massage.

Treatment of this nature is highly beneficial all around, but it is especially so with regard to the liver; consequently, we find that persons accustomed to regular walking exercises rarely need to complain of "a torpid liver." And then, beyond all this, the more complete inflation of the lungs due to walking occasions a more perfect supply of gaseous food. The actual gain of oxygen, and the increased inspiration of carbonic acid, are very nearly doubled by the exercise.—Pearson's weekly.

Nothing delivered on Sunday after 11 a. m. Dahnke.

### PIERCE BATTLE WITH SNAKE.

Horrible Experience Related By Marshall County, Ala., Man.

Huntsville, Ala., Sept. 22.—Being almost whipped to death by a coach whipsnake, is the experience claimed by J. A. Mordant, a well-known citizen of Marshall County. In a letter to his county paper, the Gunterville Democrat, Mr. Mordant tells of the incident. He says he had been calling on his pastor and when walking home through a cotton patch, he came upon a snake that measured thirteen feet in length. Seizing a rock, he threw it at the snake, and when the reptile showed fight he turned and ran, but the snake overtook him. The snake made two coils around the man's body and began to whip him. Mordant had nothing to defend himself with but a small knife and for a time he was doubtful whether he would be whipped or squeezed to death before he could inflict a fatal wound on the reptile. Almost exhausted, he sank to his knees and succeeded in cutting the snake's head from his body. He was exhausted by the experience, but, after recovering, he came upon the mate of the dead snake. This time there was not the battle because Mr. Mordant was the best sprinter.

### A Tiger Hunt.

"The operation of a daily minus telegraph news in a small town is a constant source of temptation to manufacture news," said Charles Henton, of Tronto, Canada. "I had the issue put up to me one night while sitting at the city editor's desk of a paper in Belleville, Ontario. The day previous a circus had been to town, and late this afternoon the tidings came that one of the tigers had broken out of its cage, and was roaming at large. There were no details, and the telephone was not in commission then. But the tiger was loose, and duty to the paper required that the absent information be supplied somehow. Our constituents had a contracted right to expect that of us. So I sent that tiger charging up the pike, attracting men, women and children and leaving behind a bloody trail. A posse of deputy sheriffs and crack shots was organized and the hunt was on. I didn't know exactly what a tiger ought to do, and I put this one through a course of stunts that would have surprised even his trainer. The rifle balls failed to penetrate his hide, and at one time he turned on his pursuers and devoured several who did not have time to get out of the way. Finally an old hermit, armed with a fiddle, mixed in the affair and began playing. The tiger's jaw relaxed; he crept nearer and nearer to the musician, who sawed away for dear life. Closer and closer the wild beast came, and then laid down at the feet of the hermit and went to sleep. The fiddler, fearing to stop, played on and on while a rider rode to town for a bottle of chloroform. It was a long journey, but he managed to get back with the drug just as the fiddler had about played himself out. The chloroform was deftly administered, and the sleeping beast secured to a tree with heavy log chains, where he was held as security until the circus people came across with the damages.

"It was pretty far-fetched, and I thought, as a matter of course, the people would laugh at it and let it go as a hard-up editor's pipe dream. The citizens of Belleville did treat it that way, but a copy of our paper got into Montreal and the editor asked for 2,000 words about 'the tiger hunt.' Before I had made up my mind what to do there were a dozen requisitions

### Who is Your Banker?

We want to remind you (1) that the First National is a national bank, and as such is under the special supervision of the United States Government; (2) that it is the only national bank in Obion County; (3) that it is the oldest bank in Obion County; (4) that it is the largest bank in Obion County; (5) that it has larger surplus and profit than any other bank in Obion County; (6) that it furnishes to its depositors the largest security of any bank in Obion County; (7) that it has \$213,000 in deposits; (8) that its total resources are more than \$340,000; and (9) that its liberality and fair and generous treatment of its patrons (and frequently to those not its patrons) is unsurpassable, extraordinary and worthy of more than a passing remark. Every statement herein made is not made in any vaunting or boastful spirit but because it is true to the letter and capable and susceptible of sworn to documentary proof offered by the First National through any of its officers. Think over these things soberly and candidly when you go to choose your banker and to select a secure place to deposit your money.

## The Up-to-Date Jewelry Store Moved

I have just gotten moved and straightened out and am now better prepared to give the public the best advantages they have ever had in the Jewelry line.

I have some special values in

Cut Glass  
Hand Painted China  
Silverware  
Ladies' Gold Handed Umbrellas  
Bracelets of all description  
Lockets  
Watch Fobs  
Watches

and in fact anything that is carried in an

## Up-to-Date Jewelry Store

A call will convince you that you can get real BARGAINS in any line that I carry.

All the latest music at 12½¢ and a piano to try them on.

## Wallace W. Moore

The Up-to-Date Jeweler

for the story from big papers of Canada. I consulted with a friend—a pushing business man—a pillar of the town.

"Give 'em what they're asking for, Charley," he said, patting me on the back, "It'll advertise the town."

"Thus absolved, I delivered the goods. When the night editors took that story off the wires they must have marveled at the paucity of the earlier details printed in the home paper. The tiger ran through houses, broke up a church meeting and climbed trees in advance of the pursuing cohorts. He took chances that no tiger in all history had ever taken before; he had to. When the time came to wind up the hunt I had the fiddler relieved by a country maiden, who came and sang while the rider sought the chloroform. Whatever qualms I had ever flinched on recalling the legend of Jonah and the whale. The papers didn't ask how or why—they just printed it. Then the country papers, when their innings came, began reprinting it—all but one, edited by a misanthrope over in the next county. He delicately pointed out that I had mentioned no names or places known in the community of the alleged race with the tiger; that

there were no trees in the neighborhood for tigers to climb, and that if there were they wouldn't climb 'em, and, finally, that instead of a tiger it was a baby monkey that escaped from the circus. The circus had been to that fellow's town next and I knew he knew. I felt pretty badly cut up till I turned the page and read on his patent inside my tiger story, word for word as I sent it in, with the addition of a six-decker head! In the sunlight of this confidence by those conservative gentlemen who compile the real thing in literature—the ready-prints—for country journals, the cynical editor's barb's fell harmlessly to earth.

"All this happened in my gossling days, and I've never taken in chances with such dreams in later years; there're too much competition.—Sel.

LOST—Between the residence of Judge Morris and E. P. Hawks, jet pin set in gold. Finder will please return and receive reward.  
Mrs. Judge Morris.

LOST—A walking cane in or near the city. The stick is imported wood made with a cross for hand hold, silver band under handle. The finder will be rewarded by delivering the same to me or John Bell at Union City, Tenn.  
W. A. SKINS.