Divorce in America. Society protects itself from epidemics of smallpox and cholera; it should adopt some safeguard against marriages that shall burden it with generation after generation of physical weaklings, moral degenerates and criminals. Experts tell us that onehalf of the insane now confined in asylums have hereditary tendencies to insanity. We cannot tolerate the Spartan law of exposing weakly children, but, says Judge E. R. Stevens in the Outlook, we ought to protect ourselves by preventing improper marriages and by putting an end to such improper marriages as become - a menace to society. The success of the Jews as a race is largely due to their regulation of marriage, Some of the higher class in Brazil, by self-imposed rule, require the proposed spouse to present the certificate of a physician that he is not afflicted with certain diseases, Recently a, women's congress at Paris voted to require such certificates as a protection to their daughters. In America we need more of the English idea that marriage is a life settlement, in which parents and guardians should play a larger part. If this idea prevailed, we should have fewer homes in which such scenes are enacted as those that have been rehearsed under oath upon the witness

#### Healthfulness of Fruit.

If people ate more fruit they would need less medicine and have better health. There is an old saying that fruit is golden in the morning and leaden at night. As a matter of fact, it may be gold at both times, but then it should be eaten on an empty stomach and not as a dessert when the appetite is satisfied and digestion is already sufficiently taxed. Fruit taken in the morning before the fast of the night has been broken is very refreshing, and it serves as a stimulus to the digestive organs, says New York Weekly. A ripe apple or an orange may be taken at this time with good effect. Fruit, to be really valuable as an article of diet, should be ripe, sound and in every way of good quality, and, if possible, it should be eaten raw. Instead of eating a plate of ham or eggs and bacon for breakfast, most people would do far better if they took some grapes, pears or apples-fresh fruit as long as it is to be had, and after that they can fall back on stewed prunes, figs, etc. If only fruit of some sort formed an important item in their breakfast, women would generally feel brighter and stronger, and would have far better complexions than is the rule at present.

### The Old Testament Idea.

The Old Testament idea was much more what may be called the commonsense idea, that strength is strength, that cunning is cunning, that worldly success is worldly success, and that Jehovah uses these things for his own ultimate purpose, just as he used natural forces or physical elements, says G. K. Chesterton in Putnam's. He uses the strength of a hero as he s that of a mammoth—without any particular respect for the mammoth. I cannot comprehend how it is that so many simple-minded skeptics have read such stories as the fraud of Jacob and supposed that the man who wrote it (whoever he was) did not know that Jacob was a sneak just as well as we do. The primeval human sense of honor does not change so much as that. But these simple-minded skeptics are, like the majority of modern skeptics, Christians.

A German girl who crossed the ocean to marry a man with whom she was acquainted only through corre spondence, was repudiated by him when she arrived in New York the other day because she did not look like the photograph she had sent him. What calamities would result if everybody was expected to live up to the pictures of himself, that the photographer has retouched until they really look attractive?

Now that the United States is sending great quantities of cornmeal to Europe a Paris paper warns its readers that danger may attend its use. "It is now acknowledged," it says, "that pellagra, a disease often mortal, rages particularly, and perhaps solely, in countries where the people use maize for food." A good deal of maise is used in Indiana, remarks the Indianapolis Star, but who ever heard of

### SIGHS FOR PAST SHOWS.

Mark Twain Regrets Vanished Joys of

Where now is Billy Rice? He was a joy to me, and so were the other stars of the nigger-show—Billy Birch, David Wambold, Backus—and a de-lightful dozen of their brethren—who made life a pleasure to me 40 years ago and later. Birch, Wambold and Backus are gone years ago; and with them departed to return no more forever, I suppose, the real nigger-show the genuine nigger-show, the extravagant nigger-show—the show which to me had no peer and whose peer has not yet arrived, in my experience. We have the grand opera; and I have witnessed, and greatly enjoyed, the first act of everything which Wagner created, but the effect on me has always been so powerful that one act was quite sufficient; whenever I have witnessed two acts I have gone away physically exhausted, and whenever I have ventured an entire opera the result has been the next thing to suicide. But if I could have the nigger-show back again, in its pristine purity and perfection, I should have but little further use for opera. It seems to me that to the elevated mind and the sensitive spirit the hand-organ and the nigger-show are a standard and a summit to whose rarefied altitude the other forms of musical art may not hope to reach.— Mark Twain, in North American Re-

#### INSURANCE INVESTMENTS.

How One Company's Assets Are Distributed in the South and West.

In connection with its withdrawal from Texas, along with many other companies, rather than to submit to the new law which requires that, 75% of the reserves on Texas policies shall be invested in securities of that state, which securities shall be deposited in the state and subjected to heavy taxation, in addition to the large tax now imposed on life insurance premiums, the Equitable Life Assurance Society has made public the distribution of its assets, at the end of the second year of the new management. The Equitable now has \$10,958,000 invested in Texas, which is twice as much as the new law requires, but the management decided that to submit to the additional taxation would be an injustice to its policyholders in other states, which impose no such penalty on the thrift of their citizens.

The Equitable's report shows that more than 37% of its total reserves are now invested in the southern and western states, while only 35% of its total insurance is carried in these states. Its investments are distributed as follows: Ala., \$3,099,000; Ariz., \$974,000; Ark., \$4,038,000; Cal., \$5,-142,000; Col., \$5,222,000; Fla., \$4,924,-000; Ga., \$4,048,000; Idaho, \$5,197,000; Ill., \$12,617,000; Ind. Ter., \$443,000; Ind., \$6,836,000; Iowa, \$3,690,000; Kansas, \$11,637,000; Ky., \$2,631,000; La., \$3,054,000; Md., \$2,207,000; Mich., \$6, 009,000; Minn., \$2,065,000; Miss., \$767, 000; Mo., \$8,197,000; Mont., \$1,890,000; Neb., \$7,526,000; Nev., \$640,000; New Mex., \$1,376,000; N. C., \$1,649,000; N. D., \$677,000; Ohio, \$11,634,000; Okla., \$1,006,000; Ore., \$1,158,000; S. C., \$975,000; S. D., \$1,305,000; Tenn., \$1,909,000; Utah, \$2,134,000; Va., \$6,592,000; Wash., \$1,202,000; W. Va., \$5,523, 000; Wis., \$2,342,000; Wyo., \$3,367,000.

### Targets for Anglers.

Not long ago several wood disks, one foot in diameter, painted white, and each provided with a line and a lead weight, were placed in the pool in Central park, this city, by the Anglers' club, for targets for fly and bait-casting. As a granitoid walk adjoins the eastern end of the pool, and the targets furthest from the casting platform are near this walk, thousands of park visitors worry the lives out of the policemen and park employes with questions relative to the purpose of the white disks. They have been asked if the strange things are early lilypads and-everything un der the sun an idle lounger can imagine. One of the patrolmen told me the other day that his naturally sweet temper had been ruined since the appearance of "them things." But the most curious questions of all was fired at me one day as I watched the anglers practicing.

"Are those tin cans used in fish breeding?" asked the visitor.

"What cans?" I queried, not grasp ing his meaning.

"Why, those tin cans in the lake?"
"Oh! No, those are targets."—For-

est and Stream.

Encroaching.

Magazine Editor—Seems to me our verse contributors are getting mighty particular.

Assistant-They are? Magazine Editor—Yes; here's one who insists on having his poem ran next to pure advertising matter.—

To watch the corn grow or the blos-soms set; to draw hard breath over ploughshare or spade; to read, to think, to love—these are the things to make men happy.—John Ruskin.

# Nomen Who Have of the land of

Of All the Charming and Stately Mistresses of the White House, Mrs. Grover Gleveland Is the Only One Now Living.

The passing of Mrs. William Mo-Kinley appreciably depleted the list of surviving White House ladies, to the point that they have become almost as few as living expresidents—and of this latter there is only one. While Mrs. McKinley, by reason of the continuing illness which had for many vears beset her, could scarcely be social life at the executive mansion, her influence on the American nation through the thoroughly sympathetic relations she enjoyed with her hus-band, was not slight.

There have, in the course of our comparatively very brief history, been gay White Houses and quiet White Houses. To the latter class belong the administrations of William Mo-



Martha Washington.

Kinley and Theodore Roosevelt and of some earlier executives. Of the formet, Dolly Madison is generally looked upon as the most notable ex-ample, with the period of Grover Cleveland's occupancy of the throne as a close second by reason of the great public interest which attended his marriage with Miss Frances Folsom.

### The Roosevelt Regime.

Certainly, of recent years, the Cleveland regime must stand out as the most socially important, in any consideration of the activities of the ladies of the White House. Mrs. Mc-Kinley, practically an invalid, had not the strength necessary to the prosecution of a vigorous social campaign. Mrs. Roosevelt has not the inclination She has been ever a retiring woman, content with her family and her home life, caving nothing at all for the pomp and circumstance that go with high

Whatever galety of the sort Washington expects from the executive family has been, in the main, due to Mrs. Nicholas Longworth, formerly Alice Roosevelt. That young woman enjoyed a national popularity which few ladles of the White House have ever exceeded.

# An Everyday Heroine.

Lucretia Rudolph arfield was essentially a homebody. She had been a school teacher in Ohio before she and James A. Garfield were married. She took no highfalutin notions to Washington, when she went there as the first lady in the land. She was a farmer's daughter, and her ways were plain. The Hon. A. M. Pratt, of Bayou, O., telling of the lives and loves of the Garfields some years ago, said:

"Mrs. Garfield sought and taught scholars in painting and drawing in my, then very insignificant, village. She did not get very large classes and lived in my house, the guest and friend of my then wife. The future and president was frequently entertained at my table; he a young, strong, great-hearted, large-headed youth, but two years from college, hopeful, full of life and push; she graceful, sweet, amiable, retiring, with a disposition as lovely as a star-lif sky-both peor. Their fortune was their youth, health, hearts, intellects, hope and, glad am L to say, love.

Mrs. Garfield before her elevation, was very often compelled to do much of her own bousework. Ten years be-fare she went into the White House she wrote her husband, from their farm home, a letter which shows the lines of her character, and which, in part, is us follows:

part, is we follows:
"I am glad to tell that out of all the
toll and disappointments of the summer just ended I have risen up to a
victory; that stience of thought since
you have been away has won for my
spirit a triumpa. I read something

not consider it a picasant occupation and make it so by trying to see what perfect bread I can make?"
"It seemed like an inspiration, and

the whole of life grew brighter. The yery sunshine seemed flowing down through my spirit into the white loaves, and now I believe my table is furnished with better thead than ever furnished with better thead than ever before; and this truth, old as orgation, seems just now to have become wholly mine-that I need not be the shrinkmine—that I need not be the shrink-ing slave of toil, but its regal mis-tress, making ventever I do yield me fit best fruit. Toil have been a manife your world to one that may be laugh at me for having lived so long without my crown, but hem too glad to have found it at all to be entirely

discontented, even by your merri-

Mary Todd Lincoln, wife of death by assassination, held from early youth the ambition to marry a man who should full the nation. She picked out as her choice Abraham Lincoln, and this at a time when her selection seemed to have little of recommendation in it. She refused the offer of marriage of Stephen A. Douglas, and wedded the man she was sure was to go to Wash ington as the chief of America. realized her ambition and went to the capital, holding her first reception



Dolly Madison.

March 9, 1861. This is how an old-timer recalls that occasion:

"Mrs. Lincoln stood a few p from her husband, assisted by sisters, Mrs. Edwards and Mrs. Baker, together with two of her nieces and was attired in a rich pink moire antique, pearl ornaments and flowers in her hair and hands. She is a pleasant looking, elegantly appearing lady of perhaps 40, somewhat inclined

and self-possessed."

It was the proudest day of Mrs. Lincoln's life, Laura C. Holloway, in speaking of the influence of Mrs. Lincoin of official America, is inclined to the belief that much of unfortunate effect was due to Mrs. Lincoln's lack of tact.

# Plucky Dolly Madison

Of a happier tone was the White House experience of Dorothy Payne Madican, wife of the president of that name. Her family came from Virginia, and she, herself, despite the fact of her North Carolina Birth, alfact of her North Carolina birth, al-ways took pride in referring to her-self as a daughter of the Old Do-minion. When her family removed to Philadelphia and joined the Quaker sect. Mistress Dorntay was brought up in that severe doctrine. She mar-ried, very young, John Todd, a Phila-delphia lawyer, and was a widow at 22. Her second marriage to the then Congressman Madison—took place less than a year after the docto place less than a year after the death of Mr. Todd,

Mrs. Madison's disposition was of the sunniest. She proved an invaluable ally when her husband was elected president and moved to Washington. At that early day of our history, Washington was little less than a wilderness. Steamboats were just coming in, railroads were unknown. Five hundred mile trips on horse-back were frequently taken, even by women. The times were rough. Mrs. Madison, however, with the softening influences which were here from hirth, made of the president's home Mrs. Madison's disposition was of

sunshine and American odiciats in danger of sudden death. Just how the volatile ledy bore herself under these changes conditions is wall shown are letter the wrote to has sister at Mount Vernon:

"Tuesday, August 23, 1814.

"Dear Bister—My husband left meyesterday morning to join Gen. Winder. He Inquired anxiously whether I had courage or firmness.

yesterday morning to join Gen.
Winder. He inquired anxiously whether I had courage or firmness to remain in the president's house until his return on the morrow or succeeding day, and on my assurance that I had no fear but for him, and the success of our army, he left me, beseeching no to take care of myself, and of the cabiset papers, public and private. I have since received two dispatches from him, written with pendil; the last is alarmina, because he desires that I should be ready at a moment's warning to onter my carriage and leave the city; that the enemy seemed stronger than had been reported, and that it might happen they would reach the city, with intention to destroy it.

"I am beguningly ready: I have present as many colors papers into trunks as to fill one carriage; our private property must be sacrificed, as it is impossible to secure wagons for its transportation. I am determined the comment of the secure wagons for its transportation. I am determined the comment of the comment of the comment of the carriage; our private property must be sacrificed.

for its transportation. I am deterfor its transportation. I am determined not to go myself until I see Mr. Madrion sale had he can secondary me as I hear of much hostility, towards him. Disaffection stalks invusing the My friends and adjustationes are all gone, even Col. C., with his hundred men, who were stationed as a guard in this inclosure. French John (A faithful domestic) with his John (a faithful domestic) with his nonn (a faithful domestic) with his usual activity and resolution, offers to spike the cannon at the gate and lay a train of powder which would blow up the British should they enter the house. To the last proposition I positively object, without being able, however, to make him understand why all advantages in war may not be taken.

Rachel Jackson's Sad History. A very spd history was that Rachel, wife of Preside Jackson. Early in life she had con-tracted a marriage which had resulted unfortunately, and, on a divorce being granted—or, as was thought at the time, granted—she married An-drew Isokson. The repetition of the report that this marriage took place before a divorce had positively separated the woman from her first husband, Robards, so worked upon Mrs. Jackson as to aggravate a heart affec-tion which had given her much

The fact that a second ceremony positively united Jackson and the daughter of Col. John Don gnored in the gossip attendant upon the lives of the parties, and in the campaign for the presidency made by



Jackson, his enemies Jackson, his enemies made micepital of the situation. Just as a was preparing to leave for Washi ton to rule as mistress of the excitive massion, Mrs. Jackson overhees gathering of women in a room joining here in a hotel discussing the foundation and malice that with a freedom and malice that resulted in her complete prostration and subsequent death.

Other Ladies of the White Hos Other Ladies of the White House.
Other women who have graced the White House have, each, their places in history. Martha Washington, Lucy Webb Hayes, Julia Dent Grant, Martha Patterson, who sided her father, President Johnson; Mrs. Andrew Johnson, Harriet Lane, the beloved niece of President Buchanan, Abigail Fillmore, Mrs. James K. Polk, Letitia Christian Tyler, Angelica Van Buren, Mrs. Martin Van Buren, Louisa Catherine Adams and Martha Jefferson.

orine Adams and Martha Jofferson.

Their impression on their country's future has been scarcely less defined than was the mark made by the distinguished men whose sames they bore. For the accial influence is every bit as important as the political influence, and its victories, though moments, just as pronounced.