

# The "Know How" of Cookery 

is the result of long experience and study. For years, expert cooks have been converting the inner meats of choice Indian Corn into delicious, golden-brown crisps-Post Tonsties.

A constant endeavor to make Toasties better has prodiced the

## NEW <br> Post Toasties

which have a new flavour and form-a true corn flavour and tender crispness unknown to "corn-flakes" of the past.

The new process raises tiny pearl-like "puff" on each flake-a distinguishing feature; also imparts substantial form-the new Toasties don't mush down when cream or milk is added.

They come factory-fresh in wax-sealed packages-as crisp and appetizing as when they leave the ovens-and that's mighty good!

New Post Toasties
Your grocer has them now.


## Mackinaw and Sweater Weather Coming!

I The weather man says warm weather will have short shift-soon the cold winds will be finding the weak points in your clothing.
I. Get next to a good sweater coat or mackinaw, and you can laugh at the most severe cold.

II We have a splendid line of both garments that you ought to see.

Moore \& Owens,

Barre's Leading Clothiers 122 North Main Street<br>Barre, Vt.



