

CALUMET BAKING POWDER

The wonder of baking powders—Calumet. Wonderful in its raising powers—its uniformity, its never failing results, its purity.

Wonderful in its economy. It costs less than the high-price trust brands, but it is worth as much. It costs a trifle more than the cheap and big kinds—it is worth more. But proves its real economy in the baking.

Use CALUMET—the Modern Baking Powder.

At all Grocers.

Received Highest Award World's Pure Food Exposition

HOME MAKING EDUCATION

(An address by Miss Bertha Miller of James Millikin university to the students attending the Illinois Farmers' Institute short course in agriculture, at the Eastern Illinois state normal school, Charleston, Ill.)

In discussion of this subject, two questions will be asked and an attempt will be made to answer each. The first question is, "Does the girl need to be trained for the profession of home-making?" The second question is, "If the girl needs this training, can she get it at home from her mother?"

In taking up the first question, we will all agree that home-making is a profession on an equal with medicine, with the law, with the ministry and with teaching. Yet we demand of our teachers, of our ministers, of our lawyers, and of our physicians, a broad education for a foundation and then a special training in addition. Must we demand this of women in the home? It has been believed that women possess an instinct for home-making, which suffices to make her a success-

the chemistry of the body, as digestion is nothing but a series of chemical changes. This chemistry of foods naturally leads up to the second science, that of dietetics, which is properly nourishing the human body at different ages under varying conditions. For example, food fit for the normal adult is not suitable for the growing child.

Bacteriology Important.

The third science is that of bacteriology. There is no class of workers who should be so conversant with the life history of micro-organisms as the woman in the home. She must fight the ones that cause disease, and she must know how to use to advantage the helpful ones, such as yeast in bread, the bacteria in butter, and in the making of vinegar. Two subjects which are based on the study of bacteria are hygiene and sanitation. It is certainly the business of the home-maker to see that the members of her family have healthy bodies and live in a healthful environment.

Another science is that of house building, because the house is the working place of the woman, therefore she should know the best arrangement of rooms, the most sanitary method of the disposal of wastes, and the most healthful ways of ventilation.

Saving Labor and Funds.

Another great branch of knowledge that the home-maker should possess is that of economics. The economics of past centuries has treated of production alone. But when man produces the money, that is, when he earns the money, it is the business of the woman to spend it. It must be confessed that men are generally more business-like in earning than the woman is in spending. In the present day of the high cost of living, should not the spender of the money of the home know of the value of money, of the value of the article she is going to buy, and of the amount of money she has to spend?

From a study of the family accounts of a great number of people, there have been certain laws deduced, which should serve as a guide to the spender of money in the home. In addition to being the spender of money, she is the buyer of the world. Ninety-five per cent of the articles produced in the world are bought by women, and yet there exists on the market today the adulterated food and clothing and sweatshop work. Is not the buyer responsible for these conditions? Could she not through her demand influence the supply? Would it not be possible for her to secure pure, clean food and clothing labeled correctly and made under sanitary conditions?

In a third way, the woman has economic importance as the administrator of the business of the home. Her time and energy should be worth as much as that of man. Yet so many women so extravagant of time and energy. As a result, the kitchens are poorly equipped, labor-saving appliances are seldom secured, and different processes in the home are continued much the same as they were 20 to 50 years ago. Home-makers should not degenerate into household drudges through their misuse of time and energy.

Sociology an Important Factor.

The third great branch of knowledge in home making is sociology. The home can not stand alone. It is tied up to the community in a great many ways. The ideals, the standards of a community, are determined by the ideals and standards of the individual homes in the community. The ideals of a nation are determined by the ideals of the individuals composing that nation. The standards of right living must necessarily be determined first of all by the home, and second, by the other institutions, such as school and church. We have read much of the decentralization of the home in the large cities. Yet it is going on all around us in smaller communities. If through the fault of members of the family, the home has lost its attraction, and is no longer the best place to the children, then this home is going to pieces. If the home represents to the children nothing but a place in which to eat and sleep, the lives and standards of those children are being influenced from the outside rather than from the inside. The true home-maker must thoroughly understand the forces which are tending to pull her home apart, and she must meet those forces intelligently.

Art in Home.

In the fourth place, there must be art in the home. We call the man who paints a picture, an artist. Now we recognize that a woman can express her artistic ability through the furnishing of her home, and can be just as truly artistic in doing so, as in the painting of a picture. She has, however, more elements with which to work; for instance, the location of the rooms, their size and shape, the color of walls and woodwork, and the design and color of furnishings. With all of these different elements, she can make her home beautiful or ugly, if she but recognize the fact that harmony of color and simplicity of design are two of the principles that are necessary. She need not spend a large sum of money to make her home beautiful. Many costly homes are extremely inartistic while many homes furnished with but a small sum have been made beautiful by the thought and love of the mother. There is also art in personal decorations, and a woman should not be a creature, a thing of fads, but a woman using the color and style of the times to suit her own personality. She must not fit herself to the fads of the time, but adopt the prevailing style to fit her. Art in the home would add greatly to the pleasure and culture of the human race.

Mother's Training Inadequate.

Must then the woman be trained for home-making? If you agree that she must receive this training, where can she get it? Will it be possible for the girl to receive it from her mother in the home, or must the work

of the mother be supplemented by additional training? Let the mother be as thorough in her training as she possibly can, the girl will need something more, because the future home of the girl will not be the present home of the mother. All institutions advance or recede. They cannot stand still, and if the homes are to develop and grow as they ought, then our kitchens will change with the needs of the times. The equipment and furnishings of the home will vary. The girl that is taught to perform certain processes in the kitchen in a certain way because her mother and grandmother did it that way without being told why, will not be a practical and up to date home maker. The process may be good in itself, but in this advanced age, the progressive woman is demanding the reason why, and the girl in order to be a true home maker, a broad and developed woman, must know the underlying principles of homemaking from the scientific, economic, sociological and aesthetic points of view.

Is it possible for the mother of today to give this knowledge to the child? We can readily see that this question must be answered in the negative. When the mother was receiving her training in her mother's home, the knowledge of the reason why was not available. It has only been within the past 20 years that a science of homemaking has been formulated. It did not make any difference how eagerly she wanted to know why, there was no one who could tell her why. But in this age we have schools, colleges, universities, books and magazines, all treating of this subject of homemaking, the science of right living.

I would not detract from the work of the mother in the home, in training her daughters for this profession. Handicapped as the women have been by this lack of knowledge, they have been wonderfully successful home-makers. However, now, that this knowledge is available the homes are going to advance rapidly, and it is the right of every girl to be justly prepared for the profession in which the majority of women will always be engaged.

True Worth of Home-Making.

Then let us supplement the training of the mother by the training of the school and see that a study of the household arts is introduced into the curriculum of all schools where girls are educated. In addition to the knowledge the girl will receive in school by such training, there is one more important thing she will gain, and that is an appreciation of the dignity and true worth of home making. By our very recognition that it is a subject worthy of study, will we place homemaking where it belongs! Also by the introduction of any kind of manual work in the school, the girl will gain a better control of muscles and an opportunity to apply her knowledge of mathematics, English, economics, science, art and sociology to the problems of practical life.

Once more the question will be asked, "Does the girl need to be trained for the profession of home-making?" And secondly, "Can she get this training entirely in the home?"

Stockholders' Meeting.

The annual meeting of the stockholders of the Central Trust & Savings bank of Rock Island, Ill., will be held at their banking house Monday, Dec. 5, 1910, at 3:30 o'clock p. m., for the election of directors and the transaction of such other business as may properly come before them.

H. B. SIMMON, Cashier.
H. E. Casteel, President.

Your Promise to Pay Buys the Best Clothing



Many "Easy Payment Plans" are offered by clothing houses with the sole idea of attracting trade. We do not offer Credit with this idea in view—we depend upon the quality and price of our clothing backed by our reputation to accomplish this.

The fact that you can get Credit here is not enough to convince you of the merits of the Clothing.

We Want You to See the Clothing

We want you to examine it and finally we want you to wear it, that's the surest way for you to be convinced of our claim to be the only reliable credit clothing house who positively guarantee every purchase and if you find any fault whatever with any suit or overcoat we sell you bring it back.

- Suits—Scotch Cheviots in fancy stripes . . . \$12.50 up
- Suits—All-Wool Worsteds and Cheviots . . . \$15.00 "
- Rain Coats—Plain or Presto Collars . . . \$15.00 "
- Overcoats—Middle weight, grays, browns, etc. . . \$15.00 "

Clothes made to look well for the moment and betray their worthlessness soon after wearing are best let alone. A certain standard of merit is required of every piece of material before it is made up into our suits that we offer you.

Come In and See Our Snappy Clothes

Fresh fabrics, pleasing lines, natural shoulders—all the result of painstaking selection of materials and thorough tailoring.



The Peoples Store
319-321 20th St. Rock Island
Open Wednesday and Saturday evenings

What to Eat For BREAKFAST

With the approach of cold weather the system demands a substantial food to supply it with warmth to combat the chilly blasts of winter.

- For breakfast try a plate of hot pancakes or a dish of one of cereals well cooked.
 - Buckwheat flour, pure New York buckwheat in 10 pound sack . . . 40c
 - I. X. L. brand self raising pancake flour, contains wheat, corn and rice flour, a six pound sack . . . 25c
 - Virginia sweet self raising pancake flour, package . . . 10c
 - O. P. T. self raising pancake flour, package . . . 10c
 - Roiled oats, new, clean, white oats, free from hulls, in bulk seven pounds for . . . 25c
 - E. C. and Quaker Oats, package . . . 10c
 - Pettijohn's Breakfast Food, made of wheat, each grain rolled into a flake, package . . . 13c
 - Cream of Wheat, package 15c
 - Vitos, made of wheat, package . . . 15c
 - Cornmeal, made of selected home grown corn, ground fine in 10 pound sacks . . . 23c
 - Quaker cornmeal package . . . 10c
- We have in today a lot of extra fancy dairy butter. Just phone us your orders.

F. R. KUSCHMANN, GROCER.
2207 Fourth Ave. Both Phones.

Saturday Will Be Bargain Day at BRADY'S Grocery

- 700 Third West Street. Old phone West 443; new 5978
- 20 lbs. of best granulated sugar for . . . \$1.00
 - Jersey Cream flour in towel sacks, guaranteed, or money refunded . . . \$1.49
 - Fresh dairy butter, per pound . . . 30c
 - New Jersey sweet potatoes, per peck or eating . . . 25c
 - Good cooking or eating apples, per peck . . . 35c
 - Navel oranges, per dozen . . . 25c
 - 4 stalks of fine celery . . . 10c
 - 8 bars of Lenox soap . . . 25c
 - 5 lbs. of navy beans . . . 25c
 - Bulk oatmeal, 7 lbs. for . . . 25c
 - Bulk starch, 7 lbs. for . . . 25c
 - 3 packages of toasted corn flakes for . . . 25c
 - Best butterine, per lb. 17 1/2c
 - 3 lbs. of popcorn for . . . 10c
 - Eggs, per dozen . . . 27 1/2c
 - Fresh mackerel, 2 for . . . 15c
 - Gingersnaps and oyster or soda crackers, 2 pounds for . . . 15c
 - Corn, peas or tomatoes, 2 cans for . . . 15c
 - Try our Quinby coffee per pound . . . 22 1/2c
- Phone your order early. Prompt delivery to any part of the city.

Nearly 50 Per Cent. Better

P. AND G.—The White Naphtha Soap is nearly 50 per cent. better than any other naphtha soap.

That is a pretty big statement; but it is true. If you analyzed a cake of P. AND G. and a cake of any other naphtha soap, you would know that it is true.

P. AND G. is better than any other naphtha soap for these reasons:

Because it is made of better materials than any other naphtha soap, its cleansing power is greater.

Because it is harder than any other naphtha soap, it will last longer.



5c a cake —and worth it

GROWTH OF THIS COUNTY STEADY

Rock Island Has Made Good Healthy Increase Every Decade Since 1840.

1850	6,328	4,328
1860	21,005	14,067
1870	29,783	6,778
1880	38,314	8,531
1890	41,917	3,134
1900	55,249	13,332
1910	70,494	15,155

That the gain during the next decade will be greater than during the last decade goes without saying. There are many sources of increase in population and among them is the growth in manufacturing industries. During the last 10 years 62 out of the total of 192 counties in the state, showed a reduction. The rural counties were hit hardest, but even some of those which have good sized cities were also hit hard. But, in every instance, where there has been a manufacturing development the growth has been large.

Licensed to Wed.
Thomas G. Nixon . . . London, Canada
Miss Anna L. Stevenson . . . Rockwell, Ia.
Clyde Bronson . . . Cuba, Ill.
Miss Daisy Bartlett . . . Cuba, Ill.
Henry Tomlinson . . . Cahle, Miss.
Miss Florence Stone . . . Sherrard

If you are suffering from biliousness, constipation, indigestion, chronic headache, invest one cent in a postal card, send to Chamberlain Medicine Co., Des Moines, Iowa, with your name and address plainly on the back, and they will forward you a free sample of Chamberlain's stomach and liver tablets. Sold by all druggists.

Quick Action Necessary

If you want to take advantage of this sale you'll have to hurry, we have priced everything so low that the entire stock is found to be closed out in short order, nothing is reserved. All fixtures for sale.

\$20,000 Worth of Men's, Women's and Children's Clothing at One-Half Price and Less

Remember this building is coming down, and we are forced to get out, we must sell at all hazards; no matter how great the loss, every dollar's worth of goods bought for this season's selling.

- Ladies' \$20 Suits and Coats in all colors, cut to . . . \$9.97
- Children's \$2.50 Bear Skin Coats, reduced to . . . \$1.69
- Men's Suits and Overcoats, bought to sell for \$20, now . . . \$9.97
- Men's Handsome 60c Neckwear in all new shades . . . 25c
- Ladies' \$10 Suits and Coats in all colors, now cut to . . . \$5.98
- Ladies' \$5 Dress Skirts, very newest winter styles, cut to . . . \$2.98
- Ladies' 75c and \$1 Tailored Waists, to close out quick at . . . 25c
- Ladies' \$5 Silk Waists in black and colors, newest styles, now . . . \$2.98
- Ladies' regular \$1.00 long Kimonos, made of Flannel Plush, at . . . 79c
- Ladies' regular 69c Flannelette fitted Dressing Sacques . . . 39c
- Ladies' \$3.00oney Fur Scarfs, now marked down to . . . \$1.98
- Ladies' \$10 Set of Furs, pillow muf and perline scarf, at . . . \$5.98
- Ladies' fine Dress Hats, worth up to \$7.00, your choice now at . . . \$1.49
- Ladies' fine Petticoats in Satcen or Flannelette, \$1.00 values at . . . 49c
- Ladies' heavy fleeced ribbed Vests and Drawers, in all sizes, at . . . 24c
- Ladies' extra fine 75c Union Suits, one big lot to go at . . . 39c
- Girls' fine Tailored Dresses, worth \$1.50, are now selling at . . . 98c
- Misses' \$10 Tailored Suits, ages 11 to 15, going now at . . . \$2.98
- Children's Bear Skin Hoods, 39c values, special now at . . . 24c
- Men's regular \$15 Suits and fine O'Coats now marked at . . . \$7.98
- Men's \$10 heavy Winter Suits and O'Coats, all going now at . . . \$5.00
- Men's good serviceable \$7 Suits marked to close out at . . . \$3.97
- Men's regular \$2 Shoes, blucher style, going now at . . . \$1.39
- Men's very fine \$3 Sunday Pants, in all wool materials . . . \$1.98
- Men's newest style 1910 Hats, worth up to \$2.00, all going at . . . 98c
- Men's heavy 75c silver fleeced Underwear, now cut to . . . 39c
- Men's fine 25c grade Wool Socks, now offered 2 pair for . . . 25c
- Men's fine \$3 grade Wool Sweater Coats in all sizes, cut to . . . 98c
- Heavy blue Chambray Work Shirts, with collars, reduced to . . . 35c
- Men's fancy 75c Dress Shirts, plain or pleated bosoms, now at . . . 49c
- Boys' heavy \$3 Winter Suits and Overcoats, all sizes, and only . . . \$1.98
- Boys' regular 75c silver fleeced Union Suits of fine quality . . . 49c
- Boys' \$1.00 Wool Knicker Pants, in a variety of patterns, at . . . 49c
- Boys' Sweater Coats, heavy 50c kind, now cut down to . . . 25c
- Boys' blue flannel blouse Waists, in all sizes, now at . . . 25c

207-209 West Second Street



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