

## HINT FOR THE COOK

### PROPER PREPARATION OF WINTER VEGETABLES.

Judicious Selection of Days on Which to Serve Them Makes for Economy and Also Reduces Labor.

If the dinner preparations and other household duties are properly organized or planned the common winter vegetables can be cooked as inexpensively as canned goods and are far more palatable. But when vegetables require long cooking they should be served on a day when boiled or stewed meats, puddings and other slow dishes are to be served, making one fire do for all. Here are some good recipes for winter vegetables:

**Fresh Carrots and Canned Peas.**—Select eight carrots of uniform small size, scrape, pare and wash. Slice them about a quarter of an inch thick. Lay them in a saucepan with two sprays of parsley, two small onions, half teaspoon of salt, two saltspoons of white pepper, a teaspoon of sugar, half pint of hot water, or, better still, of white broth, with teaspoonful of butter. Simmer for five minutes, then set the pan in a moderate oven for over 25 minutes. Remove from the fire and take out carefully the onions and the parsley. Add a cup of canned peas, from which the juice has been poured and which have been heated in a teaspoon of butter. Set back on the stove, stir gently for a minute, pour into a hot vegetable dish and sprinkle lightly with chopped parsley.

**Fried Parsnips.**—Boil six medium-sized parsnips at any time when you are using the fire for other purposes. While still warm peel carefully and lay them aside to cool. When ready to cook the second time cut them in slices, either across or lengthwise, about a third of an inch thick. Pour over them a little lemon juice and half teaspoon of salt, a little pepper, and, if you like the flavor, a teaspoon of olive oil. Let them stand thus for half an hour. There are two ways of frying them. You can brown them in butter or you can dip them in a batter made of flour, eggs and milk and then drop them in boiling lard as you would fritters. The use of the lemon juice prevents that flavor to which some families object.

**White Beans Francaise.**—Soak one pint of small white beans over night. Two hours before dinner drain them and put them over a fire in two quarts of cold water. For seasoning add a tablespoonful of salt, a teaspoon of white pepper, two small onions cut in half, three small branches of parsley and a sprig of bayleaf tied together. Add half a pound of salt pork which has been washed, cover the pan tightly and cook slowly for two hours. Now, in another saucepan melt two tablespoonfuls of butter, add one medium onion, chopped, and three tablespoonfuls of flour. While cooking stir for five minutes. Then pour off the gravy from the beans and add it to the mixture in the second saucepan. Stir and boil two minutes. Remove from the beans the salt pork, herbs and onion halves, adding the beans alone to the sauce. Bring to a boil and serve. This is a popular dish with French penants.

**Stuffed Cabbage.**—Cleanse, soak and boil a large, firm head of cabbage until tender, then scrape out the inside, leaving enough for a solid wall. With the scrapings mix a cup of fine bread crumbs, a little salt, pepper and celery seed and one small onion (if liked) chopped fine. Beat this up with a tablespoon of warmed butter and three eggs. Fill the cabbage with this stuffing, tie around it a strip of cloth and bake until brown.

**For "Unpremeditated" Suppers.**—Chop five ounces of soft cheese into small bits and put it into a small saucepan with one egg, a level tablespoonful of butter, half a teaspoonful of salt, a pinch of cayenne, a level teaspoonful of mustard and five tablespoonfuls of milk. Cook over boiling water until the cheese is soft and creamy, then set where it will keep hot without cooking for a few minutes. Toast five slices of bread and keep hot. Poach two eggs for each slice. Spread the cheese mixture quickly over each slice of toast and place over this two eggs on each piece. Have a little butter, salt, pepper and mustard rubbed together, put a tiny bit on each egg and serve at once.

**A Luncheon Dish.**—Chop a quarter of a pound of good rich cheese into small bits and rub it smooth with two tablespoonfuls of butter, the slightly beaten yolks of two eggs and a tablespoonful of made mustard. Add salt and cayenne to season. Spread the mixture over half a dozen slices of hot buttered toast, and set in a hot oven for a few minutes. Serve at once.

**Pumpkin Cakes.**—Rub two cupfuls of boiled pumpkin through a colander and add to it three well-beaten eggs, one tablespoonful of melted butter, two tablespoonfuls of cream, a grating of nutmeg and salt to taste. Mix all well together and stir in just enough flour to hold the ingredients together, about two tablespoonfuls. Drop in spoonfuls on a hot griddle, and serve very hot.

**A Frosting Secret.**—This is an easy and dainty way to make frosting for cake: Purchase a quarter of a pound of large chocolate creams at the confectioner's. Put them in a double boiler and, as they melt, add hot milk, a tablespoonful at a time, until the mixture is of the right consistency to spread.—Delineator.

## An Immense Parade.

A distinguishing feature of the Sells-Floto Shows is the monster free open den street caravan. Who does not like to see the circus parade? Who would not view the gaily colored cages come along when Madame Valicito is seen spanking the nose of a large lion with a little whip while cheers greet the act? The "Rube" clown who gets arrested for blocking traffic on the streets, with his mule cart, was once a great feature. He is well known now, but the inventive minds of circus men will have another novelty to replace him. Another event of moment in every small town, and large one, too, for that matter, is the early arrival of the circus train. Long before the long train pulls in on the sidetrack near the depot the crowd is there. There is an army of juvenile volunteers, who are willing to carry water for the elephants just to get a free pasteboard entitling them to admission to the show later in the day. Men are there—to see that their boys, who have passed a sleepless night—do not get hurt. Even women find some excuse for going down to the railroad yards and taking a long look at the canvas-covered cars. Boys, who have gathered and sold enough old iron, rags and bones to get 50 cents, enjoy a memorable day and the streets leading from the farming district to town are covered with every imaginable kind of vehicle.

Like the others, the farmers come—to bring the children. The feed dealer, who supplies hay, oats and corn for the horses on a contract made with the advance man, wants several extra tickets—just for the children. The same is true of the butcher, who supplies the meat for the cook tent.

As soon as the sun is out there is bustle and activity every place. If the superintendent of the public school is wise he will declare a holiday. What boy or girl can think of geography, spelling or arithmetic when there is a circus in town? In the language of the German comedian, "It is to laugh." The circus does a land office business, and, as the crowd is pouring into the circus tent from the menagerie at the night performance, the army of employees of the show starts to take down the canvas which shelters the cages and the work of loading the outfit onto the train begins. Thousands of tired

boys and girls retire, after having seen the show, peaceful and contented. The following morning the antics of the clown cause merriment at the breakfast table and some youths who live near the circus lot hurry through their morning ablutions in order to go over near the ring and see if any change has been dropped by the spectators of the previous night. The great Sells-Floto Shows will be here Thursday, July 16th, for two performances.

The function of the kidneys is to strain out the impurities of the blood which is constantly passing through them. Foley's Kidney Remedy makes the kidneys healthy. They will strain out all waste matter from the blood. Take Foley's Kidney Remedy and it will make you well. Kerr's pharmacy.

## Real Estate Transfers.

Edwin E. Ewing to Samuel H. Hancock, wd. to all that part north of the Muddy Creek in nw 1/4 sec 4 section 24-2-15.....\$400  
Geo. W. Fisher and wife to Lester Fisher, wd. to all of the sw 1/4 of section 27-1-16.....\$9600  
Salena J. Sanson to Russell Hill, wd. to lot 1, block 46, in E. P. Tinker's addition to Humboldt.....\$125  
Eliza A. Jones and J. P. Jones to Altha J. Taylor, wd. to 4 1/2 acres in sec. 3 and 10, twp. 1, range 15.....\$400  
Loretta S. Norton to Herbert V. Dorland, wd. to part of lot 1, block 10, Humboldt.....\$800  
Albert B. Cochran and wife to Robert H. Davis, wd. to 1/2 interest in lots 6 and 7 and ten feet off west side lot 8, block 1, Tisdell's addition to Salem, also full interest in 14 feet off east side of lot 8, block 1, Tisdell's addition to Salem.....\$1250

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## Farmers' Day.

The Chautauqua management are making a special effort to arrange a program especially for the farmers, and to this end have set Saturday, August 8, aside as Farmers' Day, and secured Prof. M. L. Bowman of the State Agricultural school of Ames, Iowa, to talk to them on that day.

Arrange your business so as to attend the Chautauqua on that day, especially, if you can not attend the entire session, as you will hear a talk that will prove not only interesting but of great benefit.

## A Cleveland Memorial.

It is entirely fitting and proper that a memorial in honor of Grover Cleveland, twenty fourth president of the United States should be erected. The fund with which to erect it should be contributed by the entire nation, that is, the lists should be open for popular subscriptions so that all who wish may participate by contributing to the fund. As to what form the memorial should take or where it shall be erected are details which may well wait until later. It will be generally admitted that the memorial should be located at Washington or at Princeton, with both of which cities his life was linked in a peculiar way. If located at Washington, the nation at large would, no doubt be more easily interested in the enterprise, but whether erected there or elsewhere, the life and character of the dead president will furnish sufficient inspiration to guarantee ample contributions to accomplish something worth while.

The memory of Grover Cleveland is worthy to be preserved. He was in every sense a great man and a great American. His was a strong and sturdy character, one that was not moved by selfish interests and dared to stand for what he considered right against the strongest opposition. He has grown immensely in public favor since he retired to private life, until, today, even his enemies unite in praising his sturdy manhood and credit him with being absolutely honest in the discharge of his public duties. A shaft, or monument or building in memory of him would serve as a constant reminder of the fact that the American people appreciate manhood and are not controlled, in the final analysis, by partisan differences. The movement in this interest should be pushed to a successful issue without delay.—St. Joseph Gazette.

## Old Settlers' Picnic.

At a meeting of the Old Settlers' Association, held at Dawson, it was decided to hold the annual two days picnic at Dawson on Wednesday and Thursday, August 19 and 20, 1908. The committees have all been appointed and they will spare no pains to make the picnic a success.

For stand rights apply to N. B. Judd, Falls City, Neb.  
S. C. BARLOW, President  
GEORGE SMITH, Secretary.

# Circus Day! Circus Day! At Falls City

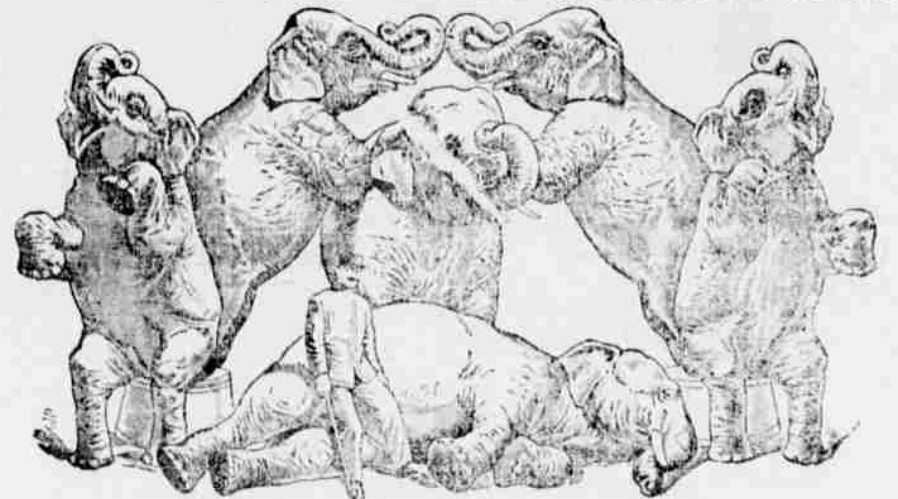
Two Performances--  
Rain or Shine!!

Thursday, July 16

Grand Free  
Street Parade

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THE BIG  
**SELLS-  
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AND  
**MAMMOTH ZOO.**  
Giant Performing  
ELEPHANTS

(Under the direction of Mr. Christian Zeltz.)  
SMALLEST BRUTE ACTORS—THE BRAVEST TRAINERS—DOUBLE HERD OF SIBERIAN CAMELS AND DROMEDARIES—AFRICAN AND NUBIAN LIONS—LIONESS AND BABIES—BENGAL AND CHINESE TIGERS—TIGRESS AND CUBS—ICE BEARS—SACRED CATTLE—ZEBRA—MONKEYS—AND MANY MORE STRANGE, RARE BEASTS FROM FOREIGN LANDS—IT'S A \$100,000 MENAGERIE—UNUSUALLY ATTRACTIVE.



The Street Parade at 10:30 a. m.

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