Highland Recorder

Issued every Friday morning by H. B. WOOD. EDITOR AND PUBLISHER Member Virginia Press Association

We are not responsible for expres sions or views of correspondents.

Entered at the Monterey postoffice as second-class matter SUBSCRIPTION PAID IN ADVANCE

One year\$1.50 MONTEREY, FRIDAY, JAN 16, 1920

IMPORTANT CAMPAIGN

The country has had no more important drive in recent years than the one now on for the cause of national and world-wide prohibition, and Highland county, with a good record along altruistic lines, imbued with the spirit of greater Americanism and a universal brotherhood will surely respond to this call, and that without much begging or pleading. Right here at home we note improvement in the situation and enjoy benefits from the dry era just dawing. The man who argues otherwise is either blinded by prejudice or does not belong to the close-observer class, but the ultimte good at which prohibition aims is in store for our children, and to hold what we have in America and work for a world-wide dry regime is a labor worthy of our best efforts and prayers.

It is needless to prolong argument to holster up the cause of prohibition. The call in this campaign is for moral and financial help to carry movement forward.

The military strategist knows what it means; the ex-service men can tell how, when certain heights or points were gained, they fortified or dug in to hold their ground until another advance could be made. The brewers and liquor interests have not surrendered, and they are not going to until whipped to a frazzle.

The whys and wherefores of the campaign are well set forth on an outside page of this issue. Do your

American Diet Changing

Whether it is because of the increasing cost of meat or because people tastes have changed, the fact remains I knew it was a large gift for her, for that Americans are eating 8 per cent meet than they were 20 years ago. This is disclosed in a recent dietary tried to teach the women as they survey made by the United States Department of Agriculture.

In this survey 2,000 dietary records each covering a period of 7 days, were collected from 1,425 families and 575 institutions in 46 States, Sixteen nationalities and many occupations and income were represented, as were also both urben and rural local-

family records it appears that last year the average cost of food per man do any relief work, saying if we for the Smithsonian Institution. per day was 45 cents, with an average wished to give our money to them return in food value of 3, 225 cal- they would give it to the poor. We ories, 96 gramsprotein, 118 grams knew quite well it would go into their entirely new design. Demonstration fat, and 405 grams carbohydrate. pockets and stay there, so there of its value and practibility are look These figures are in fairly close ac- seemed to be nothing we could do. cord with the dietary standards But some of us began very quietly ordinarily used in discussing such picking up some of the worst cases problems of general nutrition.

A comparison of the foodstuffs pur chased by the 500 fomilies with the amounts of the same food purchased by 400 families about 20 yers ago shows that the amount of meat in and light and exhausted she could not the American diet has decreased about 8 per cent, and the amount of grain products about 11 per cent. People are eating more milk, butter, and cheese than they were two decducts consumed has increased about off her rags and wrapped her in an 6 per cent. Four percent more yegatibles and 8 per cent more fruit is being eaten now,

edly need to be corrected, but judging by these studies, it seems fair to conclude that the average diet seems to be adequatt.

Remember parents, the richest her mage you can leave your children is

JOHN BARLEYCORN'S

(By universal Service)

faiding health for several years, sus would go in to scold her she would tined a severe stroke at midnight hold out both arms for me to take on June 30th 1919, which ftarward her, and when I would do so she confined him to the basement, would be perfectly conented to lie-Formerly of a cheerful dispisition, he with her head on my shouder as long was afterwars seldom seen to smile as I would keep her. The scoldings and was mush troubled with cold she absolutely ignored. When she feet. On December 8, while reading a had gotten a little color in her cheeks decision of the Supreme Court, he and a little flesh on her limbs her was seen to gasp and faintly murmur mather took her away, Fatima voic-'rock me to sleep, mother,' He ling- ingeher displeasure in no uncertainered until January 16 when he peac- tones. - After that many times when efully passed away forever from the I would go on the street I would hear quite a long way off a child crying

Captain Frank B. Ebbert, national at the top of its voice. It would be counsel for the Anti-Saloon League Fatima, loudly desiring to go "back will officiate at the services. The pall to the lady's house!" Whatever life bearers will be selected from a large may have ni store for Fatima; she at list of applicants.

United States.

The new year 1920 will be a leap year and February will have 29 days Another unusual thing is that this short month will have five Sundays as February 1st comes on Sunday and the 29th is also on Sunday. This is the first tme that this month has had five Sudays since 1880 or 40 years ago. It will not occur again for 28 able to speak. She remarked on how years or until 1948,

\$2.35 will get the Recarder and fact that no one had ever been so Thrice a week World a whole year.

Medical Mission Work in Persia

give you an idea of the sort of work clean and comfortable place in which Medical Missionaries do in Persia is to lie, and foving attention in her dyto tell you of some of the individual ing hour, since she had never had it cases that came to my mind:

I remember one day the gateman Four months......50 cents Eight months\$1.00 t with a foreign Christian before and die. all their eyes were big with wonder and curiosity and perhaps with some amputated and he was with us many On Sunday afternoons and other aft- mankind. ernoons I could hear from my room the low murmur of voices as one of the helpers in the hospital read the New Testament to him. This Kurd and his friends went back to their mountain homes with a better understanding of Christians and Chris-

> Then I think of the poor old woman who came to my dispensary with a hopeless apothetic look on her face. She had been sick so long and she had been to a good many doctors, but she had so littlt money that none of them had been willing to try to do much for her or to treat very long. She too was more than afraid of me at first, and required a good deal of coaxing before she would show me the great, dirty running sore that made every step a painful one. I told her frankly I did not know that I could cure her, but that I could I was sure, make her better For the first three weeks I dressed the place every day myself, and by that time it was so much better I could leave it to a native nurse. By that time too she had learned to trust us all. She always insisted on kissing my hand taking it in both of hers and would wait for me a long time in orto do so before she would let the nurse treat her. Some times she would bring me a little sour orange, or something else of the same kind and she was desperatly poof. She always listened to what the Bible woman waited their turns to see me and would reprove any that interrupted or made a disturbance, saying "These Jesus people are more kind to you than your own people. Listen to what they tell you".

to be in sympathy with the allies far as the moon itself, is described by Reserved for accrued int. summary of 500 of thise rather than with Germany, the of- Professor Robert H. Goddard, of of starvation we saw among the children on the streets and sending them to the hospital where their parents were willing. One was apoor little mite of a baby giri, so little and thin even cry at first, and only in her big, soft brown eyes did there seem to be any life. We were afraid to try to wash her at first, the little life seemed to be so feeble, so though she was ades ago, for the amount of dairy pro unspeakably dirty we only stripped old blanket. We fed her almost by drops, just a littlt from a teaspoon at a time, and gradually the flickering Some individual habits undoubt- pulse grew stronger. When she was well enough to have a bath she protested vigorously against it, but when Goddard is at present, under a grant it was over and I picked her up in her clean white nighty and carried her out on thebalcony and sat down on the steps she raisd her big pathetic eyes with the tears still clinging to the long lashes and took a long look at me. Then she drew a long sigh and laid her head on my sholder. After that I am afraid little Fatima OBITUARY NOTICE was pretty badly spoiled. She object ed to being left alone and would howl in a way that showed she was "Mr. Barleycorn, who has been in certainly getting stronger. When I

> the American hospital was there with in reach. But sometimes all we could do was to ease the passing. Another girl about ten years old who was brought in was soon seen to be suffering with some thing more than starvation even, and her case was diagnosed as cholera. She was very ill, but the second afternoon she rallied and was comfortable she was, thanked the nurse for her care, and spoke of the good to her before. Then gradually

least has her chance to live because

|she sank into coma and died that night. Was it not worth while that Perhaps as good a way as any to this neglected child should have a

in life? A little Kurdish boy was brought came in to tell me they had brught in one day with his face terribly torn man from "very far" and that he from a gun-shot wound. His father was "very sick" and would I-look at was much distressed and very anxious him. It proved to be a case of gang- to know if anything could be done to rene of the leg following typhoid fev save the child. He also informed us, er, and he was indeed "very sick", with grim look about his mouth that They had brought the man about a if this child died he would certainly hundred miles in a carriage, and his have thirty lives in payment for it face was white and exhausted and and this would start a blood feud in drawn with pain as they braught his tribe that might mean civil warhim in. Neither he nor any of the pe- fare for many years. . The child, onle with him had ever come in conta though dreadfully disfigured, did not

It is so that we try to relieve suffering and save life to break down thing of fear too. His leg had to be prejudice and show in a practical way what christianity really is like, weeks. He learned not to be afraid as well as to introduce to our paany more and always had a smile tients and their friends a knowledge ready for me when I went to see him. of the Gospel story of Good News to

Mary R. Fleming

PALE, ANEMIC GIRLS NEED A BLOOD TONIC Pepto-Mangan Enriches and Builds

Up the Blood Pallor, Headaches and Shortness of Breath Disappear

Pepto-Mangan Sold in Liquid and Tablet Form. Why should any girl or young woman continue to have a pale, sallow com-

plexion and a listless, run-down system devoid of energy and vitality? Such young folks are continually unhappy and dejected simply because they accept cuch a condition as their misfortune, and envy their friends who are in the bloom of health and

enjoying all the good things of life.

If such young women would realize their anemic condition is probably due to thin, impoverished blood which could be easily enriched by Gude's Pepto-Mangan, how much happier and attractive they would be. Gude's Pepto-Mangan is safe, beneficial and pleasant tonic for any one suffering from any ailment caused by poor blood. If taken regularly for a few weeks it will enrich the blood with thousands of healthy red-blood cells that are needed to carry nourish

ment to every part of the body. Pepto-Mangan is sold in both liquid and tablet form . Both contain the some medicinal ingredients.

Buy Pepto-Mangan at your druggist's. Be sure the name"Gude's" is on the package. Without"Gude's" it is not Pepto-Mangan.

May Send Rocket up High as Moon.

A method of sending apparatus One winter there was a famine in to the hitherto unreached higher laythe land, and the people died in the ers af the air, to the regions beyond streets. Because America was known the earths atmosphere, and even as

The new apparatus is a multiplecharge high efficiency rocket of an

"The greatest scientific value of Professor Goddard's experiments" says the announcement, "lies in the 31st day of December, 1919, to the possibility of sending recording apparatus to moderate and extreme altitudes within the earth's atmosphere. The highest level that has ever been reached up to the present time with recording instruments is about nineteen miles, accomplished with a free balloon. The new rocket apparatus would go straight up and come straight down, making possible daily observations for use in weather predictions.

The time of ascent will be very short, only 61 minutes being required to carry the aparatus up 230 miles, somewhere near the outer limit of the carth's atmosphere. Professor from the Smithsonian Institution, per fecting the reloading mechanism whereby succesive charges are inserted in the explosion chamber during its upward flight.—Ex.

What Wes Did, Wes Whittle, a teamster down in Ark., was so patriotic during the fall of 1918, before the Hun was finally vanquished, that he put a mortgage on his team and wagon for \$50 and bought War Savings Stamps in his desire to do his duty by the government. Some thought Wes was doing more than his financial strength warranted. But he just went down interthe woods, cut up fuel and sold it and the mortgage was soon lifted. Now Wes is buying more stamps, because he realizes their value and finds

Grew Demanded Stamps. Clean up day on the battleship New Jersey means something more than hard work to the gobs on board that craft. It means a decided addition to the ship's fund that is drawing interest in the form of War Savings Stamps. While the war ship was anchored in Boston harbor recently. the crew gathered up all the obsolete ship's fittings, cast off jumpers and other clothing, books and papers and sought out a junk dealer. The dealer was willing to pay cash for the junk effering but the crew demanded payment in War Savings Stamps and go: All condemned material on board being carefully stored away ib preparation for another clean up.

Legal Blanks for Sale at This Office

GIRL SCOUTS BATTLE TO MAKE PRICES DRUP

Troop 1, Hampton, Miss Eleanor

Hewins, captain; Troop 2, Hampton,

Miss Katherine Peck, captain; Troop

3, Hampton, Mrs. Geo. R. Sharmen,

captain; Lexington, Mrs. S. M. Mill-

ner, captain; Troop 1, Lynchburg,

Miss Annie Owen, captain; Troop 1,

Manassas, Mrs. Edith Sanders, cap-

tain; Troop 1, Newport News, Mrs

W. B. Freihofer, captain; Phoebus,

Mrs. Fannie Moon, captain; Port Nor-

folk, Miss Mildred James, captain;

Troop 1, Portsmouth, Miss Agnes

Earnest; Troop 3, Portsmouth, Miss

Ellen Lash, captain; Troop 4, Ports-

mouth, Miss Lena Karp, captain;

Troop 5, Portsmouth, Miss Anne Todd

Foster, captain; Troop 6, Portsmouth,

Miss Charlotte Ewald, captain; Treop

1, Quantico, Mrs. Nellie M. Dyer, cap-

tain; Roanoke, Mrs. A. B. Brooks,

Miss Marion Bolinger, Mrs. H. E. Rey-

nolds, captains; South Boston, Miss

Mary Barksdale, captain; Staunton,

Miss Mary Miller, captain; Tem's

Creek, Miss Grace Deaton, captain;

University of Virginia, Miss Marga-

ret Carter, captain; Wytheville, Miss

Kate Terry Green, captain; Wise,

Mrs. Edmund D. Vicars, captain;

Richmond-Miss Eva Hewitt, Miss

Hazel Shackelford, Miss Hannah En-

gleberg, Mrs. Florence Dooly, Miss

Rosebud Smith, Mrs. W. B. Saunders.

Miss Mary Davis, Miss Hallie Atkis-

"One of the ten Sceut laws is that

a Girl Scout must be thrifty," says

Mrs. Jane Deeter Rippin, national di-

rector of Girl Scouts. "This means

that a Scout must avoid all useless

waste of every kind, must be careful

when spending her money and must

always remember that she should

save every penny that she can invest

in a safe manner. . This habit of sav-

ing, if practiced regularly in youth,

will make for better womanhood and

"Reports coming into National Girl

will also give to the Girl Scout a sur-

Scout headquarters show that the

idea behind the government's "work

and save" movement appeals to Girl

Scouts. They like the Treasury Sav-

ings Certificates, for they are forward

looking girls. That the investment

January, 1925, of \$100, with the

money meanwhile absolutely safe-

guarded from loss through accident

or theft, shows them that the certifi-

cate is sound. And where are the

girls of America who do not have

dreams of the days in the near fu-

ture? Some want to give a present

to their mothers; some wish to save

for a trip; others desire to start a

fund for educational purposes. These

are only a few of the many reasons

prompting girls to save and to invest

WOODS

Write for 1920 Catalog

Profusely illustrated, packed with information about Field, Garden and Flower Seed. Sent free upon request.

T. W. WOOD & SONS,

SEEDSMEN, - Richmond, Va.

vertisers

ey are all

sters and

erve your

Our

Patronize

ow in government securities."

plus in time of need.

son, captains.

Many Troops in This State Are Interested in Deferred Spending Plan Outlined by National Director.

More than seventy thousand Girl Scouts, according to an announcement made recently at National Girl Scout headquarters, 189 Lexington Avenue, New York, have adopted the principle of deferred spending as a means of combating hysterical prices of the present day and "doing their bit" to help put the nation on a stable economic basis. Instead of spending all of the money that they earn or get from parents as gifts or allowances, hundreds of these patriotic girls in each of the eighty-three local councils throughout the United States are investing in Treasury Savings Certificates and War Savings Stamps, obtainable at the majority of banks and trust companies, or at local post-

Virginia Girl Scout Troops interested in this announcement are as follows: Troop 1, Berryville, Miss Frances Wolfe, captain; Troop 1, Blacksburg, Mrs. Mary Rashe, captain; Troop 1, Cherrydale, Miss Ethel King, captain; Troop 1, Cranes' Nest, Miss Nannie Fields, captain; Troop 1, East Stone Gap, Miss Chrictie Jones, captain; Exter, Mrs. R. R. Jones, captain; Troop 1, Fredericks-burg. Miss Emily Heffin, captain;

Statement of the Financial Condition of The Citizens Bank of Highland, Incorporated, located at Monterey in the county of Highland, State of Virginia, at the close of business, Dec. 31, 1919, made to the State Corporation Commission.

RESOURCES Loans and discounts 184,372.58 Overdrafts, secured none;

Bonds, securities, etc., owned, including prem. on same 8,938.90 Furniture and fixtures

Exchanges and checks for next day's clearings Due from National Banks 34.047.84 5,022.00 Paper Currency Fractional paper currency,

nickels and cents Gold coin Silver coin

237,522.71 Total LIABILITIES Capital stock paid in 20,000.00

Surplus fund -21,500.00Individed profits, less amt. paid for int. exp. and taxes 273.95 Dividends unpaid

.3,140.00 individual deposits, including 124 671 17 savings deposits Time certificates of dep't 66,242.84 Certified checks

29.46 Due to National Banks on certificates of deposit 138.64

237,522.71 I, C. C. Hansel, Cashier, do solemnly swear that the above is a true statement of the financial condition of The Citizens Bank of Highland, Incorporated, located at Monterey, in the County of Highland, State of Virginia, at the close of business on the

best of my knowledge and belief. CORRECT—ATTEST: C. C. HANSEL, Cashier BOYD STEPHENSON. EDWIN B. JONES V. B. BISHOP

County of Highland: Sworn to and subscribed before me by C. C. Hansel, Cashier, this 15, day

of Jan. 1929. W. H. MATHENY, Notary Public My commission expires May 2, 1920

DR. C. B. COLLINS DURBIN, W. VA. Prepared to do all kinds of Dental

Work. Satisfaction guaranteed.

FOR INSURANCE

ACCIDENT AND

FIDUCIARY BONDS

J. F. McNultv, Agt

Monterey, va.

Now Is the Time to Do It

ness.

.There never was a better time for the erection of that monument for your family lot than now. We have never before had so large a line of handsome Marble & Granite Monummentes.

Mr. H. F. Slaven represents us and he will be pleased to take your order or give you any information

CLIFTON FORGE MARBLE AND GRANITE WORKS.

DON'T BE MISLED

by superflous and unscrupulous quotations from "quack" houses. Sell your raw Furs, Beef Hides, Junk etc., to a well established, reliable and prompt pay house. The HOUSE OF KLOTZ is always in the market and always allows the

highest available prices. Ship now and get

results that will be satisfactory. AMOS KLOTZ Dealer in raw Furs, Hides, Wool, Rubber, Iron etc Phone 638 Staunton, Va.

Mid-Winter Sale

A good Stock of Rubber Shoes Winter Under-Wear,

Clothing. Etc.

Everything to keep you warm and comfortable, All of these goods are being sold at a close margin. You can save money by trading with us.

Bring in your Fur, Produce. etc. and get the highest market price.

I. W. NICHOLAS

Crabbottom, Va.

See our line of

Sample amd now of \$82.40 means the return in

Stock Shoes

when you come to town

Highland Mer. Co.

If there was the shadow of a chance to open up places for the legal sale of whiskey in any county or city in tht state, one man could raise twice s much money, in forty-eight hours, as the Ani-Saloon League is asking for in its campaign, in the same territory.

For twenty-five years the mor al forces of America have been at work, spending hundreds of men and millions of money (\$50,000,-000) in an effort to make America dry. Now we have Constitutional Probition written as a law, but we also have a group of men, with millions of money, who are doing their utmost to make this law of no effect by endeavoring to raise the alcoholic content and by undertaking to keep Congress from providing the proper machinery and funds for the enforcement of the law.

All of the leading religious denominations are preparing for the largest missionary program ever conceived, and unless we throttle the liquor business, it will in a large measure, nullify the work of the churches abroad. Bishop McConnell recently said in Baltimore that "If all the good we had brought to the heathen by our missionaries were weighed in the balance, it would probably not out-weigh the harm we have brought to them by our vices."

After all that has been done, will the temperance forces now sit idly by and see the wet forces succeed or will they rise up as one man and provide the funds with which to make this law effective? If so, then contribute to the Anti-Saloon League Campaign during January 16th to 23rd.

A Woman Is As Old As She Looks



No woman wants to look old. Many in their effort to look youthful resort to the "beauty doctor." Their mistake is that they visit the wrong department in the drug store.

Beauty depends upon health.

Worry, sleepless nights, headaches, pains, disorders, irregularities and weakness of a distinctly feminine character in a short time bring the dull eye, the "crow's feet," the haggard look, dropping shoulders, and the faltering step.

To retain the appearance of youth you must retain health. Instead of lotions, powders and paints, ask your druggist for Dr. Pierce's Favorite Prescription.

This famous medicine strikes at the very root of these enemies your youthful appearance. It makes you not only look young but feel young. It overcomes the weakness and builds you up,

Your druggist can supply you with liquid or tablets; or send ten one-cent stamps to Dr. Pierce's Invalids' Hotel and Surgical Institute, Buffalo, N. Y., and a trial pkg. of the tablets will be mailed to you. Dr. Pierce's Favorite Prescription has been in use 50 years. If you wish to know all about yourself, drop a line to Dr. Pierce for free pamphlet on Diseases of Women. Should you desire to consult his medical staff of physicians or ask for information, the

same will be cheerfully furnished you wholly without cost and your letter will be treated as sacredly confidential.