Look and Feel Clean, Sweet and Fresh Every Day

Drink a glass of real hot water before breakfast to wash out poisons.

Life is not merely to live, but to live well, eat well, digest well, work well, sleep well, look well. What a glorious condition to attain, and yet how very easy it is if one will only adopt the morning inside bath.

Folks who are accustomed to feel dull and heavy when they arise, splitting headache, stuffy from a cold, foul tongue; nasty breath, acid stomach can, instead, feel as fresh as a daisy by opening the sluices of the system each morning and flushing out the whole of the internal poisonous stagpant matter.

Everyone, whether ailing, sick or well, should, each morning, before breakfast, drink a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver, kidneys and bowels the previous day's indigestible waste, sour blie and poisonous toxins; thus cleans, ing, sweetening and purifying the entire alimentary tract before putting more food into the stomach. The action of hot water and limestone phosphate on an empty stomach is wonderfully invigorating. It cleans out all the sour fermentations, gases, waste and acidity and gives one a splendid appetite for breakfast. While you are enjoying your breakfast the water and phosphate is quietly extracting a large volume of water from the blood and getting ready for a thorough flushing of all the inside organs.

The millions of people who are bothered with constipation, bilious spells, stomach trouble, rheumatism; others who have sallow skins, blood disorders and sickly complexions are urged to get a quarter pound of limestone phosphate from any store that handles drugs which will cost very little, but is sufficient to make anyone a pronounced crank on the subject of internal sanitation.-Adv.

Nice Enough, But-A twelve-year-old boy, who had reigned supreme over parents and household all through his dozen years. was surprised one morning to hear the cry of a little baby brother.

"Isn't it nice, Tommy," said the Subliant father, "that we have another

"Yes, it is nice, father," said Tommy, as he saw the end of his reign; "but what bothers me is, was it nec-

SYRUP OF FIGS FOR A CHILD'S BOWELS

It is cruel to force nauseating, harsh physic into a sick child.

Look back at your childhood days. on-castor oil, calomel, cathartics. How you hated them, how you fought against taking them.

With our children it's different. physic simply don't realize what they The children's revolt is well-found- ner excitement. ed. Their tender little "insides" are injured by them.

bowels need cleansing, give only deli- egotism. And she's drunk on the atcious "California Syrup of Figs." Its | mosphere of the wilderness, the loneaction is positive, but gentle. Millions of mothers keep this harmless "fruit faxative" handy; they know children clean the liver and bowels and sweeten the stomach, and that a teaspoonful given today saves a sick child tomor-

Ask at the store for a 50-cent bottle of "California Syrup of Figs," which has full directions for bables, children of all ages and for grown-ups plainly on each bottle. Adv.

Desperate Remedy.

Frozen Ferdinand-Dat hot drink brung me around all right, doc. But wot's dat you're putting at me feet? The Ambulance Man-That is a hot

Frozen Ferdinand-Take it away an' le'mme freeze.

PROVEN SWAMP-ROOT AIDS WEAK KIDNEYS

The symptoms of kidney and bladder troubles are often very distressing and leave the system in a run-down condition. The kidneys seem to suffer most, as al-most every victim complains of lame back and urinary troubles which should not be neglected, as these danger signals often lead to dangerous kidney troubles.

Dr. Kilmer's Swamp-Root which soon and strengthens the kidneys is a blendid kidney, liver and bladder remedy, but I don't just fancy is this Hampden man. He's and bad, Miss Ordway."

"But fan't it worth is "But fan't it worth is

A trial will convince anyone who may be in need of it. Better get a bottle from nearest drug store, and start treat-

Mowever, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sancale hottle. When writing be sure and mention this paper,-Adv.

There are a lot of funny things in this world-besides men and women.

THE HEART OF NIGHT WIND

A STORY OF THE GREAT NORTH WEST By VINGIE E. ROE ILLUSTRATIONS by TRAY WALTERS COPYRIGHT BY DODD, MEAD AND COMPANY

mands on Black Bolt," she said fur-

So it came about that the young

woman from the East "went after

Hampden," and the sharp, crude man

of the hills was to be no match for

Hampden met her-by the merest

chance. She was a revelation to him.

In his crude way he was soon at the

his world for her little finger, and in

his loose-fibered soul he swelled with

only she herself knew. It was suffi-

What delicate flattery she employed

"I'll get it-I'll get it!" she told her-

self-approval beneath her notice.

rioting laughter.

ous operations.

seen several of them."

here to live. This here's a snap."

voice-"and what is that?"

tired of staying, I wonder?"

"Ah-yes"-there was a note of

"Why, a feller comes up an' takes

a claim-proves up on it, you know-

gets his patent-an' then sells out

Relinquishes his right to the buyer."

arrangement." She waved a hand

around at the dreary clearing among

"I did," said Hampden promptly,

"Easy," said Miss Ordway to her-

"Well, what do you know about

that! I fancy you made a pretty pile-

dozen of these great trees would buy!

Pardon-I think in clothes because

ungraceful picture against the back-

his laced boots, wet from the ferns,

and presently spoke out of a full heart.

brains. A man has got to think to

make money-an' it takes money to

buy the things of this life-pretty

clothes, a woman's clothes, Miss Ord-

He suddenly leaned over and laid

"Every tree would buy a dozen

Her heart was pounding and the

"Millions? Why, that must cover

"Yes-billions," promised Hampder

rashly. He rose in his saddle and

looked through a natural opening in

"Why, look! All that-all that, as

far as you can see, to that other

ridge and over beyond it and down

his rough hand over hers on the pom

"Yes," he said carelessly, "it does take

tion pushed the advantage.

love them."

way.

trees."

flushing at the imputation of brains.

self. Aloud she said wonderingly:

"Oh-and this is only a temporary

"I may have to make frequent de-

SYNOPSIS.

Synopsis.

—6—

Siletz of Daily's imber camp directs a tiranger to the camp. Walter Sandry introduces limself to John Daily fore.

man, as "the Dillingworth Lumber Co., or most of it." He makes acquaintance with the camp and the work he has come from the East to superintend and make successful. He writes to his father that he intends to get a handful of the wealth in the uncut timber of the region. He gives Siletz permission to ride Black Bolt. his saidis horse. In an emergency he proves to the foreman that he does not lack judgment. Siletz teils him of the Preacher. He discovers that Siletz bears the sign of the Siletz tribe of Indians and wonders what her surname is. In the flush of a tender measent he calls her the Night Wind in the Pines" and kisses her. Poppy Ordway, a marsaine writer from New York, comes to Daily's to get material for a romance of the lumber region. Hampden of the Yellow Pines. Co. wants Sandry to keep off a tract of stumpage he clams title to and Sandry thinks he has bought as the East Belt. Hampden sets up a cabin on the East. Belt and warns trespassers off. Sandry can find no written evidence of title to the tract. His men pull down the cabin. Sandry compares Siletz and Poppy. Sandry's and Hampden's men fight over the fint. Sandry finds that the deed to he East Belt has never been recorded. He downless to get out his contract first and fight for the stumpage afterward.

CHAPTER XII.

CHAPTER XII.

Glimmerings of the Great Game. The work went forward swiftly her. By another week she could not along the new line. By the end of the fare forth upon the road to the Siletz. week the new cutting was in full ride into Toledo, where she was a have complied in spirit with the homeswing, the long saws singing, the matter of wonder in her beauty and buckers' broadaxes flashing among the her smart clothes, or take the least for seven miles every way-except everlasting green, the whole injaced canter on the rangy buy but what west-and at every filing there is the breakfast and Sandry sat down for the mass of detail working together.

"What do you think of our chances now, John?" asked the owner.

"A-1. Hain't no reason why we won't win. Th' Dillingworth," said John Daily whimsically, "she's ben furnishin' th' goods ever sense I can remember.

"True. But she was in pretty close straits for cash. You know she's cient at least, for he unwound to her worth, standing timber, land, options his somewhat eventful and picturesque and equipment, something like a mil. life with the simplicity of a child. lion a hundred and fifty-nine thousand | They rode and talked, traversing the dollars, at the pinch price I paid of lonely ways, piercing the mist, threadfifty cents a thousand feet on the ing trails where Hampden had to ride stump. At anything like her face close at her side to keep the wet folivalue she'd easily double it. And of age out of her face, and she saw the course you know she's mortgaged to passion growing in him to the point her neck-the East Belt and all the of idolatry-which filled her soul with northeast stumpage-'

Daily shook his head. "I'm gettin' completely mussed up," he said.

"Well, she was. Her mortgages aggregated a half million-in three different places. About half of them I paid. The rest is hanging fire. Frazer, who should have been a mighty rich man, got out with a quarter of a million fist. I don't understand him."

"Neither do I, but I'd stake my head on old man Frazer. Why I've worked for him ten years! He bought in in eighty-nine."

"Well, there's a lot of mystery somewhere about, and as soon as I'm at intend a woman to live here?" liberty I intend unearthing things." Miss Ordway was working fever-

ishly these days. Her rose-leaf cheeks were flushed each noon when she Mothers who cling to the old form of came from the little south room, and her sea-blue eyes were full of an in-

"She'll make good," Sandry told himself, "She's got the dreamer's look, the If your child's stomach, liver and pride, the foy, the mighty, arrogant liness, the sense of world's-end."

Young and of abundant health, abundant vitality, filled with the urge of love to take it; that it never fails to ambition, abetted by an unusual cleverness, Miss Ordway was indeed in the way of great things and she knew it. Also with her clear vision she was beginning to see something else that added to the flush in her cheeks, something as great as her goal of fame, and she faced it with her high courage and confidence.

This was the meaning to her of Walter Sandry.

About this time she began to widen her range of vision, to see all over the wild, green country, it seemed to her. and to catch glimmerings of things that sent her to Sandry, so full of vital prescience that she was as a charged wire in her eagerness and her delight.

"Mr. Sandry," she said one evening as they stood together on the foot-log and watched the brown tidewater going down toward the distant sea, "I'm going to tell you something. I believe Hampden is crooked as hades, and I'm going after him."

"That's funny," said Sandry, "do you know, I've had the same notion?" She stretched out her hand.

"Let's go after him together. What do you say?"

"W-e-Il,"-Sandry took the hand, an exquisite thing, and held it in his own a moment, warmly, closel -"I am pleased and flattered by your offer, mel. but I don't just fancy your knowing

"But isn't it worth a little risk? What big thing is ever accomplished sparkle was dancing in her eyes. without some risk? And think, Mr. Sandry-tan't Hampden trying to ruin a great deal of land! Millions of in investigation"-she halted with a the Dillingworth company? In other trees?" words, to ruin you?"

There was a tingling, suggestive timbre in her low voice, a subtle, flattering tone that thrilled the young owner the forest down over the dropping

"Miss Ordway." he said admirringly, "as a man's triend you're simply just by this-

He tapped his forehead significantly and smiled.

"Truly I do admire you," lied Poppy with the naivete of sixteen. "Brainsbrains-why, they are nine-tenths of the battle of success and a man without them is beaten at the beginning."

"Partner," she whispered to Sandry as she passed him that night in the eating room. "I've been working. Where can we talk a little by ourselves?"

Sandry, looking at her swiftly, saw fire instantly.

by the road?"

In the darkness Miss Ordway laughed-a little, low ripple of mirth. her.

intimate whisper that suggested infi- sionally." nite mystery. "Are we out of earshot

soft and subtle.

"Yes." said Sandry, lowering his voice to hers.

"Do you happen to know where Frazer got all the heldings of the Dillingworth? How he got them?"

"Why, no." said Sandry wonderingly, "I suppose he bought them, as any company would do:" "Yes. So far so good. You know

-that there are still claims lying far back in the mountains open to filing. But all this time timber close in-all been taken-and have you noticed that all of it, or nearly all, belongs to either one or the other of these two lumber companies?"

thought of that!"

"And have you noticed that none of these claims seem to have been taken ; in good faith? That mone of the filers stead law? I have scoured these hills barest hold of tenure-a windowless shack-just enough to nail the law by its letter. Nowhere have I seen a point where he would have laid down Mr. Sandry, I believe we have stuma case of land-fraud gigantic in its proportions.

Sandry was aghast. "Why, what do you mean? Miss Ordway, do you mean that the companies are crooked ""

"Not so fast. I believe Hampden is crooked, and that possibly Frazer was. For "he latter-It is too lateand not in our scheme to nail him. But Hampden we'll hang high as Haman-and that before he can filch the East Beit with its store of wealth."

She was leaning very near as she whispered this, and in the burst of mental light which followed her words Sandry put his bands on her shoulself, and there was no place in the uni-

verse so interesting as this rain-"You are positively wonderful!" he soaked country, this land of mysteribreathed, "the most wonderful woman "What are these little, deserted in the whole world. How on earth did huts?" she asked him one day when you and these things out?"

they had climbed high on a wooded "Hampden," said Poppy with a shrug ridge and come upon a tiny cabin, winof her shoulders under Sandry's hands; dowless and roofed with shakes. "I've "he's furnishing data with a vengennos. "Homesteader's cabin," he answered "But why? For the love of heaven,

"Ah-and where's the homestead? For soodness' sake, did any man ever just understand."

With a little, soft motion, charming "Well," he said reluctantly, "you see in the airy acceptance of its own dar- looked back at the camp-his camp- quicker to lend itself to the ways of that is, -no. They don't often come ing, the woman of the world put up as they trotted away down the green a kind master or mistress. the one on her shoulder. vague puzzlement in Poppy's golden

just barely see the curving line in her lips, dark against its light.

In the mist and the chill the subtle perfume, that always seemed to strike one's senses only after she had passed,



"The Man Who Built This Didn't Intend to Stay."

suddenly thickened and Sandry beheld on the instant lights and flowers, gay gowns and evening dress of men-the thousand intimate things and sounds of home flashed before him.

Under the touch of her velvet palm his own grip tightened and Poppy Ordthis Hampden man. He's-he's coarse trunks full-an' I own millions of way, quick to feel her first real entrance into his inner consciousness pushed the sudden advantage.

"Why?" she said softly, "why? Foryou. Do you think I, who as crained little catch of voice and breath-"who have to dig into every promising situatton because of my-work-could sit by and see that man down you without plunging into the breach? Indeed no. excitement taking him at the note in

daring and hestiant, she lifted his and was sitting erect, her head up hand from her shousder, brushing it, high, her lips fallen part, her eye

rich man. Miss Ordway, an' I got 3- held it a moment and turned away toward the camp.

CHAPTER XIII.

The Red Bar on the Waters. A day later Miss Ordway packed an expensive bag of real alligator and made ready for a departure.

"I'm going to Sziem, partner," she "If Hampden gets envious soid. enough to inquire openly, tell him I'm after-clothes."

She smiled to herself, thinking of those millions of trees. For its own the excitement in her eyes, and took sake, the pursuit of Hampden was beginning to enthrall her professional "Alone" Why-let's see. Are you instinct, but there was a flicker of afraid to come out to the forked stick | passion under her lashes, a sleepy look of anticipation, as she glanced side lest he lose one expression, one small wise at Sandry on the step beside

"I may be away a week-maybe a "A tryst!" she said, in that small, month. I'll drop you a line occa-

> A yearning sense of loss and lonell ness gripped Sandry as he took her hand at parting, lending to his clasp an unwonted tightness, and to his voice a sense of huskineso: She was home and the things thereof, this woman who was an orchid among the pines, and with her going went something he had scarcely realized; yet which he would sorety miss

The camp seemed more than usually that all this land was government land dreary in the days that followed: The fog risbons twined and twisted continually along the hills, the pines brought their marching ranks closer that has a chance of being got at-has in upon the shrinking valley, and Sandry was taken with an acute attack of the bines.

"9'letz," he said abruptly as he met the girl one noon at the pump, "will "By George!" said Sandry, "I hadn't you ride with me tomorrow? It's Sun day and we can take a lunch. What do you say?"

She did not meet his eyes, her own somber ones glancing down the slough "Yes," she said quietly.

They were up betimes the following morning. Ma Daily cooked as eliriy first time with the girl at table. Conversation languished until a gentle trend sounded on the floor and the cleared field, nor one sign of tillage. Preacher came in, his delicate face aglow from the touch of ley water. bled upon a huge government swindle, John Daily, too, lumbered in at the same moment.

"Sleep well, father?" he asked. "As always, son. The hovering of God's hand is like the sound of many wings-hushing-ah, so hushing Isn't so,-ah-ah-I have forgot-'

The pathetic, childlike eyes scarched Sandry's face in straining inquiry. "What is it I would remember?" be

asked plaintively. "Nothing, father, It is all well." Siletz had pushed back the bench for

him. Now she laid her slim hand lovingly upon his and looked in his face. a smile curving up the lips above the broken sign. As the two hands lay upon the oilcloth Sandry noticed them -one white and fine velned and shapely, with the slender, pointed fingers of a dreamer-the other olive and shapely and with the same slim-pointed lin-

"Alike," he mused, "how very muchalike. Why, they are counterparts!". As he led Black Bolt to the hammerblock for Siletz to mount he neard hand longs to stroke it down. As it

deerhide against the planks her hand and laid it with a caress over valley. It lay snuggled tight against the pine-clad bills, a primitive force in | teurs of cats than French women, who Her face, tilted upward in the dark- a primitive country, and he thrilled to resemble them in so many things. A ness, shone like a flower and he could its suggestion. As they passed the cat was suffered by Richellou to nurse lower rollway he stopped and sur- its kittens in his cardinal's hat. veyed the brown slough, a solid floor Mazarin (but he was an Italian) used of logs as far as he could see, even un- to stroke down a cut that he kept in til it lost itself between its low, tule- his arms when dictating to his diplo-

edgod banks. At a natural clearing they reined in turned to the girl.

that you have lived all your life so a slate-colored Maltese, with a black near the ocean and have never seen it, muzzle and a black end to its tail. when you have wanted to so much?"

she turned to him. "I was afraid," she said.

"What? Afraid! Afraid of what? "Of how it might look in truth. 1 know how it looks in my own pictures. and sometimes, because suspected It-it might not-look the same."

For a moment the man was silent before the subtle fineness of the thought, amazed to find it in this simple child of the logging country. "And why now?" he asked curfously.

Why do you go now?" "You go." said Siletz as simply as Kolawmie would speak in his government cabin at the reservation to the that, although love is easy to gain, it

north. "You're a great dreamer, S'letz," said Sandry, She nodded.

own will after the manner of hill-bred horses, and silence prevailed, save for the swish and slip of the iron-shod hoofs. It took an hour to reach the crest of the range. Siletz had fallen a-dreaming, sway-

The horses, having taken their re-

quired rest, started forward of their

ward as encouragement to the dog whose anxious eyes were raised from inevitably be crowned with success, time to time toward It. They traveled steadily, and present- Exchange.

ly the long roll of the surf began to sound insidiously through the thick ets of vine maple, to war with the high song of the dominant pines.

"Ho!" said Siletz at last, softly "hear it! Hear it! Hear it singing with ing paragraph: "If a boy is quiet, eva thousand tongues! Ho!-Ho!". Sandry looked swiftly back, an odd

And we'll win, try-friend-we'll win." her voice-an alien note, beyong his With an faimltable gesture, at once understanding. She had reined up

into the other valley—is mine. I'm a as if unconsciously, across her cheek. ginning to glow with a hidden fire. He knew that somewhere in the recesses of her nature a great tide of emotion

was banking in, full flow. They did not strike Yaquina bay, for the trail led straight west from Daily's. and he knew they would come out on the great cliffs below the lighthouse on Cape Foulweather. Here the land reared itself-as one who shields himself, palms outward-against the insistent thunder of the sea. mounted the lifting rise of the citts, and stood at the edge of a thin fringe of sounted firs where Sandry tied the horses. Siletz had slipped down at once, and he noticed that she was

trembling in every limb. She plunged ahead strongly and Sandry followed, his eyes on her face scene of the unfolding of this flowersoul. Without warning, it burst upons her around a hummock-the great,



Sandry Sat Down for the First Time With the Girl at the Table.

heaving ocean under a dull sky-and it was gray as her own mist indeed, wide and mysterious and forever moving in its place, fringed with the rolling surf that broke white upon its sands a hundred feet below.

"Gray!" she cried shrilly, "I knew it! A floor under the feet of God!"

To the left a steep path, cut by steps in the sandy earth, led its perilous way down to the beach. Turning swiftly she dropped into it between its walls and began leaping down. "S'letz!" cried Sandry sharply, "becareful!"

(TO BE CONTINUED.)

CATS DOMESTIC PETS AS

Many Famous Men Have Been Fund of the Animais and Made Them-Their Companions. From an asthetic point of view the

Persian cat is a perfect being. Ita time, long, askly hair might, if weven, serve to robe Queen Mab. The neckruff, the "feathered" ears and feet, the falling whiskers and the squirrellike tall of a milk-white Persian tabby make it a thing of ideal beauty. The snatches of sour from the bunkhouse, a creature of ready symposities, and why are you doing all this? I can't Collins was outside, stretching a fresh not suspicious, it is gird to be caressed. Perhaps it is not so intelde-The owner turned in his saddle and gent as the tiger-striped cat, but it is

French men are even greater ama-

matic secretaries. The only domestic animal Victor to breathe the horses, and Sandry Hugo would allow in his house was a cat, because "domesticity did not cur-"S'letz," he said, "tell me how it is tail its liberty." He had at Guernsey which (the cat, and not the tail) The rare smile lighted her face and used to sit on his desk when he was

writing. The black cat is the least apt to scratch. It got a bad name when old women were burned for witchcraft. of being evil spirits in feline guise, shared their flery fate.

The Successful Wife. It is becoming more or less rare to hear of an ideally happy marriage, and this state of things "gives one furiously to think," as they say in France. It may be due to the fact requires tact and care on a woman's part to retain it.

So many girls think that, directly the wedding ring is actually their own they need no longer trouble them selves to be as charming to their husbands as they were in courting time.

The girl who wants to become a thoroughly happy wife, loving and beloved, must tax her strength and patience to attract and please her hus band, regardless of the worries of ing unconsciously to every motion of everyday life, to show a smiling face Black Bolt, one hand swinging out in trouble, to be a real "pal," and to bear and torbear. These efforts must and the enfort is well worth while .-

What Boys Are Like.

In the American Magazine Frances L. Garside, writing under the title "Just Boys," contributed the followeryone wonders what he is up to now, and if he is noisy everyone knows and disapproves. When a buy enters a room in such there are seated the members of the family and his dog, be always speaks to the dog



Every /me mother gets out Calumet I know there's going to be good things to eat at our house. Delicious, tender, tempting doughnuts, biscuits, cakes and pies! I've never seen a bakeday failure with Calumet. Mother says it's the only Baking Powder that



heap and big can Baking Powders do no ave you money. Calumet does-it's Pure and far superior to sour milk and soda.

EAGER FOR A SETTLEMENT

Man on Trial Charged With Gonsuming Moonshine Whisky Got Tired of Law's Delay.

The case had been dragging on for nearly an hour, which was twice as long as it should have lasted in this court. A sunbrowned "cracker" from Decatur had been arrested on a trivial charge, but the two officers on thecase could not agree as to whether the defendant had been caught drink-

ing moenshine or not. Suddenly the prisoner raised his hand, and motioned to Judge Broyles.

"What have you to saw, Peter Cooper?" the Judge inquired. "I were just thinkin', it sho' would he'p matters, jedge, ef yo' all would make up yo' mind one way er 'tother. Ef bit's 'guilty,' then I wanter sarvin'; ef hit's 'innercent,' Id like to go out and finish that spree I done

started."-Case and Comment A GLASS OF SALTS WILL END KIDNEY-BACKACHE

Says Drugs Excite Kidneys and Recommends Only Salts, Particularly If Bladder Bothers Yeu.

When your kidneys hurt and your back feels sore, don't get scared and proceed to load your stomach with a lot of drugs that excite the kidneys and irritate the entire urinary tract. Keep your kidneys clean like you keep your bowels clean, by flushing them with a mild, harmless salts which removes the body's urinous waste and stimulates them to their normal activity. The function of the kidneys is to filter the blood. In 24 hours they strain from it 500 grains of acid and waste, so we can readily understand the vital importance of keeping the

kidneys active. Drink lots of water-you can't drink too much; also get from any pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast each morning for a few days and your kidneys will act fine. This famous salts is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean and stimulate clogged kidneys; also to neutralize the acids in urine so it no longer is a source of irritation, thus

ending bladder weakness. Jad Salts is inexpensive; cannot injure; makes a delightful effervescent lithia-water drink which everyone should take now and then to keep their kidneys clean and active. Try this, also keep up the water drinking, and no doubt you will wonder what became of your kidney trouble and

Proof.

backache.-Adv.

riding in motorcars!"

"Are you sure the world is happier and better?" "Absolutely. Look at the people who used to make themselves miserable on bleycles and who are now

Wise is the girl who fears a man more than she does a mouse.

An obese man may lose fiesh by try-

in the obers bismest.